



Neurodiversity

FAMILY SUPPORT GROUP

A welcoming, affirming environment where parents, caregivers, and loved ones of neurodivergent individuals can come together for connection, shared learning, and mutual support.



Once a
Week



Starting
Soon



6 Virtual
Sessions

What To Expect

- Share and feel understood
- Learn affirming, respectful approaches
- Gain practical communication and regulation tools
- Support caregiver well-being and boundaries
- Connect with others on a similar journey

LEARN MORE

