November 2019								
Monday	Tuesday	Wednesday	Thursday	Friday	Sat			
	Happy Tha	Nov 1 Fri 7:00 Walking/Rec Ctr 8:30-4:30 Gym Open	Nov 2 Sat 10AM to 2PM Open gym, ping-					
Since Bradford wrote and since turkey is a	November /hy do we eat turkey e of how the colonists had i uniquely North American g meal of choice for Americ	<ul> <li>9:00 Bowling/Yankee Lanes</li> <li>9:00 Computer Help w/Norman*</li> <li>10:00 Age in Motion 1</li> <li>11:00 TurnUp Gardeners</li> <li>12:00 Garden Fresh</li> </ul>	pong, pool, games, movie Super Saturday lunch* thrift shop open. 10:30 – 11:30 am					
Thanksgiving meal of choice for Americans after Lincoln declared Thanksgiving a national holiday in 1863. Sarah Joseph Hale, the woman who wrote "Mary Had A Little Lamb," convinced Lincoln to make Thanksgiving a national holiday after writing letters for 17 years.				Friday* 12:30 Bingo 12:30 Duplicate Bridge/Am. House 1:00 Movie/Living Room	The Geisha in Japanese Porcelain in the 1890s			
Nov 4 Mon	Nov 5 Tues	Nov 6 Wed	Nov 7 Thurs	Nov 8 Fri	Nov 9 Sat			
7:00 Walking/Rec Ctr	7:00 Walking/Rec Ctr	7:00 Walking/Rec Ctr	7:00 Walking/Rec Ctr	7:00 Walking/Rec Ctr	10AM to 2PM			
8:30-4:30 Gym Open	8:30-4:30 Gym Open	8:30-4:30 Gym Open	8:30-4:30 Gym Open	8:30-4:30 Gym Open	Open gym, ping-			
8:45 Kripalu Yoga	9:00 Yoga	9:00 Social Hour!	9:00 Yoga	9:00 Bowling/Yankee	pong, pool, games,			
10:00 Age in Motion 1	10:30 Age in Motion 2	Coffee, tea, and	9:30 Quilts R'Us	Lanes	movie			
11:00 Pinochle &	11:00 TurnUp	conversation	10:00 Super Seniors	9:00 Computer Help	Super Saturday			
Hearts	Gardeners	10:00 Qigong	10:30 Age in Motion 2	w/Norman*	lunch*			
12:30 Bowling/Yankee	12:00 Tuesdays	12:00 Welcome	11:00 Creating Your	10:00 Age in Motion 1	thrift shop open.			
Lanes	Together*	Wednesday*	Family Memoir	11:00 TurnUp Gardeners				
1:00 Chair Yoga	1:00 Movie/Living Room	12:30 Cribbage	12:00 Book Club	12:00 Garden Fresh				
1:30 Ping Pong	1:00 Bridge	1:00 Senior Swingers	12:45 Tai Chi	Friday				
2:30 A Matter of	3:00 Learn to Use the		Intermediate	12:30 Bingo				
Balance	Gym		2:00 Billiards	12:30 Duplicate				
	7:00 pm AA Meeting		2:00-3:30 Knitting Circle	Bridge/Am. House				
				1:00 Movie/Living Room 1:00 Handmade Cards				

Nov 11 Mon	Nov 12 Tues	Nov 13 Wed	Nov 14 Thurs	Nov 15 Fri	Nov 16 Sat
	7:00 Walking/Rec Ctr	7:00 Walking/Rec Ctr	7:00 Walking/Rec Ctr	7:00 Walking/Rec Ctr	
	8:30-4:30 Gym Open	8:30-4:30 Gym Open	8:30-4:30 Gym Open	8:30-4:30 Gym Open	9:00 AARP Driver
SENIOR CENTER	9:00 Yoga	9:00 Social Hour!	9:00 Yoga	9:00 AARP Driver	Safety Class
CLOSED	10:30 Age in Motion 2	Coffee, tea, and	9:30 Quilts R'Us	Safety Class	
	11:00 TurnUp	conversation	10:30 Age in Motion 2	9:00 Bowling/Yankee	10AM to 2PM
	Gardeners	10:00 Qigong	11:00 Creating Your	Lanes	Open gym, ping-
VETERANS DAY	12:00 Tuesdays	12:00 Welcome	Family Memoir	9:00 Computer Help	pong, pool, games,
	Together*	Wednesday*	12:45 Tai Chi	w/Norman*	movie
	1:00 Movie/Living Room	12:30 Cribbage	Intermediate	10:00 Age in Motion 1	Super Saturday
	1:00 Bridge	1:00 Senior Swingers	2:00 Billiards	11:00 TurnUp Gardeners	lunch*
	1:00 NH Alliance		2:00-3:30 Knitting Circle	12:00 Garden Fresh	thrift shop open.
	Healthy Aging			Friday*	
	3:00 Learn to Use the			12:30 Bingo	
	Gym			12:30 Duplicate	
	7:00 pm AA Meeting			Bridge/Am. House	
				1:00 Movie/Living Room	
Nov 18 Mon	Nov 19 Tues	Nov 20 Wed	Nov 21 Thurs	Nov 22 Fri	Nov 23 Sat
7:00 Walking/Rec Ctr	7:00 Walking/Rec Ctr	7:00 Walking/Rec Ctr	7:00 Walking/Rec Ctr	7:00 Walking/Rec Ctr	10AM to 2PM
8:30-4:30 Gym Open	8:30-4:30 Gym Open	8:30-4:30 Gym Open	8:30-4:30 Gym Open	8:30-4:30 Gym Open	Open gym, ping-
8:45 Kripalu Yoga	9:00 Yoga	9:00 Social Hour!	9:00 Yoga	9:00 Bowling/Yankee	pong, pool, games,
10:00 Age in Motion 1	9:30 The Nurse Is In	Coffee, tea, and	9:30 Quilts R'Us	Lanes	movie
11:00 Pinochle &	10:30 Age in Motion 2	conversation	10:30 Age in Motion 2	9:00 Computer Help	Super Saturday
Hearts	11:00 TurnUp	10:00 Qigong	11:00 Creating Your	w/Norman*	lunch*
12:30 Bowling/Yankee	Gardeners	12:00 Welcome	Family Memoir	10:00 Age in Motion 1	thrift shop open.
Lanes	12:00 Tuesdays	Wednesday*	12:45 Tai Chi	12:00 Garden Fresh	
1:00 Chair Yoga	Together*	12:30 Cribbage	Intermediate	Birthday Friday*	10:30 – 11:30 am
1:30 New Member	1:00 Movie/Living Room	1:00 Senior Swingers	2:00 Billiards	12:30 Bingo	Keene State College
Orientation	1:00 Bridge		2:00-3:30 Knitting Circle	12:30 Duplicate	Student Nutrition
1:30 Ping-Pong	3:00 Learn to Use the		4:00 Board Meeting	Bridge/Am. House	Club presents
2:30 A Matter of	Gym			1:00 Movie/Living Room	Healthy Eating
Balance	7:00 pm AA Meeting				

Nov 25 Mon	Nov 26 Tues	Nov 27 Wed	Nov 28 Thurs	Nov 29 Fri	Nov 20 Sat
7:00 Walking/Rec Ctr	7:00 Walking/Rec Ctr	7:00 Walking/Rec Ctr			
8:30-4:30 Gym Open	8:30-4:30 Gym Open	8:30-4:30 Gym Open	SENIOR CENTER	SENIOR CENTER	SENIOR CENTER
8:45 Kripalu Yoga	9:00 Yoga	9:00 Social Hour!	CLOSED	CLOSED	CLOSED
10:00 Age in Motion 1	10:30 Age in Motion 2	Coffee, tea, and			
11:00 Pinochle &	12:00 Tuesdays	conversation			
Hearts	Together*	10:00 Qigong	THANKSGIVING	THANKSGIVING	THANKSGIVING
12:30 Bowling/Yankee	1:00 Movie/Living Room	12:00 Welcome	DAY	HOLIDAY	HOLIDAY
Lanes	1:00 Bridge	Wednesday*	G		
1:00 Chair Yoga	3:00 Learn to Use the	12:30 Cribbage			
1:30 Ping-Pong	Gym	1:00 Senior Swingers			
2:30 A Matter of	7:00 pm AA Meeting				
Balance			<u>↓</u> ↓		