

# KNIGHTS OF COLUMBUS

Divine Mercy of Jesus Council 17249

September 2025 Volume 5 Issue 8



## Chart-topping Christian Music Artist Says God Healed His Broken Back after Skateboarding Accident

Forrest Frank, a popular Christian musician who headlined at the 2025 Catholic young adult conference SEEK, is performing again and praising Jesus for an inexplicably quick recovery after he fractured his back in a skateboarding accident just last month.

Following his remarkable recovery, Frank managed to make Iowa State Fair history this week. Frank performed for nearly 16,000 fans at the fair Aug. 7 in a sold-out Grandstand Concert Hall, making him the first Christian music act to fill the stadium to its capacity at the annual fair.

The 30-year-old singer released his first songs — many of which offer a pop, hip-hop, sound combined with Christian lyrics — in 2022 and has since produced numerous songs that now have more than 60 million listens on Spotify. His music became especially for attendees of the Salt Lake City-based SEEK who were enthusiastic to see him live.

On July 19, Frank posted to his Instagram that he was in recovery after fracturing two vertebrae while skateboarding with his 2-year-old son. He shared a video of the fall, caught on the home camera, and wrote in the caption of the post that he is thankful to God that it wasn't any worse.

In a separate post, he expressed gratitude for prayers amid his situation, sharing that while the fractures have caused intense daily pain, "Jesus has been getting us through it. Today is a day that the Lord has made. I will rejoice and be glad."

While in recovery, he continued making music, including a collaborative song with "The Figs" called "LEMONADE" that reached #1 across all genres for a time after its release. He also released a song titled "GOD'S GOT MY BACK," which he wrote while bedridden.

In the end, the song underscored a remarkable story: the Christian musician recently shared that his back healed completely in two weeks.

"I'm pretty much convinced God would've healed me day 1 from all these prayers, but He wanted these songs & this testimony to come to life," he said.

Frank shared that he could not move an inch without excruciating pain when he first broke his back. Exactly two weeks later, he woke up, forgot to put on his back brace, and picked up his son and realized that he was not in pain. Confused, he ordered an urgent X-ray and when he received it, it showed no fractures and complete healing.

"Praise God; we saw a miracle," he concluded.



### FROM AROUND THE WORLD OF INTEREST TO CATHOLICS

Mary's assumption: The long-held belief was declared dogma 75 years ago

Sex offenders trying to rebuild their lives find 'angels' in CoSA (Circles of Support and Accountability)

Catholic labor advocates heartened by Pope Leo's direction

Atomic bombs are a call to destroy nuclear arms, commit to peace

Young adults seek purpose in Calgary chaplaincy

For Aid to Women, support doesn't end at birth

Public panel to make a case for religion journalism

## FROM THE DESK OF THE GRAND KNIGHT



GK Rocco Totino

Brothers: The July and August meetings with Fr. Mike on the first Tuesday of the month after the 9 am Mass have been fruitful. Responsibilities have been assigned to manage our council's activities. Our first general meeting on August 13 fell on the feast day of Blessed Fr. Michael J. McGivney. Pray for his canonization.

Sometime this month I look forward to a meet and greet with Fr. Blum, our pastor, and Fr. Rob. Fr. Mike, our chaplain, will make arrangements.

I met with Chris McBride to understand the church calendar and offered the council's help. It is requested that only the GK, DGK, and Chancellor represent our council at the parish office.

The PGK and PDGK continue to offer their help to train new Knights at bingo, the pancake breakfast, etc. We have a wealth of talent at our disposal to have a successful year.

DGK Rich Hendrickson scheduled meetings with Directors Pete Ganio-Community, Pete Numes-Faith, Mike Keeser-Family and Kevin Manning-Life to go over programs. Our goal this year is to continue to support activities that were done last year. This year we are adding two new activities: a Men's Retreat and Habitat for Humanity. Unity and Fraternity are front and center. This month we will welcome four new brothers who are joining our council. Forms 100 are with our Financial Secretary. We are off to a great start.

Our Chancellor Joe Coyne is being trained to work with Rita Gianninoto who works in the parish office to coordinate our council's activities. In the near future GK Rocco Totino or DGK Rick Hendrickson will be the Knights' contacts for the church office. Joe and his wife Cathy are Bingo volunteers. PGK Pete McCabe offered to coach Joe to learn bingo bookkeeping, submit forms to the parish office and county, take inventory, and how to order bingo supplies. At the end of the training Joe will manage bingo. PGK Pete McCabe, GK Rocco Totino and Kris DeBlasi (a Columbiette) will continue to work as bingo captains. PDGK Bill Bannon will oversee the bingo equipment.

Warden Joe Ghezzi has the responsibility of setting up the parish center for our meetings. He will also be in charge of our monthly Knights' breakfast, the grotto and the Early Childhood Center clean up and do light maintenance. Joe was one of the pioneers working to make the grotto project a success. PDGK Bill Bannon will oversee brick orders and installation.

Thanks to all Knights who attend our general meetings. These 30 -35 brothers are the life blood of our council. If you are able, please sign up and make a commitment to one or two events. This is the best way to build a relationship with your brother Knights and help with a charitable event. If you are able to attend only our general meetings, we welcome you.

The officers' meetings will be more relaxed than the general meetings. At the officers' meeting we will have more back-and-forth discussions to fine-tune the general meeting's agenda. Don't be shy; to support our council we need each other.

Our newsletter editor Jim Hand and his wife Jean were special parishioners at St Jerome. Jim was one of the first to join our new 17249 Council established 7 years ago. He was a natural to be our editor from day one. Jim and Jean moved to Albany, NY, three years ago to be closer to their adult children. His passion for research and writing articles makes him an excellent editor. He calls it a devotion of LOVE. We may not see them, but reading the newsletter brings them closer to our hearts and our prayers go out to them. We thank them.

Officers and program directors are expected to come to the general meeting prepared to provide a report. Please prepare an outline prior to meeting. Most reports will be under 3 minutes. We follow council-meeting protocols. Slowly we are learning these basic common-sense rules. Raise your hand to speak, wait for GK acknowledgment, stand (IF YOU ARE ABLE), and the Sign of the Cross will be exchanged. Officers are to be addressed by their titles, standing for priests and the District Deputy, and other dignitaries. This tradition has been in place since 1882. We are Brothers in Christ.

After the meeting is over, do your best to socialize.

Vivat Jesus!

Your Brother in Christ

Rocco Totino GK

## LAUGHTER is the best MEDICINE

When did sci-fi become nonfiction?

I see my shadow. I'll be back in six weeks.

One snail to another: "Your shell or mine?"

One bear to another: "I can't hibernate until I solve today's Wordle."

Medusa trying to take a selfie: "I can never get all the snakes to look at the camera at the same time."

A day in the life of a cat: sleeping, napping, eating, resting, vomiting a hairball.

Chicken chatting with GPS: "Why did I cross the road?"

A witch stirring her brew: "Where did I put that danged recipe?"

One goose to the others as they fly south: "This is why I don't like to take your directions: too much traffic."

Genie giving dog three wishes: dog conjuring the up--huge bowl of dog food, riding in a car with the window open, a six tennis balls to fetch.

What one child said to another while typing on a laptop: "I'm ordering stuff from Amazon so we'll have more boxes to play in."

Mom to crying baby: "Please fall asleep so I can look at photos of you being quiet."

Pastor marrying young couple: "To have and to hold and to memorize your cell phone number."



## Brothers

Last year I was able to get tickets for a baseball game, and I believe everyone who attended had a great time. This year, I will not be in town for the event., but I thought each of you might be interested to go as councils, parishes, youth groups or as a district.

To reserve your spot the deadline for a purchase of ticket(s) is Friday, August 29th. The cost is \$50 each, plus tax.

This is a great opportunity for all ages! Following is a link to purchase tickets: [www.gofevo.com/event/2025christianfaith](http://www.gofevo.com/event/2025christianfaith)

The speaking engagement will take place at South Tampa Fellowship from 12:30 to 1:30 pm. The door will be open for check-in at 11.

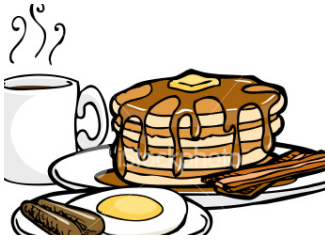
The game time for Faith Night baseball is Sept. 6th at 7:05 PM It will be the Tampa Bay Rays VS Cleveland Guardians.

Vivat Jesus!

Bill McClelland



## Knights' Breakfast, every 3rd Sunday of the month.



## Nancy Kinney celebrates her 89th birthday at bingo

Nancy is a special person and made many friends at our bingo events. While having chemo therapy Nancy made the effort to come to bingo to be with her friends. She finished her chemo therapy, and her hair is growing back beautifully. We wish her a Happy 89th birthday and healthy recovery.



L - R: Knight Greg Musick, Knight Art Corby, PGK Pete McCabe, and Chancellor Joe Coyne. Nancy Kinney is in the middle



Members of Council 17249 join St. Jerome Marian spiritual group led by Ana Marie Schweitzer to pray the Rosary in recognition of the assumption of the Blessed Virgin Mary.

## The Last Words of a Pregnant Martyr

In June 1900, a fierce nationalist reaction in China against Christian missionaries and churches claimed more than 32,000 lives. The worst massacres occurred in the northern province of Shanxi.

On August 15, soldiers took a pregnant woman by the name of Lizzie Atwater and several others away from the relative safety of a nearby town. Lizzie wrote a memorable letter home before she and the others were martyred:

"Dear ones, I long for a sight of your dear faces, but I fear we shall not meet on earth. I am preparing for the end very quietly and calmly. The Lord is wonderfully near, and He will not fail me. I was very restless and excited while there seemed a chance

of life, but God has taken away that feeling, and now I just pray for grace to meet the terrible end bravely. The pain will soon be over, and oh the sweetness of the welcome above! My little baby will go with me. I think God will give it to me in heaven and my dear mother will be so glad to see us. I cannot imagine the Savior's welcome. Oh, that will compensate for all these days of suspense."

"Dear ones, live near to God and cling less closely to earth. There is no other way by which we can receive that peace from God which passeth understanding. I must keep calm and still these hours."

The soldiers killed Lizzie and the others with swords before tossing their lifeless bodies into a pit.



## Why Would God Allow Satan to Torture Job?

First, it's not known whether Job was an actual historical figure. Many scholars believe that the Book of Job in the Old Testament is essentially a sort of fable—that is, it was not necessarily recording events that actually took place but rather telling us a story to illustrate some deeper truth.

On a literary level, the entire Book of Job is a consideration of the meaning of suffering in the life of the faithful. For those unfamiliar with the story of Job, the book opens with introducing Job as an unrighteous man who feared God and avoided evil. He also was very prosperous.

Then one day when God and Satan are conversing, God decides to brag about Job, asking Satan, "Have you noticed my servant, Job? There is no one else on earth like him: blameless, fearing Me, upright, and avoiding evil."

Satan responds by saying, "Of course Job loves You: You have showered him with many earthly blessings. Satan goes on to say that if Job were to fall into some kind of misfortune, he would curse You to Your face!"

God's response to this challenge was to allow Satan to afflict Job in various ways, so that God could prove Job's faithfulness.

Over the course of the rest of the book, Satan goes to town. Job loses his children, his job, his financial assets, and eventually his physical health. But despite everything, Job remains faithful to God, even after his wife tells him to curse God and die.

At the end of the book, God restores Job's fortunes, but he is never told the reason for his trials. When Job has the opportunity to talk directly to God and ask Him why he allowed him to suffer so much, God gives Job



and almost sarcastic answer: "Where were you when I founded the earth? Who determined its size? Surely you know."

In other words, God emphasizes that Divine insight and understanding are far beyond the grasp of mere mortals.

*Editor's note: This article came from THE EVANGELIST, the official publication of the Diocese of Albany, NY.*



## The Power of Silence: 5 Benefits of Cultivating Peace

### 1. It stimulates brain growth

Two hours of solitude and silence every day could potentially rejuvenate your brain. In a study scientists exposed mice to three types of sounds, including baby mouse calls. They included silence as a control and expected baby mouse calls to stimulate development of brain cells.

To their surprise, scientists found that two hours of silence per day prompted greater healthy brain cell growth in the hippocampus - an area of the brain responsible for memory formation, learning, motivation and regulation of emotional responses.

### 2. It improves sleep and fights insomnia

The importance of quiet sleep cannot be stressed enough as it helps restore the body and the mind, and is important for your physical, emotional and cognitive health.

Periods of silence during the day can also improve sleep quality and lessen insomnia, highlighted in a study where older adults practiced mindfulness meditation for six weeks.

### 3. It improves memory

Ten to 15 minutes of sitting in silence can boost your memory. The remarkable memory-boosting benefits of quiet contemplation also have positive implications for those who have a neurological injury--such as a stroke--and may release a latent capacity to learn and recall for

people with amnesia and some sorts of dementia.

A recent study on patients with amnesia showed that a ten-minute rest in a quiet darkened room boosted recall from 14 to 49 per cent. The study also found similar results for healthy participants, boosting memory recall from ten to 30 per cent.

### 4. It relieves stress

Stress can disrupt the natural processes of your body, but taking a break and embracing the power of silence can lower blood cortisol level and adrenaline and relieve stress.

In fact, silence is more relaxing than listening to meditative music and just two minutes of silence improves blood circulation and reduces blood pressure to ease tension from the body and brain. Furthermore, when you're not stressed, your natural biological mechanisms can heal and repair your body.

### 5. It makes for Better decision-making

When you're in a noisy environment, it becomes difficult to make any decisions, as your brain is constantly being bombarded with stimuli. But just five minutes of silence not only reduces the stress response of the amygdala but it also releases serotonin, endorphins and oxytocin — known as happy hormones. This restores your well-being and your mind becomes calmer. With that, you can make better decisions as you process information with clarity and awareness.

## Knights of the Month

Pete McCabe and Bill Bannon are outstanding individuals.

They were awarded co-Knights of the month. They did a lot for the council during their time in office.



Pete McCabe PGK

Rocco Totino GK

Bill Bannon PDK

## Pastor Reports Possible Miracle in Naples after Blessed Oil Jar Mysteriously Refills

A celebration honoring St. Charbel Makhoul at a parish in Naples, Italy, has drawn attention after worshippers reported what they believe may be a miraculous sign.

The 19th-century Lebanese hermit, born in 1828 was renowned for his austere life, constant prayer, and intercession for the sick.

The reported event took place at St. Ferdinand Church where hundreds gathered for Mass in honor of the saint. Among the crowd were many seeking physical healing or spiritual consolation.

Following the liturgy, pastor Msgr. Pasquale Silvestri began anointing parishioners with blessed oil sent from the Maronite Curia in Rome for the occasion. As he moved down the long line of the sick, he noticed the jar of oil was nearly gone.

By the time he reached the final person, Msgr. Silvestri believed the last

drops had been used. However, when placing the jar back in its case, he discovered it was once again full and noticeably heavier.

"I couldn't believe what I was seeing," he said.

The news was met with applause from those present. Msgr. Silvestri, careful not to claim the role of a miracle worker, remarked that this is a very serious thing," and he immediately contacted the postulator for St. Charbel.

The following day, a group of Lebanese visitors came to the church and asked to smell the oil. They reported a strong cedar fragrance, a scent closely tied to Lebanon and deeply symbolic in St. Charbel's life and heritage.

The jar of oil is now secured for examination by Church authorities, who will determine whether the incident meets the Church's criteria for a miracle.



## Priest Taking Confessions Hit on Head with Bottle

A man hit an Irish Catholic priest over the head with a glass bottle after asking him to hear his confession. The priest, Father John Murray, remains in serious but stable condition.

Fr. Murray was on his way into St. Patrick's Church in Downpatrick Sunday morning when the man ap-

proached and attacked him.

Fr. Murray sustained a serious head injury and is currently being treated in a hospital. Police are investigating the incident.

The attack on Fr. Murray may be connected to a murder that occurred the same day in Downpatrick. A 30-year-old man has since been arrested on suspicion of murder and remains in police custody.



## Our Newest Knight



Clint L. Walker

Is your prayer life your steering wheel or your spare tire?

No one can make you feel inferior without your consent.



## Facility to be Built to Aid Parishioners Who Have Sensory Processing Challenges

In Granger, Indiana, a Catholic parish has introduced a dedicated space to better serve individuals with sensory processing challenges.

Saint Pius X Church recently opened a sensory room designed to accommodate parishioners, especially children, with autism or related conditions who may find regular Mass settings overwhelming.

The room was developed with support from Busy Hands of Michiana, a local nonprofit that provides therapeutic items made from donated materials. Volunteers created custom sensory tools at no cost to the parish. The room includes features such as beanbag seating, noise-canceling headphones, tactile toys, and weighted blankets — tools that help reduce sensory overload and create a calming environment.

A window allows participants to view the sanctuary during liturgy, maintaining a connection to the Mass

while in a more accommodating setting.

Church leaders say the addition responds to the needs of families who previously struggled to attend Mass together due to sensory sensitivities. Before the room was available, some parents alternated attending services with different children, unable to participate as a full family.

Tim Wheeler, the parish's director of religious education, recalled one child who had not previously been able to attend Mass with his family. From the sensory room, the 9-year-old boy can engage in Mass while watching the service through the window.

"He was able to be himself and feel comfortable," Wheeler said, adding that "every once in a while, he'd look out the window that we have facing the sanctuary and say, 'There's Jesus, there's Jesus.'"

Stephanie Sibal, the parish's direc-



tor of stewardship and engagement, hopes that the project may serve as a model for other faith communities. She said, "We want people from other Catholic parishes, even other religions, to come here and see what we're doing so that maybe they can replicate it too."

## Pro-lifer Jailed for Praying Outside Michigan Abortion Facility Asks Supreme Court to Intervene

A pro-life activist who was jailed after silently praying outside a Michigan abortion facility has asked the US Supreme Court to intervene in his case, asking the justices to decide whether an ordinance violated his First and Fifth Amendment rights.

Matthew Connolly was convicted of violating an ordinance in Southfield that bans causing annoyance or disquiet in public areas following a protest outside a local abortion facility. According to the petition filed with the Supreme Court, Connolly knelt in prayer in the common area of a shared office building, in which the abortion facility is located. He never entered the abortion facility and officers described his actions as peaceful.

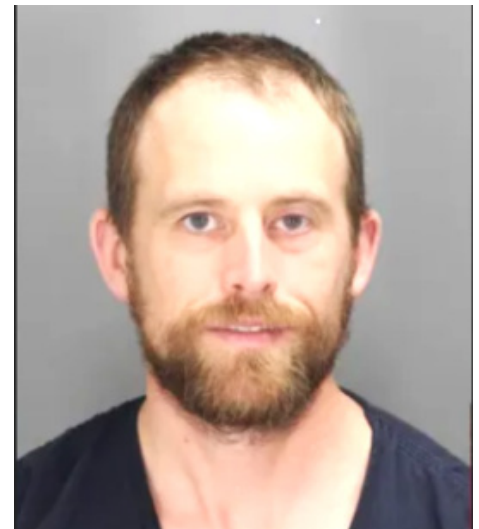
Connolly refused a probation condition that would have prevented him from holding pro-life conversations within 500 feet of any abortion facility in the country, instead choosing jail time and a fine.

In the petition, Connolly's attorneys

with Advocates for Faith & Freedom asked the Supreme Court to overturn the Southfield ordinance, requesting that the justices answer whether the due process clause and Connolly's free speech rights should have protected him from prosecution.

Connolly's case is not only about him. It is also about whether the government can silence pro-life Americans and criminalize public prayer. If this unconstitutional gag order is allowed to stand, then no one's speech is safe. The United States Supreme Court is being asked to do what the Constitution already demands — protect the right of Americans, especially those who advocate for the sanctity of life, to speak freely, assemble peacefully, and pray publicly.

Connolly has faced legal challenges to his pro-life activism before. The U.S. Department of Justice, under the Biden administration, sued Connolly for violating the Freedom of Access to Clinic Entrances (FACE) Act by locking himself in a Planned Parent-



Matthew Connolly

hood bathroom. Connolly remained in the restroom for more than three hours, causing staff and clients to evacuate the building and requiring a



## How to Carry Your Cross with Dignity

Isla had her bowel removed as a child and is fed via a tube to a major artery near her heart.

The 14-year-old was also recently diagnosed with osteoporosis, a condition that weakens bones, and she now uses a wheelchair.

"I just try and have a positive attitude," she said.

"Sometimes it gets me down when I'm in pain, but most of the time I try not to let it bother me."



Isla is very close to her family, including her parents and older brother.

Isla's condition is so rare that it does not have a name. She has infusions into her bloodstream for 18 hours a day.

The teenager also has issues with her immune system, liver and kidneys and has contracted sepsis several times.

Isla was attending high school until last year when she got sepsis and has

not yet been able to return.

"It hasn't been easy. I was doing so well at school, but the sepsis was a major setback, and I haven't been well enough to go back," she said.

Isla has been in and out of hospital since she was born.

She loves going to music concerts and is looking forward to

learning to drive when she turns 16.

A recent Tate McRae concert was one of the best nights of her life, she said, even though she ended up crying herself to sleep with back pain.

She also managed to go on a cruise with her family this year, after a battle to get insurance, but was in excruciating pain with her back throughout it.

Isla and her mother Ashlee recently went to a Tate McRae concert.

Ashlee quit her job when Isla was a baby so she could care for her.

One of Ashlee's friends recently created a GoFundMe page, which has seen donations of more than a little over \$4,000 towards a special wheelchair instead of her current basic one.

"Isla doesn't realize how amazing she is. She is exceptionally brave and resilient," Ashlee concluded.

"I look at her and I just beam with pride. I don't know how someone can go through so much and be so caring and kind and happy."

## Catholic Church Reiterates Its Stance Against Capital Punishment

Just before the state of Florida executed Edward Zakrzewski on July 31, the Florida Conference of Catholic Bishops called for a novena asking the faithful to pray for an end to Florida's death penalty.

Zakrzewski's execution marks the state's ninth this year and sets a record for the most executions in a state in a single year since the U.S. Supreme Court reinstated the death penalty in 1976. Nationally, there has been a total of 28 executions in the first seven months of 2025, the highest in a decade.

The Florida bishops wrote that capital punishment is harmful and unnecessary, saying that state-sanctioned killing further distorts society's understanding of the sacredness of all human life, diminishing the recogni-

tion of our own inherent dignity.

Zakrzewski, convicted of the 1994 of killing of his wife and two children by a machete, was put to death by lethal injection at Florida State Prison. Gov. Ron DeSantis has signed 11 death warrants in 2025. There are two remaining scheduled executions. In 2018, Pope Francis had the Catechism of the Catholic Church revised to reflect the death penalty's inadmissibility.

The revised catechism now states that the dignity of the person is not lost even after the committing of very serious crimes, and the death penalty attacks the inviolability and dignity of the person.

The U.S. Conference of Catholic Bishops has long advocated for the abolition of capital punishment, calling for its cessation in 2005.



Edward Zakrzewski



# BITS AND PIECES

Due to the Earth's tilt on its axis and the way the planet orbits the sun, this change is most dramatic in areas closer to the poles compared to areas closer to the equator.

Daylight lost in August:

- Miami: 40 minutes
- Houston: 46 minutes
- Los Angeles: 55 minutes
- New York City: 71 minutes
- Minneapolis: 84 minutes
- Seattle: 92 minutes

Days will continue to shorten while nights perpetually grow longer until the winter solstice, which occurs at 10:03 a.m. EST on Dec. 21, 2025.

Imagine reading a book with no way to turn back a page. How carefully would you read it?

That's what life is like....

Perhaps the reason why our pets don't have the ability to speak is God's way of teaching us that love and loyalty are demonstrated by actions and not words.

Too many people live by writing checks on eternity, which is to say that they don't consider the consequences of their action. And then regrets start knocking at their door.

Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do.

We are products of our past, but we don't have to be prisoners of it.

If you want to see a rainbow, you have to put up with the rain.

Hate has four letters and so does love.

Enemies has seven letters and so does friends.

Lying has five letters but so does truth.

Cry has three letters but so does joy.

Negativity has ten letters but so does positivity.

Life also has an opposite side so choose wisely.

The highest form of ignorance is when you reject something you don't know anything about.

Character is doing the right thing when nobody's looking.

A farmer is a man who is outstanding in his field.

## Why We Should Not Use Bad Language

In today's culture, bad language has become widely accepted. We hear it in movies; we hear it in songs; we hear it on television; we hear it in our workplaces; we hear it in our homes; we hear it from our lips. I think it is fair to say that any man living in 21st century America would be hard pressed to go through the day without hearing some sort of profanity. The spoken word has been so widely defiled that we, as a society, have become utterly desensitized to obscene and offensive language.

We all know the 2nd Commandment: You shall not take the name of the Lord, your God, in vain. We all know that the glib inciting of God's name is an offense against the Ten Commandments. However, if we are being honest with ourselves, there is something profoundly offensive about the unfiltered and unapologetic use of vulgarity.

In Matthew 5:10-11, Jesus unequivocally tells us that "It is not what goes into the mouth that defiles a person, but what comes out of the mouth that defiles a person." Earlier in the same Gospel, Christ warns that on the Day of Judgment, people will give an account for every careless word they speak, for by your words you will be justified, and by your words you will

be condemned. Even so, what's the big deal? Why is it so bad if we occasionally let obscenities pour forth? Who really cares?

Take a moment to consider that the perfect God that we profess in our creed is a spoken Word! This is reason enough for us to take pause and consider just how profound and just how God-like the gift of speech is. When we speak, we are revealing our inmost selves.

When we let obscenity flow from our lips, we are corrupting the very av-

enue by which we were saved: speech. When we use foul language, we are making a mockery out of God's very nature as the Word.

Therefore, it is our job as Catholics to make sure that our words are worthy of God. Although we will never be able to say anything that rivals the perfection of the Eternal Word, we can do our part to make sure that we avoid saying anything that degrades the infinite beauty that is speech.

The Word matters, our words matter: choose them wisely!

### THE GOLDEN RULE

BUDDHISM: Hurt not others with that which pains yourself.

CHRISTIANITY: Do unto others as you would have them do unto you.

HINDUISM: Treat others as you would yourself be treated.

ISLAM: Do unto all men as you would wish to have done unto you.

JUDAISM: What you yourself hate, do to no man.

NATIVE AMERICAN: Live in harmony, for we are all related.

SACRED EARTH: Do as you will, as long as you hurt no one.

PRAYER TO THE HOLY SPIRIT

Come, Holy Spirit  
Replace the tension with us with a holy relaxation.  
Replace the turbulence within us with a sacred calm.  
Replace the anxiety within us with quiet confidence.  
Replace the fear within us with a strong faith.  
Replace the bitterness within us with the sweetness of  
grace.  
Replace the darkness within us with a gentle light.  
Replace the cold within us with a loving warmth.  
Replace the night within us with Your day.  
Replace the winter within us with Your spring.  
Straighten our crookedness.  
Fill our emptiness.  
Dull the edge of our pride.  
Light the fires of our love.  
Quench the flames of our lust.  
Let us see ourselves as You see us,  
That we may see You as You have promised us  
And be healed, according to Your word.



# KNIGHTS OF COLUMBUS

IN SERVICE TO ONE. IN SERVICE TO ALL.



## Council 17249 Divine Mercy of Jesus Officers for 2025-2026

Officers for fraternal year. 2025/2026

Chaplain:	Fr Mike O'Brien
Grand Knight:	Rocco Totino
Deputy Grand Knight:	Rick Hendrickson
Chancellor:	Joe Coyne
Recorder:	Bob Jodal
Financial Secretary:	Fred Belzel
Treasurer:	Rich Pettit
Advocate:	Pete Nunes
Warden:	Joe Ghezzi
Inside Guard:	Wayne Nunez
Outside Guard:	Joe Moore
1- Year Trustee:	Jerry Kleber
2- Year Trustee:	Bill Bannon PDGK
3- Year Trustee:	Pete McCabe PGK
Lecturer:	Tim Kunish
Program Director:	Rick Hendrickson
Membership Director:	Jim Cullinan
Faith Director:	Pete Nunes
Family Director:	Mike Keeser
Community Director:	Pete Ganio
Life Director:	Kevin Manning
District Deputy:	Bill McClelland PGK
Field Agent	Tony Crevello
Newsletter Editor	Jim Hand