

M.I.R.A. Maternal Infant Resolution Awareness Logic Model

INPUTS (Resources)

- Blessyn Melody Foundation Staff & Volunteers
- Funding & Donations
- Behavioral health professionals
- Telehealth platform (www.therapyportal.com/p/Blessyn)
- Referral partnerships (clinics, housing, WIC, etc.)
- Supplies: diapers, formula, clothing
- SMS Registration Line: 704-802-2575
- NPI: 1972312239

ACTIVITIES

- Host maternal mental health workshops
- Provide therapy access via telehealth
- Offer postpartum screenings (depression, psychosis)
- Distribute emergency baby supplies
- Conduct healing circles: meditation, journaling, art
- Offer housing/food referrals and support services

OUTPUTS (Immediate Deliverables)

- # of mothers served and screened
- # of therapy sessions booked
- # of families receiving baby supplies
- # of support group workshops held
- # of referrals made to external partners

SHORT-TERM OUTCOMES

- Increased awareness of postpartum mental health
- Increased access to therapy and support
- Reduced stress from lack of supplies
- Improved self-expression through healing workshops

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INTERMEDIATE OUTCOMES

- Decrease in untreated postpartum crises
- Stronger support networks
- Greater resource stability
- Increased engagement in care services

LONG-TERM IMPACT

- Decrease in maternal and infant mortality
- Normalization of mental health support
- Empowered mothers and stable families
- Reduced stigma around behavioral health

ASSUMPTIONS

- Mothers will use telehealth and support systems
- There is significant unmet need
- Community partners will stay engaged

EXTERNAL FACTORS

- Economic instability and housing crises
- Health system and Medicaid policy changes
- Cultural stigma
- Availability of accepting providers