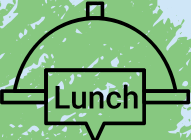













MARCH • 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>Lunch Mon - Fri at 12:00 PM</p>						<p>1 10:30 Age in Motion - I (ZOOM from home) 11:00-12:30 pm Seed Starting 101 at KPL*</p> 
<p>Revo Casino Nights - All in For the Center March 2 to March 11</p> 	<p>9:00 Kripalu Yoga 3 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$) 1:15 Chair Yoga 2:15 Super Senior Dance 4:30 Ladies Only Figure Drawing</p>	<p>9:00 Super Senior 4 Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 10:30 Hand & Foot Game 1:00 Bridge, Hand & Foot Game 2:00 Movie: <i>Speak No Evil</i> 4:30 Trivia Night with Prizes</p>	<p>9:00 Gentle Yoga 5 10:00 Cribbage 11:00 Dominos 1:30 Senior Center Singers 5:00 Super Senior Ted's Polar Challenge Walk 4:00 CVAH "Let's Talk" via Zoom</p>	<p>9:00 Quilting 6 9:00 Super Senior Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 1:00 Book Club Meeting: Discussing: <i>Visit from the Goon Squad</i> Reading: <i>The Immortal Life of Henrietta Lacks</i></p>	<p>9:00 Computer Help 7 10:15 Age in Motion - III 11:00 Age in Motion - II 10:00 am & 1:00 pm Bowling at YL 1:00 Jewelry Making 1:15 Bingo</p>	<p>8 10:30 Age in Motion - I (ZOOM from home)</p>
 <p>9</p>	<p>9:00 Kripalu Yoga 10 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$) 1:15 Chair Yoga 2:15 Super Senior Dance</p>	<p>9:00 Super Senior 11 Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 10:30 Hand & Foot Game 1:00 Bridge, Hand & Foot Game 2:00 Movie: Rez Bal</p>	<p>9:00 Gentle Yoga 12 10:00 Cribbage 11:00 Dominos 1:30 Senior Center Singers 5:00 Super Senior Ted's Polar Challenge Walk 4:00 CVAH "Let's Talk" via Zoom</p>	<p>8:30 Belknap Mill Museum Trip  13 9:00 Quilting 9:00 Super Senior Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 6:30 Intro to Swing Dancing</p>	<p>9:00 Computer Help 14 10:15 Age in Motion - III 11:00 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$) 1:15 Bingo</p>	<p>15 10:30 Age in Motion - I (ZOOM from home)</p>
 <p>16</p>	<p>ST. PATRICK'S DAY 17 9:00 Kripalu Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$) 1:15 Chair Yoga 2:15 Super Senior Dance 4:30 St. Patrick's Day Dinner(\$)</p> 	<p>9:00 Super Senior 18 Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 10:30 Hand & Foot Game 1:00 Bridge, Hand & Foot Game 2:00 Movie: <i>The Fall Guy</i></p>	<p>9:00 Gentle Yoga 19 10:00 Cribbage 11:00 Dominos 1:30 Senior Center Singers 5:00 Super Senior Ted's Polar Challenge Walk 6:00 Ask A Gardner In-Person / Online at KPL* 4:00 CVAH "Let's Talk" via Zoom</p>	<p>9:00 Quilting 20 9:00 Super Senior Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 1:30 CVAH Coffee Social - Reminiscence About Significant Life Events</p>	<p>9:00 Computer Help 21 10:15 Age in Motion - III 11:00 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$) 1:00 Jewelry Making 1:15 Bingo</p>	<p>22 10:30 Age in Motion - I (ZOOM from home) 12:00 noon Caregiver's Lunch at St. James Church*</p>
 <p>23/30</p>	<p>9:00 Kripalu Yoga 24/31 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$) 1:00 Card Making 3/24 1:15 Chair Yoga 2:15 Super Senior Dance</p>	<p>9:00 Super Senior 25 Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 10:30 Hand & Foot Game 1:00 Bridge, Hand & Foot Game 2:00 Movie: <i>She Taught Love</i> 5:30 NAMI NH Annual Conference Keynote Watch Party</p> 	<p>9:00 Gentle Yoga 26 10:00 Cribbage 11:00 Dominos 1:30 Senior Center Singers 5:00 Super Senior Ted's Polar Challenge Walk 4:00 CVAH "Let's Talk" via Zoom</p>	<p>9:00 Quilting 27 9:00 Super Senior Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 1:15 KCO Woodwind Quintet Concert 2:45 SBW Free Fraud Safety Seminar 6:30 Intro to Swing Dancing</p>	<p>9:00 Computer Help 28 10:15 Age in Motion - III 11:00 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$) 1:15 Bingo</p>	<p>29 10:30 Age in Motion - I (ZOOM from home)</p>