February 2020								
Monday	Tuesday	Wednesday	Thursday	Friday	Sat			
	Feb 1 Sat							
Shrouded in mystery an ancient Roman fertility	10:00 am—2:00 pm Open gym, ping- pong, pool, games,							
Formal messages, or val	lentines, appeared in the 15	00s, and commercially 1	printed cards were available	by the late 1700s. By the	movie			
mid-1800's, the first con	Super Saturday							
god of love, along with	lunch*							
February, so birds also became a symbol of the day. Traditional gifts include candy and flowers, particularly red roses, a symbol thrift shop open								
of beauty and love.	•	_	•	·				
Feb 3 Mon	Feb 4 Tues	Feb 5 Wed	Feb 6 Thurs	Feb 7 Fri	Feb 8 Sat			
7:00 Walking/Rec Ctr.	7:00 Walking/Rec Ctr.	7:00 Walking/Rec Ctr.	7:00 Walking/Rec Ctr.	7:00 Walking/Rec Ctr.				
8:30-4:30 Gym Open	8:30-4:30 Gym Open	8:30-4:30 Gym Open	8:30-4:30 Gym Open	8:30-4:30 Gym Open	10:00 am—2:00 pm			
8:45 Kripalu Yoga	9:00 Yoga	9:00 Social Hour!	9:00 Yoga	9:00 Bowling/Yankee	Open gym, ping-			
10:00 Age in Motion 1	10:30 Age in Motion 2	Coffee, tea, and	9:30 Quilts R'Us	Lanes	pong, pool, games,			
11:00 Pinochle &	12:00 Tuesdays	conversation	10:30 Age in Motion 2	9:00 Computer Help	movie			
Hearts	Together*	10:00 Qigong	11:00 Creating Your	w/Norman*	Super Saturday			
12:30 Bowling/Yankee	1:00 Movie/Living Room	12:00 Welcome	Family Memoir	10:00 Age in Motion 1	lunch*			
Lanes	1:00 Bridge	Wednesday*	11:30 Beginner Tai Chi	12:00 Garden Fresh	thrift shop open.			
1:00 Chair Yoga	1:30 Creative Writing	1:00 Senior Swingers	(self-facilitated)	Friday*				
1:30 Ping Pong	3:00 Learn to Use the		12:45 Tai Chi	12:30 Bingo	Valentine-making			
2:30 Cribbage	Gym		Intermediate	12:30 Duplicate	workshop			
	7:00 pm AA Meeting		2:00 Billiards	Bridge/Am. House	10:30am-12:00pm			
			2:00-3:30 Knitting Circle	1:00 Movie/Living Room	Free materials &			
			2:15 Book Club	1:00 Handmade Cards	instructions			

Feb 10 Mon	Feb 11 Tues	Feb 12 Wed	Feb 13 Thurs	Feb 14 Fri	Feb 15 Sat
7:00 Walking/Rec Ctr.	7:00 Walking/Rec Ctr.	7:00 Walking/Rec Ctr.	7:00 Walking/Rec Ctr.	7:00 Walking/Rec Ctr.	
8:30-4:30 Gym Open	8:30-4:30 Gym Open	8:30-4:30 Gym Open	8:30-4:30 Gym Open	8:30-4:30 Gym Open	10:00 am—2:00 pm
8:45 Kripalu Yoga	9:00 Yoga	9:00 Social Hour!	9:00 Yoga	9:00 Bowling/Yankee	Open gym, ping-
10:00 Age in Motion 1	10:15 Renewable	Coffee, tea, and	9:30 Quilts R'Us	Lanes	pong, pool, games,
11:00 Pinochle &	Energy Discussion	conversation	10:30 Age in Motion 2	9:00 Computer Help	movie
Hearts	10:30 Age in Motion 2	10:00 Qigong	11:00 Creating Your	w/Norman*	Super Saturday
12:30 Bowling/Yankee	12:00 Tuesdays	12:00 Welcome	Family Memoir	10:00 Age in Motion 1	lunch*
Lanes	Together*	Wednesday*	11:30 Beginner Tai Chi	12:00 Garden Fresh	thrift shop open.
1:00 Chair Yoga	1:00 Movie/Living Room	1:00 Senior Swingers	(self-facilitated)	Friday*	
1:30 New Member	1:00 Bridge		12:45 Tai Chi	12:30 Bingo	How to carve
Orientation	1:00 NH Alliance		Intermediate	12:30 Duplicate	decoy fish
1:30 Ping-Pong	Healthy Aging		2:00 Billiards	Bridge/Am. House	10:30-11:30am
2:30 Cribbage	3:00 Learn to Use the		2:00-3:30 Knitting Circle	1:00 Movie/Living Room	
	Gym		3:00 Super Seniors	2:00 CVAH's Social:	
	7:00 pm AA Meeting			Valentine Sing-along	
				with the Keene	
				Senior Swingers	
Feb 17 Mon	Feb 18 Tues	Feb 19 Wed	Feb 20 Thurs	Feb 21 Fri	Feb 22 Sat
	7:00 Walking/Rec Ctr.	7:00 Walking/Rec Ctr.	7:00 Walking/Rec Ctr.	7:00 Walking/Rec Ctr.	
	8:30-4:30 Gym Open	8:30-4:30 Gym Open	8:30-4:30 Gym Open	8:30-4:30 Gym Open	10:00 am—2:00 pm
Senior Center	9:00 Yoga	9:00 Social Hour!	9:00 Yoga	9:00 Bowling/Yankee	Open gym, ping-
CLOSED	9:30 The Nurse Is In	Coffee, tea, and	9:30 Quilts R'Us	Lanes	pong, pool, games,
	10:30 Age in Motion 2	conversation	10:30 Age in Motion 2	9:00 Computer Help	movie
	12:00 Tuesdays	10:00 Qigong	11:00 Creating Your	w/Norman*	Super Saturday
President's Day	Together*	12:00 Welcome	Family Memoir	10:00 Age in Motion 1	lunch*
Holiday	1:00 Movie/Living Room	Wednesday*	11:30 Beginner Tai Chi	12:00 Garden Fresh	thrift shop open.
	1:00 Bridge	1:00 Senior Swingers	(self-facilitated)	Friday*	
	3:00 Learn to Use the		12:45 Tai Chi	12:30 Bingo	Tablets at the
	Gym		Intermediate	12:30 Duplicate	Keene Senior
	7:00 pm AA Meeting		2:00 Billiards	Bridge/Am. House	Center
			2:00-3:30 Knitting Circle	1:00 Movie/Living Room	Intro Session
			4:00 Board Meeting	1:00 Handmade Cards	10:30 am

Feb 24 Mon	Feb 25 Tues	Feb 26 Wed	Feb 27 Thurs	Feb 28 Fri	Feb 29 Sat
7:00 Walking/Rec Ctr.	7:00 Walking/Rec Ctr.	7:00 Walking/Rec Ctr.	7:00 Walking/Rec Ctr.	7:00 Walking/Rec Ctr.	
8:30-4:30 Gym Open	8:30-4:30 Gym Open	8:30-4:30 Gym Open	8:30-4:30 Gym Open	8:30-4:30 Gym Open	10:00 am—2:00 pm
8:45 Kripalu Yoga	9:00 Yoga	9:00 Social Hour!	9:00 Yoga	9:00 Bowling/Yankee	Open gym, ping-
10:00 Age in Motion 1	10:30 Age in Motion 2	Coffee, tea, and	9:30 Quilts R'Us	Lanes	pong, pool, games,
11:00 Pinochle &	12:00 Tuesdays	conversation	10:30 Age in Motion 2	9:00 Computer Help	movie
Hearts	Together*	10:00 Qigong	11:00 Creating Your	w/Norman*	Super Saturday
12:30 Bowling/Yankee	1:00 Movie/Living Room	12:00 Welcome	Family Memoir	10:00 Age in Motion 1	lunch*
Lanes	1:00 Bridge	Wednesday*	11:30 Beginner Tai Chi	12:00 Garden Fresh	thrift shop open.
1:00 Chair Yoga	3:00 Learn to Use the	1:00 Senior Swingers	(self-facilitated)	Friday*	
1:30 Ping-Pong	Gym		12:45 Tai Chi	12:30 Bingo	Leap Day
2:30 Cribbage	7:00 pm AA Meeting		Intermediate	12:30 Duplicate	Film: Pirates of
			2:00 Billiards	Bridge/Am. House	Penzance!
			2:00-3:30 Knitting Circle	1:00 Movie/Living Room	10:00am-12:00pm