




MAY • 2026



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|---|---|---|---|
|  Lunch Mon - Fri at 12:00 PM | <p>SAVE THE DATE! NH GIVES June 9-10, 2026 <small>24 hours to give: 5 PM on the 10th until 5PM on the 11th</small> Support The Keene Senior Center & Cheshire Village at Home</p> | | | | 9:00 Computer Help 9:00 Video Chair Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm Bowling at Yankee Lanes (\$) 1:00 Jewelry Making 1:15 Bingo 1:15 Funeral Pre-Planning Workshop 3:30 Hats Off to the Derby | 10:30 Age in Motion - I (ZOOM from home) |
| | 9:00 Kripalu Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) 1:15 YMCA Chair Yoga at the Center 2:30 Super Senior Dance | 9:00 Veterans Coffee Connection 9:00 Knitting Class 9:00 Indoor Super Sr. Pickleball at Keene Rec (\$) 10:00 Hand & Foot Card Game 10:00 MS Lightning Warriors* 10:30 Age in Motion - I 1:00 Bridge | 9:00 Gentle Yoga 9:30 Cribbage 10:00 Dominos 1:30 Senior Singers 1:00 TKSC Walking Group 2:00 Mah Jongg 4:00 CVAH 'Let's Talk' via Zoom 6:30 Yankee Bottle & Collectors' Club - KPL* | 9:00 Yoga Dance: Movement for All Bodies 9:00-12:00 Quilting 9:00 Indoor Super Sr. Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 1:00 Book Club Meeting on: April 1865 Reading: Vanishing Act 1:15 pm Music for String Trio | 9:00 Computer Help 9:00 Video Chair Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm Bowling at Yankee Lanes (\$) 1:15 Bingo | 10:30 Age in Motion - I (ZOOM from home) |
|  | 9:00 Kripalu Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) 1:00 Card Making 1:15 YMCA Chair Yoga at the Center 2:30 Super Senior Dance | 9:00 Veterans Coffee Connection 9:00 Crochet Class 9:00 Indoor Super Sr. Pickleball at Keene Rec (\$) 10:00 Hand & Foot Card Game 10:30 Age in Motion - I 1:00 Bridge | 9:00 Gentle Yoga 9:30 Cribbage 10:00 Dominos 1:30 Senior Singers 1:00 TKSC Walking Group 2:00 Senior Singers Concert Game 2:00 Mah Jongg 4:00 CVAH 'Let's Talk' via Zoom | 9:00 Yoga Dance: Movement for All Bodies 9:00-12:00 Quilting 9:00 Indoor Super Sr. Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 1:15 Kingsbury Toys for Girls and Boys 5:00 AH Family and Friends Night "Sentimental Journey - A Night Under the Stars Senior Prom" | 9:00 Computer Help 9:00 Video Chair Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) 1:00 Jewelry Making 1:15 Bingo | 10:30 Age in Motion - I (ZOOM from home) |
|  THIRD ANNUAL KEENE AIRPORT 5K <small>Benefits The Keene Senior Center Keene, New Hampshire</small> MAY 17, 2026 Race begins at 9:00 am https://runsignup.com/Race/NH/Swanzey/NHRunway5km | 9:00 Kripalu Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) 1:15 YMCA Chair Yoga at the Center 2:30 Super Senior Dance | 9:00 Veterans Coffee Connection 9:00 Knitting Class 9:30 Turn-up Garden Group 9:00 Indoor Super Sr. Pickleball at Keene Rec (\$) 10:00 Hand & Foot Card Game 10:30 Age in Motion - I 1:00 Bridge | 9:00 Gentle Yoga 9:30 Cribbage 10:00 Dominos 10:30 Band Workout Class 1:00 TKSC Walking Group 1:30 Senior Singers 2:00 Mah Jongg 4:00 CVAH 'Let's Talk' via Zoom | 9:00 Yoga Dance: Movement for All Bodies 9:00-12:00 Quilting 9:00 Indoor Super Sr. Pickleball at Keene Rec (\$) 9:30 Turn-up Garden Group 10:30 Age in Motion - I 12:00 Trivia at lunch/prizes 1:15 Diamond Art Class (\$) 1:15 CVAH Social - Coffee, Pastries and Conversation, Wheelock Park, Keene | 9:00 Computer Help 9:00 Video Chair Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) 1:15 Bingo | 10:30 Age in Motion - I (ZOOM from home) |
| 24/31 | <p>MEMORIAL DAY 25 SENIOR CENTER IS CLOSED</p>  | 9:00 Veterans Coffee Connection 9:00 Crochet Class 9:00 Outdoor Super Sr. Pickleball at JD Courts (No fee) 9:30 Turn-up Garden Group 10:00 Hand & Foot Card Game 10:30 Age in Motion - I 1:00 Bridge | 9:00 Gentle Yoga 9:30 Cribbage 10:00 Dominos 1:00 TKSC Walking Group 1:30 Senior Singers 2:00 Mah Jongg 4:00 CVAH 'Let's Talk' via Zoom 6:00 Trivia Night | 9:00 Yoga Dance: Movement for All Bodies 9:00-12:00 Quilting 9:00 Indoor Super Sr. Pickleball at Keene Rec (\$) 9:30 Turn-up Garden Group 10:30 Age in Motion - I 1:15 The Request Room Music Program  | 9:00 Computer Help 9:00 Video Chair Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) 1:15 Bingo 4:00 Spring/ Summer \$1,000 Raffle Drawing  | 10:30 Age in Motion - I (ZOOM from home) |