


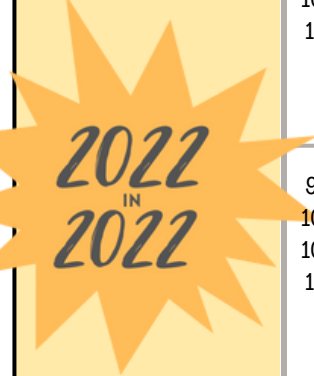







# MAY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>  <b>LUNCH!</b>  <b>Thursdays</b>  <b>11:30-12:30 \$5 pp</b>  <b>Pre-registration required</b> </div> <div>  <b>BILLIARDS &amp; PING PONG</b>  <b>Bring your Friends to Play</b>  <b>9AM-4PM WEEKDAYS</b> </div> <div>  <p>Calling all Gardeners to help make the Senior Center garden healthy and beautiful!</p> <p>Join the</p> <p><b>TURNUP GARDENERS</b></p> <p>Tuesdays at 11:00 AM</p> <p>Sat. May 7</p> <p><b>GARDEN CLEAN UP</b></p> <p>9:30-11:30 AM</p> <p>All tools will be provided. Just bring gloves and a sun hat.</p> </div> <div>  <p><b>2022</b> IN <b>2022</b></p> </div>	<div> <div>2</div> <div>           9:00 Kripalu Yoga            10:00 Bowling @ YL            10:30 Age in Motion - II            1:00 Chair Yoga         </div> </div>	<div> <div>3</div> <div>           9:00 Social Hour            10:30 Age in Motion - I            11:00 TurnUp Gardeners            1:00 Bridge            2:00 Movies         </div> </div>	<div> <div>4</div> <div>           9:00 Gentle Yoga            10:15 Qijong            10:30 Cribbage            1:00 Senior Swingers         </div> </div>	<div> <div>5</div> <div>            9:00 Quilts R'Us            10:00 Knitting Corner            10:30 Age in Motion I            12:30 Book Club         </div> </div>	<div> <div>6</div> <div>           9:00 Computer Help            10:00 Bowling @ YL            10:30 Age in Motion - II            12:30 BINGO!         </div> </div>	<div> <div>7</div> <div>           10:30 Age in Motion - I            (ZOOM from home)  <b>Garden Work Day</b>  <b>9:30-11:30 AM</b>  </div> </div>
	<div> <div>9</div> <div>           9:00 Kripalu Yoga            10:00 Bowling @ YL            10:30 Age in Motion - II            1:00 Chair Yoga         </div> </div>	<div> <div>10</div> <div>           9:00 Social Hour            10:30 Age in Motion - I            11:00 TurnUp Gardeners            1:00 Bridge            2:00 Movies         </div> </div>	<div> <div>11</div> <div>           9:00 Gentle Yoga            10:15 Qijong            10:30 Cribbage            1:00 Senior Swingers         </div> </div>	<div> <div>12</div> <div>            9:00 Quilts R'Us            900 Speaker Series            10:00 Knitting Corner            10:30 Age in Motion I         </div> </div>	<div> <div>13</div> <div>           9:00 Computer Help            10:00 Bowling @ YL            10:30 Age in Motion - II            12:30 BINGO!            1:00 Handmade Cards         </div> </div>	<div> <div>14</div> <div>           10:30 Age in Motion - I            (ZOOM from home)         </div> </div>
	<div> <div>16</div> <div>           9:00 Kripalu Yoga            10:00 Bowling @ YL            10:30 Age in Motion - II            1:00 Chair Yoga         </div> </div>	<div> <div>17</div> <div>           9:00 Social Hour            10:30 Age in Motion - I            11:00 TurnUp Gardeners            1:00 Bridge            2:00 Movies         </div> </div>	<div> <div>18</div> <div>           9:00 Gentle Yoga            10:15 Qijong            10:30 Cribbage            1:00 Senior Swingers         </div> </div>	<div> <div>19</div> <div>            9:00 Quilts R'Us            10:00 Knitting Corner            10:30 Age in Motion I            12:00 Speaker Series            12:30 Ted Talks  <b>4:30 - 6:30 Art Reception</b> </div> </div>	<div> <div>20</div> <div>           9:00 Computer Help            9:30 Wicked Glass Art            10:00 Bowling @ YL            10:30 Age in Motion - II            12:30 BINGO!            1:00 Vision Board Craft         </div> </div>	<div> <div>21</div> <div>           10:30 Age in Motion - I            (ZOOM from home)         </div> </div>
	<div> <div>23</div> <div>           9:00 Kripalu Yoga            10:00 Bowling @ YL            10:30 Age in Motion - II            1:00 Chair Yoga         </div> </div>	<div> <div>24</div> <div>           9:00 Social Hour            10:30 Age in Motion - I            11:00 TurnUp Gardeners            1:00 Bridge            2:00 Movies         </div> </div>	<div> <div>25</div> <div>           9:00 Gentle Yoga            10:15 Qijong            10:30 Cribbage            1:00 Senior Swingers         </div> </div>	<div> <div>26</div> <div>            9:00 Quilts R'Us            9:00 Speaker Series            10:00 Knitting Corner            10:30 Age in Motion I         </div> </div>	<div> <div>27</div> <div>           9:00 Computer Help            10:00 Bowling @ YL            10:30 Age in Motion - II            12:30 BINGO!            1:00 Handmade Cards         </div> </div>	<div> <div>28</div> <div>           10:30 Age in Motion - I            (ZOOM from home)         </div> </div>
<div> <div>30</div> <div>           9:00 Kripalu Yoga            10:00 Bowling @ YL            10:30 Age in Motion - II            1:00 Chair Yoga         </div> </div>			<div> <div>31</div> <div> <b>SENIOR SHOWCASE</b>  <b>ART FROM THE HEART</b> </div> </div>		<div> <div>ARTIST RECEPTION</div> <div> <b>Thursday, the 19th</b>  <b>4:30-6:60 PM</b> </div> </div>	