

50 & BETTER EXPO



SATURDAY, OCTOBER 26
8:30AM - 2:00PM

Learn about the array of services and opportunities for older adults ages 50+ in the Monadnock Region. Brought to you by the Keene Senior Center.

NO COST
NO PRE-REGISTRATION

LOCATION

Keene Recreation Center
312 Washington St., Keene

FOR MORE INFO

Keene Senior Center
603-352-5037

www.thekeeneseniorcenter.org



Monadnock United Way



VENDORS



Healthcare, Nutrition & Fitness



Housing



Transportation



Financial Planning



Social & Volunteer Opportunities



Lifelong Learning & Independence

BREAKOUT SESSIONS



Brandie Wells

9:30 AM

Compassionate Clairvoyant;
Psychic Medium

Monadnock Family Services

10:30 AM



Strategies to reach older adults dealing with social isolation & loneliness.

Monadnock Aging
Resource Collaborative

11:30 AM



Education & support for our aging population & their families.



Dan Hobbs - NH Alliance
for Healthy Aging

12:30 PM

Advocacy tips for older adults.

ALSO, LOOK FORWARD TO:

MUSICAL ENTERTAINMENT

FREE RAFFLES

SALT+LIME FOOD TRUCK

Available 11:00 AM-2:00 PM

