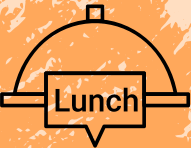




| SUNDAY                                                                                                                                                                                                   | MONDAY                                                                                                                                                                                                                                                                    | TUESDAY                                                                                                                                                                                                                                                                                                          | WEDNESDAY                                                                                                                                                                                                                                                 | THURSDAY                                                                                                                                                                                                                                                                                                                                | FRIDAY                                                                                                                                                | SATURDAY                                                 |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|
| <br><b>Lunch</b><br><b>Mon - Fri</b><br><b>at 12:00 PM</b>                                                              |                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                       | <b>1</b><br>10:30 Age in Motion - I<br>(ZOOM from home)  |
| <b>DAYLIGHT SAVINGS ENDS</b> <b>2</b><br> <b>TURN CLOCKS BACK</b>                                                       | <b>3</b><br>9:00 Kripalu Yoga<br>10:30 Age in Motion - II<br>10:00 am & 1:00 pm -<br>Bowling at Yankee Lanes (\$) <b>1:05 YMCA Chair Yoga at the Center</b><br><b>2:15 Super Senior Dance</b><br><b>3:15 2026 Medicare Plan Changes Presentation**</b>                    | <b>VOTE IN KEENE</b> <b>4</b><br><b>9:00 Veterans Coffee Connection</b><br>9:00 Indoor Super Sr. Pickleball at Keene Rec (\$) <b>10:00 Hand &amp; Foot Game</b><br>10:30 Age in Motion - I <b>1:00 Bridge, Hand &amp; Foot Game</b><br><b>3:00 Square Dancing (\$6)</b>                                          | <b>5</b><br>9:00 Gentle Yoga<br><b>9:30 Cribbage</b><br><b>10:00 Dominos</b><br><b>1:00 Book Club Meeting on: Bomber's Moon</b><br>Reading: <i>Watching You</i><br>1:30 Senior Singers<br><b>3:00 Mah Jongg</b><br><b>4:00 CVAH "Let's Talk" via Zoom</b> | <b>6</b><br>9:00-12:00 Quilting Class<br>9:00 Indoor Super Sr. Pickleball at Keene Rec (\$) 10:30 Age in Motion - I<br><b>1:00 Healthy Bones for Life via Zoom</b>                                                                                                                                                                      | <b>7</b><br>9:00 Computer Help<br>10:30 Age in Motion - II<br>10:00 am & 1:00 pm<br>Bowling at Yankee Lanes (\$) 1:15 Bingo                           | <b>8</b><br>10:30 Age in Motion - I<br>(ZOOM from home)  |
| <b>9</b><br><b>Trip to Mohegan Sun Casino Christmas Festival</b><br><b>7:30 AM Departure from Brattleboro (\$)</b><br> | <b>10</b><br>9:00 Kripalu Yoga<br>10:30 Age in Motion - II<br>10:00 am & 1:00 pm -<br>Bowling at Yankee Lanes (\$) 1:00 Card Making) <b>1:05 YMCA Chair Yoga at the Center</b><br><b>2:15 Super Senior Dance</b><br><b>3:15 2026 Medicare Plan Changes Presentation**</b> | <b>TKSC CLOSED</b> <b>11</b><br><br><b>VETERANS DAY</b><br>Thank you for your service!                                                                                                                                         | <b>12</b><br>9:00 Gentle Yoga<br><b>9:30 Cribbage</b><br><b>10:00 Dominos</b><br>1:30 Senior Singers<br><b>3:00 Mah Jongg</b><br><b>4:00 CVAH "Let's Talk" via Zoom</b>                                                                                   | <b>13</b><br>9:00-12:00 Quilting Class<br>9:00 Indoor Super Sr. Pickleball at Keene Rec (\$) 10:30 Age in Motion - I<br><b>1:15 Monadnock Originals: Local Tales and Characters</b><br><b>5:00 AH Family and Friends Night - "Speakeasy" Theme*</b>  | <b>14</b><br>9:00 Computer Help<br>10:30 Age in Motion - II<br>10:00 am & 1:00 pm -<br>Bowling at Yankee Lanes (\$) 1:00 Jewelry Making<br>1:15 Bingo | <b>15</b><br>10:30 Age in Motion - I<br>(ZOOM from home) |
| <b>16</b><br>                                                                                                         | <b>17</b><br>9:00 Kripalu Yoga<br>10:30 Age in Motion - II<br>10:00 am & 1:00 pm -<br>Bowling at Yankee Lanes (\$) <b>1:05 YMCA Chair Yoga at the Center</b><br><b>2:15 Super Senior Dance</b><br><b>3:15 2026 Medicare Plan Changes Presentation**</b>                   | <b>18</b><br><b>9:00 Veterans Coffee Connection</b><br>9:00 Indoor Super Sr. Pickleball at Keene Rec (\$) <b>10:00 Hand &amp; Foot Game</b><br>10:30 Age in Motion - I <b>1:00 Bridge, Hand &amp; Foot Game</b><br>1-4pm AARP Driving Refresher Session 1 (see note below) (\$) <b>3:00 Square Dancing (\$6)</b> | <b>19</b><br>9:00 Gentle Yoga<br><b>9:30 Cribbage</b><br><b>10:00 Dominos</b><br>1:30 Senior Singers<br><b>3:00 Mah Jongg</b><br><b>4:00 CVAH "Let's Talk" via Zoom</b><br><b>2:00 Eating for Blood Sugar Management via Zoom at the Center</b>           | <b>20</b><br>9:00-12:00 Quilting Class<br><b>9:00-3:00 Senior Center Foot Care Clinic (\$)</b><br>9:00 Indoor Super Sr. Pickleball at Keene Rec (\$) 10:30 Age in Motion - I<br><b>12:00 Trivia (at lunch)</b><br>1-4pm AARP Driving Refresher Session 2 (see note below) (\$) <b>1:30 CVAH Pie Social</b>                              | <b>21</b><br>9:00 Computer Help<br>10:30 Age in Motion - II<br>10:00 am & 1:00 pm -<br>Bowling at Yankee Lanes (\$) 1:15 Bingo                        | <b>22</b><br>10:30 Age in Motion - I<br>(ZOOM from home) |
| <b>23/30</b><br>                                                                                                      | <b>24</b><br>9:00 Kripalu Yoga<br>10:30 Age in Motion - II<br>10:00 am & 1:00 pm -Bowling at Yankee Lanes (\$) <b>12:00 Special Thanksgiving Lunch</b><br>1:00 Card Making<br><b>1:05 YMCA Chair Yoga at the Center</b><br><b>2:15 Super Senior Dance</b>                 | <b>25</b><br><b>9:00 Veterans Coffee Connection</b><br>9:00 Indoor Super Sr. Pickleball at Keene Rec (\$) <b>10:00 Hand &amp; Foot Game</b><br>10:30 Age in Motion - I <b>1:00 Bridge, Hand &amp; Foot Game</b><br><b>3:00 Square Dancing (\$6)</b>                                                              | <b>26</b><br>9:00 Gentle Yoga<br><b>9:30 Cribbage</b><br><b>10:00 Dominos</b><br>1:30 Senior Singers<br><b>3:00 Mah Jongg</b><br><b>4:00 CVAH "Let's Talk" via Zoom</b>                                                                                   | <b>TKSC CLOSED</b> <b>27</b><br>                                                                                                                                                                                                                   | <b>TKSC CLOSED</b> <b>28</b><br>                                 | <b>29</b><br>10:30 Age in Motion - I<br>(ZOOM from home) |