



MAY • 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
 <p>Lunch Mon - Fri at 12:00 PM</p>	<p>SAVE THE DATE! NH GIVES June 9-10, 2026 24 hours to give: 5PM on the 9th until 5PM on the 10th Support The Keene Senior Center & Cheshire Village at Home</p>					<p>9:00 Computer Help 9:00 Video Chair Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm Bowling at Yankee Lanes (\$) 1:00 Jewelry Making 1:15 Bingo 1:15 Funeral Pre-Planning Workshop 3:30 Hats Off to the Derby</p>	<p>10:30 Age in Motion - I (ZOOM from home)</p>
	<p>9:00 Kripalu Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) 1:15 YMCA Chair Yoga at the Center 2:30 Super Senior Dance</p>	<p>9:00 Veterans Coffee Connection 9:00 Knitting Class 9:00 Indoor Super Sr. Pickleball at Keene Rec (\$) 10:00 Hand & Foot Card Game 10:00 MS Lightning Warriors* 10:30 Age in Motion - I 1:00 Bridge</p>	<p>9:00 Gentle Yoga 9:30 Cribbage 10:00 Dominos 1:30 Senior Singers 1:00 TKSC Walking Group 2:00 Mah Jongg 4:00 CVAH "Let's Talk" via Zoom 6:30 Yankee Bottle & Collectors' Club - KPL*</p>	<p>9:00 Yoga Dance: Movement for All Bodies 9:00-12:00 Quilting 9:00 Indoor Super Sr. Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 11:30 AH Blood Pressure Clinic 1:00 Book Club Meeting on: April 1865 Reading: Vanishing Act 1:15 pm Music for String Trio</p>	<p>9:00 Computer Help 9:00 Video Chair Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm Bowling at Yankee Lanes (\$) 1:15 Bingo</p>	<p>10:30 Age in Motion - I (ZOOM from home)</p>	
<p><i>Happy Mother's Day</i></p>	<p>9:00 Kripalu Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) 1:00 Card Making 1:15 YMCA Chair Yoga at the Center 2:30 Super Senior Dance</p>	<p>9:00 Veterans Coffee Connection 9:00 Crochet Class 9:00 Indoor Super Sr. Pickleball at Keene Rec (\$) 10:00 Hand & Foot Card Game 10:30 Age in Motion - I 1:00 Bridge</p>	<p>9:00 Gentle Yoga 9:30 Cribbage 10:00 Dominos 1:30 Senior Singers 1:00 TKSC Walking Group 1:30 Senior Singers 2:00 Mah Jongg 4:00 CVAH "Let's Talk" via Zoom</p>	<p>9:00 Yoga Dance: Movement for All Bodies 9:00-12:00 Quilting 9:00 Indoor Super Sr. Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 1:15 Kingsbury Toys for Girls and Boys 5:00 AH Family and Friends Night "Sentimental Journey - A Night Under the Stars Senior Prom"</p>	<p>9:00 Computer Help 9:00 Video Chair Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) 1:00 Jewelry Making 1:15 Bingo</p>	<p>10:30 Age in Motion - I (ZOOM from home)</p>	
 <p>THIRD ANNUAL KEENE AIRPORT 5K Benefits The Keene Senior Center Keene, New Hampshire MAY 17, 2026 Race begins at 9:00 am https://runsignup.com/Race/NH/Swanzey/NHRRunway5km</p>	<p>9:00 Kripalu Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) 1:15 YMCA Chair Yoga at the Center 2:30 Super Senior Dance</p>	<p>9:00 Veterans Coffee Connection 9:00 Knitting Class 9:30 Turn-up Garden Group 9:00 Indoor Super Sr. Pickleball at Keene Rec (\$) 10:00 Hand & Foot Card Game 10:30 Age in Motion - I 1:00 Bridge</p>	<p>9:00 Gentle Yoga 9:30 Cribbage 10:00 Dominos 1:00 TKSC Walking Group 1:30 Senior Singers 2:00 Mah Jongg 4:00 CVAH "Let's Talk" via Zoom</p>	<p>9:00 Yoga Dance: Movement for All Bodies 9:00-12:00 Quilting 9:00 Indoor Super Sr. Pickleball at Keene Rec (\$) 9:30 Turn-up Garden Group 10:00 CVAH Social - Coffee, Pastries and Conversation, Wheelock Park, Keene 10:30 Age in Motion - I 12:00 Trivia at lunch/prizes 1:15 Diamond Art Class (\$)</p>	<p>9:00 Computer Help 9:00 Video Chair Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) 1:15 Bingo</p>	<p>10:30 Age in Motion - I (ZOOM from home)</p>	
<p>24/31</p>	<p>MEMORIAL DAY 25 SENIOR CENTER IS CLOSED</p> 	<p>9:00 Veterans Coffee Connection 9:00 Crochet Class 9:00 Outdoor Super Sr. Pickleball at JD Courts (No fee) 9:30 Turn-up Garden Group 10:00 Hand & Foot Card Game 10:30 Age in Motion - I 1:00 Bridge</p>	<p>9:00 Gentle Yoga 9:30 Cribbage 10:00 Dominos 1:00 TKSC Walking Group 1:30 Senior Singers 2:00 Mah Jongg 4:00 CVAH "Let's Talk" via Zoom 6:00 Trivia Night</p>	<p>9:00 Yoga Dance: Movement for All Bodies 9:00-12:00 Quilting 9:00 Indoor Super Sr. Pickleball at Keene Rec (\$) 9:30 Turn-up Garden Group 10:30 Age in Motion - I 1:15 The Request Room Music Program</p> 	<p>9:00 Computer Help 9:00 Video Chair Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) 1:15 Bingo 4:00 Spring/ Summer \$1,000 Raffle Drawing</p> 	<p>10:30 Age in Motion - I (ZOOM from home)</p>	