

NEW CLASSES HAVE BEGUN!

REGISTER ONLINE AT WWW.GRAYFITNESSCENTER.COM

BEGINNER PILATES WITH BARBRA

TUESDAYS 10:45 - 11:15 PM

THURSDAYS 9:30 - 10:00 AM

T'AI CHI YANG STYLE 24 SHORT FORM WITH BARBRA

TUESDAYS AND FRIDAYS 8:15 – 9:15 AM

SUPER STRETCH WITH BARBRA

THURSDAYS 10:00 - 10:30 AM

BEYOND BALANCE

WEDNESDAYS 10:45-11:15 AM

PRICING	NON-MEMBER	MEMBER	TRAINING CLIENT
DROP IN (2 credits)	\$20.00	\$20.00	\$20.00
PACKAGE OF 6 (12 credits)	\$108.00	\$102.00	\$96.00
PACKAGE OF 10 (20 credits)	\$170.00	\$160.00	\$150.00

*Must train at least once per month to receive "training client" discount

*Class prices are based on one-hour/2 credits. Half hour classes use 1 credit.

EXAMPLE: You are a member who doesn't do personal training. You would like to purchase a package of 10 (20 credits) to take Pilates and T'ai Chi. Pilates uses 1 credit. T'ai Chi uses 2 credits. You could take 5 T'ai Chi classes for 10 credits and 10 Pilates classes for 10 credits. You can mix and match however you like! The cost in this example is \$160.