
















APRIL 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>Lunch Mon - Fri. at 12:00 PM</p>	9:00 Kripalu Yoga 1 10:30 Bowling @ YL 10:30 Age in Motion - II 1:00 Chair Yoga 2:15 Super Sr. Dance 	10:30 Age in Motion - I 2 12:30 Games 1:00 Bridge 2:00 Movie: Lady Bird Diaries COMMUNITY GARDENS 	9:00 Gentle Yoga 3 10:30 Cribbage 1:00 Senior Swingers	9:00 Quilts R'Us 4 10:30 Age in Motion I 1:00 Book Club 1:00 SWCS SEMINAR	9:00 Computer Help 5 10:00 Bowling @ YL 10:30 Age in Motion - II 1:00 Jewelry Making 1:15 Bingo MOBILE FOOD PANTRY 	 <p>RUNWAY 5K</p> 10:30 Age in Motion - I (ZOOM from home)
	9:00 Kripalu Yoga 8 10:30 Bowling @ YL 10:30 Age in Motion - II 1:00 Chair Yoga 1:00 Card Making 1:30 Solar Eclipse Party 2:15 Super Sr. Dance	10:30 Age in Motion - I 9 12:30 Games 1:00 Bridge 2:00 Movie: The Holdovers	9:00 Gentle Yoga 10 10:30 Cribbage 1:00 Senior Swingers	9:00 Quilts R'Us 11 10:30 Age in Motion I 2:00 SUPER SENIORS MTG	9:00 Computer Help 12 10:00 Bowling @ YL 10:30 Age in Motion - II 1:15 Bingo 	10:30 Age in Motion - I (ZOOM from home)
	9:00 Kripalu Yoga 15 10:30 Bowling @ YL 10:30 Age in Motion - II 1:00 Chair Yoga 2:15 Super Sr. Dance	10:30 Age in Motion - I 16 12:30 Games 1:00 Bridge 2:00 Movie: Godmothered 4:00 HOSPICE SEMINAR	9:00 Gentle Yoga 17 10:30 Cribbage 1:00 Senior Swingers 1:30 SONGFEST 	10:30 Age in Motion I 18 12:00 Trivia 1:00 Wicked Glass 	9:00 Computer Help 19 10:00 Bowling @ YL 10:30 Age in Motion - II 1:00 Jewelry Making 1:15 Bingo	10:30 Age in Motion - I (ZOOM from home)
	9:00 Kripalu Yoga 22 10:30 Bowling @ YL 10:30 Age in Motion - II 1:00 Chair Yoga 1:00 Card Making 2:15 Super Sr. Dance 4:30 CVAH SOCIAL 	10:30 Age in Motion - I 23 12:30 Games 1:00 Bridge 2:00 Movie: Spaceman	9:00 Gentle Yoga 24 10:30 Cribbage 1:00 Senior Swingers  POTATO PALOOZA	10:30 Age in Motion I 25 1:00 KEENE CHAMBER ORCHESTRA CONCERT 	9:00 Computer Help 26 10:00 Bowling @ YL 10:30 Age in Motion - II 1:15 Bingo	10:30 Age in Motion - I (ZOOM from home)
	9:00 Kripalu Yoga 29 10:30 Bowling @ YL 10:30 Age in Motion - II 1:00 Chair Yoga 2:15 Super Sr. Dance	10:30 Age in Motion - I 30 12:30 Games 1:00 Bridge 2:00 Movie: The Shepherd			