

Friendly Meals Menu

January 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			NO MEALS SERVED HAPPY 2026 NEW YEAR	NO MEALS SERVED
5 Chicken marsala w/ sauce Mashed cauliflower Green & black beans 2 slices of bread Pineapple & yogurt parfait	6 Spinach & onion quiche California mix vegetables Biscuit fruit & yogurt	7 Roasted chicken breast Gravy Mashed potatoes Winter squash Wheat bread Pumpkin cookie	8 Roast pork w/ apple craisin gravy Diced potatoes w/ seasonings Harvard beets Wheat roll Orange	9 Swedish steak Mushroom sauce Rotini pasta w/ sour cream Capri blend vegetables Wheat roll Apples w/ cinnamon
12 Glazed ham patty Sweet potatoes Mix of green & waxed beans Wheat rolls Birthday cake	13 Chicken, corn & potato stew Beets Crackers Wheat roll Fruit parfait	14 Lasagna rollette w/ marinara sauce & beef Spinach Southern biscuits Pineapple chunks	15 Breaded pork chop w/ pineapple sauce Mashed sweet potatoes Green & black beans Wheat roll Pears	16 Diced chicken breast w/ veg. oriental sauce Vegetable rice pilaf Broccoli florets Wheat bread Tapioca pudding w/ peaches
19 Pork tips w/ sauce, sauteed onions, peppers & mushrooms Mashed potatoes Broccoli Wheat roll Strawberry shortcake w/ cream	20 House hamburger steak Brown sauce Baked beans Diced carrots Wheat bread Watermelon	21 Oven fried chicken breast Diced potatoes w/ parsley Peas & onions Wheat roll Orange	22 Cavatappi & cheddar green beans Stewed tomatoes Wheat roll Apple	23 Meatloaf w/ brown sauce Red potatoes w/ cheddar Winter mixed vegetables Wheat roll Date craisin bar
26 Roast pork w/ sauce Cabbage & carrots Boiled potatoes Wheat bread Apple raisin cake	27 Beef stew Broccoli florets Cole slaw Biscuit Jello	28 BBQ pork rib Home fried potatoes Carrots Wheat biscuit Applesauce	29 Italian chicken fingers w/ marinara sauce Rice w/ peas, pearl onions & carrots Broccoli florets Wheat roll Mandarin oranges & cream	30 Baked American goulash w/ cavatappi Parmesan cheese Brussel sprouts Wheat roll Peaches

Milk and bread are served with meals. A dietetic dessert is available upon request. The menu is subject to change.

Make your reservation two days prior by calling: 603-352-2253