

Beach Walk Talk | Robyn Igelman, Ph.D.

Licensed Psychologist (PSY29963)

616 S. El Camino Real, Suite G-16 • San Clemente, CA 92672

(949) 445-1277

WAIVER OF LIABILITY

Waiver: In consideration of voluntarily participating in running and/or walking with Dr. Robyn Igelman, I for myself, my heirs, personal representatives and assigns, do hereby release, waive, covenant not to sue, and discharge Robyn Igelman, PhD, from liability from any and all claims including the negligence of Robyn Igelman, PhD resulting in personal injury, accidents or illnesses (including death), and property loss arising from, but not limited to, participation in Beach Walk Talk services, which can include running and/or walking while engaging in talk therapy. Initial: _____

Assumption of Risks: Participation in running and walking programs carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. I know that running and walking are potentially hazardous activities and certify that I am in good health and physically fit to enter into these activities. I acknowledge that I am aware of the many risks involved in physical activity in general and running and walking specifically, which risks include by way of examples and not limitation: 1) minor injuries such as scrapes, bruises, sprains and strains; 2) more serious injuries such as joint, muscle and bone injuries, concussions and other head injuries; 3) heat related injuries such as heat stroke and heat exhaustion, dehydration and overhydration conditions such as hyponatremia; and 4) catastrophic injuries and conditions such as heart attacks and other conditions or injuries which could be fatal. I have read the previous paragraphs and I know, understand, and appreciate these and other risks that are inherent in participating in road, trail and track running and walking and any conditioning and cross training activities associated with running and walking. I hereby assert that my participation is voluntary and that I knowingly assume all such risks. Initial: _____

Indemnification and Hold Harmless: I also agree to INDEMNIFY AND HOLD HARMLESS Robyn Igelman, PhD from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorney's fees brought as a result of my involvement in Robyn Igelman, PhD's Beach Walk Talk therapy program. Initial: _____

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Severability: The undersigned further expressly agrees that the foregoing waiver and assumption of risks agreement is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

Initial: _____

Acknowledgment of Understanding: I have read this waiver of liability, assumption of risk, and indemnity agreement consisting of two pages, fully understand its terms, and I understand that I am giving up substantial rights, including my right to sue. I acknowledge that I am signing the agreement freely and voluntarily, and intend by my signature to be a complete and unconditional release of liability to the greatest extent allowed by law.

Signature

Date

Printed Name