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# SADDLE CLUB 2025

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Wanneroo Riding and Therapeutic Centre



## **Welcome to Saddle Club**

This is a monthly session where students get to spend time with other horse fanatics and start learning more about caring and keeping horses rather than just ridden work.

Each sessions does include a ridden session, it also includes a horsemanship session as well as learning to catch, groom and tack their horse.

This is a great way to build up their confidence, experience and understanding of horses, as well as a wonderful afternoon where they will make some good friends.

### **Sessions Dates and Times**

Session are run monthly on the last Sunday of the month between 2 – 5 pm or 3 – 6 pm depending upon the time of the year.

Sessions start in March and we run 8 rallies with our final rally being Oct

- March – 30<sup>th</sup>
- April – 27<sup>th</sup>
- May – 25<sup>th</sup>
- June – 29<sup>th</sup>
- July – 27<sup>th</sup>
- Aug – 31<sup>st</sup>
- Sept – 28<sup>th</sup>
- Oct - 26<sup>th</sup>

These are proposed dates, however they may be subject to change due to weather or other circumstances

### **Cost**

Rally's cost \$100 per rally when paid for upfront at the time of enrolment

- Upfront payment \$800

Split payment options

- 2 payments \$450
- 4 payments \$250

## Rally program

### Level 1 – Beginners – Intermediate riders

These sessions are for our less experienced riders who want to get more involved and learn more about caring for a horse. We can provide leaders for any riders who need support when riding

	Horsemanship	Ridden
<b>Rally 1 - March</b>	Understanding horse behaviour	Basic school shapes
<b>Rally 2 - April</b>	Horse movement and footfall	Transitions
<b>Rally 3 - May</b>	Feeding	Balance
<b>Rally 4 - June</b>	Cost of keeping a horse	Proactive riding
<b>Rally 5 - July</b>	Stretches	Pole work
<b>Rally 6 - Aug</b>	Floating	Riding in the open
<b>Rally 7 - Sept</b>	First aid	intro to jumping
<b>Rally 8 - Oct</b>	Mounted games	

- Please note this program may be altered to better suit the students or make allowance for weather conditions

## Level 2 – Intermediate to experienced riders

These sessions are for our more experience riders and those that have attend saddle club in previous years. The ridden and theory sessions assume a higher level of understanding and ability.

	<b>Horsemanship</b>	<b>Ridden</b>
<b>Rally 1 - March</b>	Micro signals in your horse behaviour	Riding school shape – precision and planning
<b>Rally 2 - April</b>	Understanding movement and how it can make you a better rider	Transitions – getting responsiveness and relaxation
<b>Rally 3 - May</b>	Warming up your horse	Balance – yours and your horses/ intro to laterals
<b>Rally 4 - June</b>	Connection	Pole work
<b>Rally 5 - July</b>	Essential ground work exercises	Grid work
<b>Rally 6 - Aug</b>	Lunging	Jump courses
<b>Rally 7 - Sept</b>	The importance of balance	XC/ riding in the open
<b>Rally 8 - Oct</b>	Mounted games	

- Please note this program may be altered to better suit the students or make allowance for weather conditions

## Student Enrolment

This information will be treated in the strictest confidence and will only be shared with your riding coach to enable them to provide you with a better riding experience and keep you safe.

### Student Information

Students Name: Age:

Best contact Number:

Email Address:

We will not pass your contact details on however will use it to notify you of important information regarding open hours and day, holiday activities etc.

### Medical Conditions/Disabilities/ Special Requirements:

Please detail any medical conditions, disabilities or special requirements you or your child may have. This includes anxiety, depression, mobility issues, pain etc.

### Emergency Information

I advise that I ☐ Do / ☐ Do Not ☐ have ambulance cover

### Emergency Contact Details

Name: Contact Number: Relationship to rider:

Name: Contact Number: Relationship to rider:

I acknowledge that the information I have provided above is true and accurate to the best of my knowledge

Guardian Name:

Signature:

## ***Disclaimer***

Wanneroo Riding and Therapeutic Centre does everything it possibly can to make horse riding as safe and enjoyable as possible. However horses are prey animals and by their very nature can be unpredictable, therefore there is always the risk of injuries.

We carefully match horse to rider based upon your weight and ability, therefore it is essential you are honest about your ability. Students will ride different horses on a weekly basis to ensure they become a well-rounded rider that can ride a variety of horses. Students will be moved up to more advanced horses as their skill level improves.

By participating in riding lessons you accept this risk and waive your right to sue Wanneroo Riding and Therapeutic Centre for any injuries sustained whilst learning to ride.

**Students Name:**

**Date:**

### **Conditions of Riding at Wanneroo Riding and Therapeutic Centre;**

- I agree to wear suitable clothing, including **long pants, long sleeve tops and enclosed shoes** (trainers are fine however short boots with a small heel and solid base are recommended)
- I agree to wear a suitable riding helmet at all times when on the horses (we can provide helmets, however do recommend you purchase your own helmet if you decide to commit to riding)
- Our staff will check your bridle, saddle and stirrups prior to you mounting, however you agree to notify staff if you are in doubt about any of the equipment
- I agree that I have fully disclose any medical conditions, physical or mental disabilities I have that may affect my ability to ride and follow instructions
- I agree that if I don't feel comfortable undertaking any activities (trotting, cantering or jumping) I will notify staff
- I agree that if I am feeling sick or dizzy on the day I ride I will notify staff and they can adjust lesson accordingly
- I agree that I am liable for the cost of an ambulance should I require one as a result of a fall during my lesson
- I agree not to hold Wanneroo Riding and Therapeutic Centre or any of it's staff liable for any injury I sustain whilst riding at the centre
- I have informed staff accurately of my riding experience

By signing this form I agree to the best of my knowledge I have disclosed all relevant information that may impact my ability to ride, I will notify staff of any changes and agree to these terms and conditions for the duration of my time riding at Wanneroo Riding Centre.

**Guardian Name:**

**Signature:**

## ***Terms and conditions***

**By signing up to Saddle Club I agree to the terms and conditions outlined below;**

### **General**

- By signing up for saddle club you are signing up to the full 8 rally program
- Once you have enrolled no refund will be offered should you decide you no longer wish to participate
- We try to get students to ride a variety of horses, as no horse is the same as another. Some horses are more technically difficult than others, requiring you to learn new skills. Just because you can walk, trot and canter on one horse doesn't mean you will be able to on every horse.

### **Absences/ Cancellations/ Make up lessons**

- All communication must be via text to 0412 922 588
- There are no makeup sessions. If you miss a rally due to sickness, injury or holiday, you simply forfeit the payment made.

### **Fees and Payment**

- Payment must be made before you have secured your spot on the program
- We offer split payment option

### **Weather policy**

- **Wet Weather** - Horse riding is an all-weather sport and will go ahead even if it is raining. We will however cancel ridden lessons if we feel it is too dangerous to ride, strong winds, thunder and lightning, torrential rain. If this is the case we will notify you
- **Extreme heat** – our hours of operation change from winter to summer to try to avoid riding during the hottest hours of the day. However we do at time experience extreme temperatures. If we deem it too hot to ride for both the welfare of the rider and horses, ridden lessons may be cancelled

**All lesson queries and cancellations must be send via text to**

**0412 922 588**

Student Name:

Date:

Signature: