



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Lunch Mon - Fri at 12:00 PM				9-12:00 Quilting Class 1 9:00 Super Senior Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 1:00 Book Club Meeting: Discussing: Faithful Place Reading: The Orphan's Guilt 1:15 CVAH Discover Mongolia Presentation	9:00 Computer Help 2 10:30 Age in Motion - II 10:00 am & 1:00 pm Bowling at YL 1:00 Jewelry Making 1:15 Bingo	10:30 Age in Motion - I (ZOOM from home) 3
4	CINCO DE MAYO 5 9:00 Kripalu Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$) 1:15 Chair Yoga 2:15 Super Senior Dance	9:00 Super Senior 6 Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 10:30 Hand & Foot Game 1:00 Bridge, Hand & Foot Game 2:00 Movie: Priscilla	9:00 Gentle Yoga 7 10:00 Cribbage 11:00 Dominos 1:30 Senior Center Singers 4:00 CVAH "Let's Talk" via Zoom	9-12:00 Quilting Class 8 9:00 Super Senior Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 1:15 Sound Bath Meditation Class (\$) 	9:00 Computer Help 9 10:30 Age in Motion - II 10:00 am & 1:00 pm Bowling at YL 1:15 Bingo	10:30 Age in Motion - I (ZOOM from home) 10
11 	9:00 Kripalu Yoga 12 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$) 1:00 Card Making 1:15 Chair Yoga 2:15 Super Senior Dance	9:00 Super Senior 13 Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 10:30 Hand & Foot Game 1:00 Bridge, Hand & Foot 2:00 Movie: The Spectacular Now	9:00 Gentle Yoga 14 10:00 Cribbage 11:00 Dominos 1:30 Senior Center Singers 4:00 CVAH "Let's Talk" via Zoom	9:00-12:00 Quilting Class 15 9:00 Super Senior Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 12:15 (at lunch) Trivia, ice cream and prizes  1:15 Retiring Despite the Cost 1:30 CVAH Social - Wyman Tavern Tour	9:00 Computer Help 16 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$) 1:00 Jewelry Making 1:15 Bingo	10:30 Age in Motion - I (ZOOM from home) 9:00 am -4:00 pm Mahjongg Training and Lunch (\$) 
 KEENE RUNWAY 5K <i>Benefits The Keene Senior Center</i> <i>Keene, New Hampshire</i> MAY 18, 2025 9:00 am Keene Dillant-Hopkins Airport - Airport Open House follows the race	9:00 Kripalu Yoga 19 9:30 Shaker Village Trip 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$) 1:00 Card Making 1:15 Chair Yoga 2:15 Super Senior Dance	9:00 Super Senior 20 Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 10:30 Hand & Foot Game 1:00 Bridge, Hand & Foot Game 2:00 Movie: Beetlejuice Beetlejuice	9:00 Gentle Yoga 21 10:00 Cribbage 11:00 Dominos 1:30 Senior Center Singers 4:00 CVAH "Let's Talk" via Zoom	9:00-12:00 Quilting Class 22 9:00 Super Senior Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 1:30 State of NH Free Insurance Help 	9:00 Computer Help 23 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$) 1:15 Bingo	10:30 Age in Motion - I (ZOOM from home) 12:00 noon Caregiver's Lunch at St. James Church*
25	MEMORIAL DAY SENIOR CENTER CLOSED 	9:00 Super Senior 27 Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 10:30 Hand & Foot Game 1:00 Bridge, Hand & Foot Game 2:00 Movie: Palm Springs	9:00 Gentle Yoga 28 10:00 Cribbage 11:00 Dominos 1:30 Senior Center Singers 4:00 CVAH "Let's Talk" via Zoom	9:00-12:00 Quilting Class 29 9:00 Super Senior Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 1:15 NAMI NH How to Cope with Anxiety Seminar (in-person) 	9:00 Computer Help 30 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$) 1:15 Bingo	10:30 Age in Motion - I (ZOOM from home) 31