



SCEGA
GYMNASTICS

OPEN TRYOUT

FOR

SCEGA MEN'S GYMNASTICS LEVEL 3 COMPETITION TEAM

JOIN THE TEAM. BUILD STRENGTH. **ACHIEVE GREATNESS.**

TAKE
YOUR SKILLS
TO THE NEXT
LEVEL!

TRYOUT WILL BE
**SATURDAY
AUGUST 29TH**

★
BE PART OF
SOMETHING
GREAT!

1:00PM – 3:00PM

FLOOR



**POMMEL/
MUSHROOM**



RINGS



VAULT



P-BARS



HIGH BAR



PLEASE BE SURE
YOUR SON BRINGS
A **WATER BOTTLE**



COME READY TO
BE TESTED
FOR TEAM!

IF INTERESTED AND WOULD LIKE MORE INFO,
PLEASE REACH OUT TO COACH RON AT RONMESA14@GMAIL.COM

HARD WORK. DEDICATION. TEAM. SCEGA.