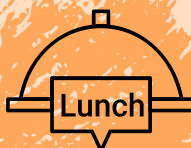











SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <b>Lunch</b> <b>Mon - Fri</b> <b>at 12:00 PM</b>			9:00 Gentle Yoga 1 <b>9:30 Cribbage</b> <b>10:00 Dominos</b> <b>1:00 Book Club Meeting on:</b> <b>Marked Man</b> <b>Reading: Bomber's Moon</b> 1:30 Senior Singers <b>3:00 Mah Jongg</b> <b>4:00 CVAH "Let's Talk" via Zoom</b> <b>3:30 Two 2026 AAA Tours</b> <b>Presentation</b>	9:00-12:00 Quilting 2 Class 9:00 Indoor Super Sr. Pickleball at Keene Rec 10:30 Age in Motion - I <b>1:15 NH Sec of State - Get</b> <b>Ready for the November</b> <b>Elections Presentation</b>	9:00 Computer Help 3 10:30 Age in Motion - II Bowling at Yankee Lanes (\$) 1:00 Jewelry Making <b>1:00 Cheshire Medical</b> <b>Normal vs Not Normal</b> <b>Zoom Seminar</b> 1:15 Bingo CANCELLED	10:30 Age in Motion - I 4 (ZOOM from home)
5 	9:00 Kripalu Yoga 6 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) <b>1:05 YMCA Chair Yoga at</b> <b>the Center</b> <b>2:15 Super Senior Dance</b>	9:00 Veterans Coffee 7 <b>Connection</b> 9:00 Indoor Super Sr. Pickleball at Keene Rec <b>10:00 Hand &amp; Foot Game</b> 10:30 Age in Motion - I <b>1:00 Bridge, Hand &amp; Foot</b> <b>Game</b> <b>12:00-2:00 Community</b> <b>Leaders/ Members Fall BBQ</b> <b>1:15 Fireside Winds Concert</b>	9:00 Gentle Yoga 8 <b>9:30 Cribbage</b> <b>10:00 Dominos</b> 1:30 Senior Singers <b>3:00 Mah Jongg</b> <b>4:00 CVAH "Let's Talk"</b> <b>via Zoom</b> <b>6:00 Paint Night (\$)</b>	9:00-12:00 Quilting 9 Class 9:00 Indoor Super Sr. Pickleball at Keene Rec 10:30 Age in Motion - I <b>3:00 Apple Hill String</b> <b>Quartet Concert</b> <b>5:00 AH Family and Friends</b> <b>Night - Neon Glow Party *</b>	9:00 Computer Help 10 10:30 Age in Motion - II 10:00 am & 1:00 pm Bowling at Yankee Lanes (\$) 1:15 Bingo	11 10:30 Age in Motion - I (ZOOM from home)
12 	9:00 Kripalu Yoga 13 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) 1:00 Card Making <b>1:05 YMCA Chair Yoga</b> <b>at the Center</b> <b>2:15 Super Senior Dance</b>	9:00 Veterans 14 <b>Coffee Connection</b> 9:00 Indoor Super Sr. Pickleball at Keene Rec <b>10:00 Hand &amp; Foot Game</b> 10:30 Age in Motion - I <b>1:00 Bridge, Hand &amp; Foot</b> <b>Game</b>	9:00 Gentle Yoga 15 <b>9:30 Cribbage</b> <b>10:00 Dominos</b> 1:30 Senior Singers <b>3:00 Mah Jongg</b> <b>3:45 2026 Medicare Plan</b> <b>Changes Presentation**</b> <b>4:00 CVAH "Let's Talk"</b> <b>via Zoom</b>	9:00-12:00 Quilting 16 Class 9:00 Indoor Super Sr. Pickleball at Keene Rec 10:30 Age in Motion - I <b>12:00 Trivia (at lunch)</b> <b>9:00-3:00 Senior Center</b> <b>Foot Care Clinic (\$)</b> <b>1:30 CVAH HCS Know Your</b> <b>Benefits at HCS</b>	9:00 Computer Help 17 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) 1:00 Jewelry Making 1:15 Bingo	18 10:30 Age in Motion - I (ZOOM from home)
19 	9:00 Kripalu Yoga 20 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) <b>1:05 YMCA Chair Yoga</b> <b>at the Center</b> <b>2:15 Super Senior Dance</b> <b>3:15 2026 Medicare Plan</b> <b>Changes Presentation**</b>	9:00 Veterans 21 <b>Coffee Connection</b> 9:00 Indoor Super Sr. Pickleball at Keene Rec <b>10:00 Hand &amp; Foot Game</b> 10:30 Age in Motion - I <b>1:00 Bridge, Hand &amp;</b> <b>Foot Game</b>	9:00 Gentle Yoga 22 <b>9:30 Cribbage</b> <b>10:00 Dominos</b> 1:30 Senior Singers <b>3:00 Mah Jongg</b> <b>4:00 CVAH "Let's Talk"</b> <b>via Zoom</b>	9:00-12:00 Quilting 23 Class 9:00 Indoor Super Sr. Pickleball at Keene Rec 10:30 Age in Motion - I <b>1:15 Railroads of Cheshire</b> <b>County</b> <b>Presentation</b> 	9:00 Computer Help 24 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) 1:15 Bingo	25 10:30 Age in Motion - I (ZOOM from home)
26 	9:00 Kripalu Yoga 27 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) 1:00 Card Making <b>1:05 YMCA Chair Yoga</b> <b>at the Center</b> <b>2:15 Super Senior Dance</b> <b>3:15 2026 Medicare Plan</b> <b>Changes Presentation**</b>	9:00 Veterans 28 <b>Coffee Connection</b> 9:00 Indoor Super Sr. Pickleball at Keene Rec <b>10:00 Hand &amp; Foot Game</b> 10:30 Age in Motion - I <b>1:00 Bridge, Hand &amp; Foot</b> <b>Game</b>	9:00 Gentle Yoga 29 <b>9:30 Cribbage</b> <b>10:00 Dominos</b> 1:30 Senior Singers <b>2:00 Senior Singers</b> <b>Hootenanny</b> <b>3:00 Mah Jongg</b> <b>4:00 CVAH "Let's Talk"</b> <b>via Zoom</b>	9:00-12:00 Quilting 30 Class 9:00 Indoor Super Sr. Pickleball at Keene Rec 10:30 Age in Motion - I	<b>HALLOWEEN</b> 31 9:00 Computer Help 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) <b>12:00 Optional Costume</b> <b>Contest</b> 1:15 Bingo	