



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
 <b>Lunch</b> Mon - Fri at 12:00 PM	9:00 Kripalu Yoga <sup>1</sup> 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) <b>1:15 YMCA Chair Yoga at the Center</b> <b>2:30 Super Senior Dance</b>	9:00 Veterans <sup>2</sup> <b>Coffee Connection</b> <b>9:00 Knitting Class</b> 9:00 Outdoor Super Sr. Pickleball at JD Courts (No fee) <b>9:30 Turn-up Garden Group</b> <b>10:00 Hand &amp; Foot Card Game</b> <b>10:00 MS Lightning Warriors*</b> 10:30 Age in Motion - I <b>1:00 Bridge</b>	9:00 Gentle Yoga <sup>3</sup> <b>9:00 TKSC Walking Group</b> <b>9:30 Cribbage</b> <b>10:00 Dominos</b> 1:30 Senior Singers <b>2:00 Mah Jongg</b> <b>4:00 CVAH "Let's Talk" via Zoom</b> <b>6:30 Yankee Bottle &amp; Collectors' Club - KPL*</b>	9:00 Yoga Dance: <sup>4</sup> <b>Movement for All Bodies</b> 9:00-12:00 Quilting 9:00 Outdoor Super Sr. Pickleball at JD Courts (No fee) (\$) <b>9:30 Turn-up Garden Group</b> 10:30 Age in Motion - I <b>11:30 AH Blood Pressure Clinic</b> <b>1:00 Book Club Meeting on: Vanishing Act</b> Reading: <i>Old Friends</i> <b>1:15 Music Camp Series</b>	9:00 Computer Help <sup>5</sup> <b>9:00 Video Chair Yoga</b> 10:30 Age in Motion - II 10:00 am & 1:00 pm Bowling at Yankee Lanes (\$) 1:00 Jewelry Making 1:15 Bingo	10:30 Age in Motion - I (ZOOM from home)	
7	9:00 Kripalu Yoga <sup>8</sup> 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) 1:00 Card Making <b>1:15 YMCA Chair Yoga at the Center</b> <b>2:30 Super Senior Dance</b>	9:00 Veterans <sup>9</sup> <b>Coffee Connection</b> 9:00 Outdoor Super Sr. Pickleball at JD Courts (No fee) <b>9:30 Turn-up Garden Group</b> <b>10:00 Hand &amp; Foot Card Game</b> 10:30 Age in Motion - I <b>10:30 Crochet Class</b> <b>1:00 Bridge</b> <b>1:15 Talk with a Doc</b>	9:00 Gentle Yoga <sup>10</sup> <b>9:00 TKSC Walking Group</b> <b>9:30 Cribbage</b> <b>10:00 Dominos</b> <b>10:30 Age-in-Place &amp; Fall Prevention</b> 1:30 Senior Singers <b>2:00 Mah Jongg</b> <b>4:00 CVAH "Let's Talk" via Zoom</b> <b>5:00 21 Bar &amp; Grill Fundraiser</b>	9:00 Yoga Dance: <sup>11</sup> <b>Movement for All Bodies</b> 9:00-12:00 Quilting 9:00 Outdoor Super Sr. Pickleball at JD Courts (No fee) <b>9:30 Turn-up Garden Group</b> 10:30 Age in Motion - I <b>1:15 Music Camp Series</b> <b>5:00 AH Family and Friends Night "The Wild West - Rustic Rodeo"***</b>	9:00 Computer Help <sup>12</sup> <b>9:00 Video Chair Yoga</b> 10:30 Age in Motion - II 10:00 am & 1:00 pm Bowling at Yankee Lanes (\$) 1:15 Bingo	10:30 Age in Motion - I (ZOOM from home)	
 <b>FLAG DAY</b> <sup>14</sup>	9:00 Kripalu Yoga <sup>15</sup> 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) <b>1:15 YMCA Chair Yoga at the Center</b> <b>2:30 Super Senior Dance</b>	9:00 Veterans <sup>16</sup> <b>Coffee Connection</b> <b>9:00 Knitting Class</b> 9:00 Outdoor Super Sr. Pickleball at JD Courts (No fee) <b>9:30 Turn-up Garden Group</b> <b>10:00 Hand &amp; Foot Card Game</b> 10:30 Age in Motion - I <b>1:00 Bridge</b>	9:00 Gentle Yoga <sup>17</sup> <b>9:00 TKSC Walking Group</b> <b>9:30 Cribbage</b> <b>10:00 Dominos</b> 1:30 Senior Singers <b>2:00 Mah Jongg</b> <b>2:00 Eating for a Healthy Gut</b> <b>4:00 CVAH "Let's Talk" via Zoom</b>	9:00 Yoga Dance: <sup>18</sup> <b>Movement for All Bodies</b> 9:00-12:00 Quilting 9:00 Outdoor Super Sr. Pickleball at JD Courts (No fee) <b>9:30 Turn-up Garden Group</b> 10:30 Age in Motion - I <b>12:00 Langdon/Alpine Ice Cream Sundae Social</b> <b>1:15 Music Camp Series</b>	<b>JUNETEENTH</b> <sup>19</sup> 9:00 Computer Help <b>9:00 Video Chair Yoga</b> 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) 1:00 Jewelry Making 1:15 Bingo	10:30 Age in Motion - I (ZOOM from home)	
 <b>FIRST DAY OF SUMMER</b> <b>HAPPY FATHER'S DAY</b> <sup>21</sup>	9:00 Kripalu Yoga <sup>22</sup> 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) 1:00 Card Making <b>1:15 YMCA Chair Yoga at the Center</b> <b>2:30 Super Senior Dance</b>	9:00 Veterans <sup>23</sup> <b>Coffee Connection</b> 9:00 Indoor Super Sr. Pickleball at Keene Rec (\$) <b>9:30 Turn-up Garden Group</b> <b>10:00 Hand &amp; Foot Card Game</b> 10:30 Age in Motion - I <b>10:30 Crochet Class</b> <b>1:00 Bridge</b> <b>1:15 DIY Organic Bug Spray Workshop</b>	9:00 Gentle Yoga <sup>24</sup> <b>9:00 TKSC Walking Group</b> <b>9:30 Cribbage</b> <b>10:00 Dominos</b> 1:30 Senior Singers <b>2:00 Mah Jongg</b> <b>4:00 CVAH "Let's Talk" via Zoom</b> <b>5:00 Trivia Night</b>	9:00 Yoga Dance: <sup>25</sup> <b>Movement for All Bodies</b> 9:00-12:00 Quilting 9:00 Outdoor Super Sr. Pickleball at JD Courts (No fee) <b>9:30 Turn-up Garden Group</b> 10:30 Age in Motion - I <b>1:15 CVAH Social - Coffee &amp; Conversation at the Center</b>	9:00 Computer Help <sup>26</sup> <b>9:00 Video Chair Yoga</b> 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) 1:15 Bingo	10:30 Age in Motion - I (ZOOM from home)	
28	9:00 Kripalu Yoga <sup>29</sup> 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) <b>1:15 YMCA Chair Yoga at the Center</b> <b>2:30 Super Senior Dance</b>	9:00 Veterans <sup>30</sup> <b>Coffee Connection</b> 9:00 Outdoor Super Sr. Pickleball at JD Courts (No fee) <b>9:30 Turn-up Garden Group</b> <b>10:00 Hand &amp; Foot Card Game</b> 10:30 Age in Motion - I <b>1:00 Bridge</b> <b>5:45 pm Swamp Bats Pink in the Park</b>	 <p><b>21 BAR &amp; GRILL</b>  <b>EAT WELL!</b>                      Weds June 10 5pm to closing                      10% of the proceeds go to Libations on Location                      The Keene Senior Center &amp; Cheshire Village at Home</p>				10:30 Age in Motion - I (ZOOM from home)