



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
 <b>Lunch</b> Mon - Fri at 12:00 PM	9:00 Kripalu Yoga <sup>1</sup> 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) <b>1:15 YMCA Chair Yoga at the Center</b> 2:30 Super Senior Dance	8:30 Outdoor Super Sr. <sup>2</sup> Pickleball at JD Courts (No fee) 9:00 Veterans Coffee Connection 9:00 Knitting Class 9:30 Turn-up Garden Group 10:00 Hand & Foot Card Game 10:00 MS Lightning Warriors* 10:30 Age in Motion - I 1:00 Bridge	9:00 Gentle Yoga <sup>3</sup> 9:00 TKSC Walking Group 9:30 Cribbage 10:00 Dominos 1:30 Senior Singers 2:00 Mah Jongg 4:00 CVAH "Let's Talk" via Zoom 6:30 Yankee Bottle & Collectors' Club - KPL*	8:30 Outdoor Super Sr. <sup>4</sup> Pickleball at JD Courts (No fee) 9:00 Yoga Dance 9:00-12:00 Quilting 9:30 Turn-up Garden Group 10:30 Age in Motion - I 11:30 AH Blood Pressure Clinic 1:00 Book Club Meeting on: <i>Vanishing Act</i> Reading: <i>Old Friends</i> 1:15 Music Camp Series	9:00 Computer Help <sup>5</sup> 9:00 Video Chair Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm Bowling at Yankee Lanes (\$) <b>1:00 Jewelry Making</b> 1:15 Bingo	10:30 Age in Motion - I (ZOOM from home)		
7	9:00 Kripalu Yoga <sup>8</sup> 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) <b>1:15 YMCA Chair Yoga at the Center</b> 2:30 Super Senior Dance	8:30 Outdoor Super Sr. <sup>9</sup> Pickleball at JD Courts (No fee) 9:00 Veterans Coffee Connection 9:30 Turn-up Garden Group 10:00 Hand & Foot Card Game 10:30 Age in Motion - I 10:30 Crochet Class 1:00 Bridge 1:15 Talk with a Doc	9:00 Gentle Yoga <sup>10</sup> 9:00 TKSC Walking Group 9:30 Cribbage 10:00 Dominos 10:30 Age-in-Place & Fall Prevention 1:30 Senior Singers 2:00 Mah Jongg 4:00 CVAH "Let's Talk" via Zoom 5:00 21 Bar & Grill Fundraiser	8:30 Outdoor Super Sr. <sup>11</sup> Pickleball at JD Courts (No fee) 9:00 Yoga Dance 9:00-12:00 Quilting 9:30 Turn-up Garden Group 10:30 Age in Motion - I 1:15 Music Camp Series 5:00 AH Family and Friends Night "The Wild West - Rustic Rodeo"*	9:00 Computer Help <sup>12</sup> 9:00 Video Chair Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm Bowling at Yankee Lanes (\$) <b>1:15 Bingo</b>	10:30 Age in Motion - I (ZOOM from home)		
 <b>FLAG DAY</b> <sup>14</sup>	9:00 Kripalu Yoga <sup>15</sup> 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) <b>1:15 YMCA Chair Yoga at the Center</b> 2:30 Super Senior Dance	8:30 Outdoor Super Sr. <sup>16</sup> Pickleball at JD Courts (No fee) 9:00 Veterans Coffee Connection 9:00 Knitting Class 9:30 Turn-up Garden Group 10:00 Hand & Foot Card Game 10:30 Age in Motion - I 1:00 Bridge	9:00 Gentle Yoga <sup>17</sup> 9:00 TKSC Walking Group 9:30 Cribbage 10:00 Dominos 1:30 Senior Singers 2:00 Mah Jongg 2:00 Eating for a Healthy Gut 4:00 CVAH "Let's Talk" via Zoom	8:30 Outdoor Super Sr. <sup>18</sup> Pickleball at JD Courts (No fee) 9:00 Yoga Dance 9:00-12:00 Quilting 9:30 Turn-up Garden Group 10:30 Age in Motion - I 12:00 Langdon/Alpine Ice Cream Sundae Social 1:15 Music Camp Series	<b>JUNETEENTH</b> <sup>19</sup> 9:00 Computer Help 9:00 Video Chair Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) <b>1:00 Jewelry Making</b> 1:15 Bingo	10:30 Age in Motion - I (ZOOM from home)		
 <b>FIRST DAY OF SUMMER</b> <b>HAPPY FATHER'S DAY</b> <sup>21</sup>	9:00 Kripalu Yoga <sup>22</sup> 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) <b>1:15 YMCA Chair Yoga at the Center</b> 2:30 Super Senior Dance	8:30 Outdoor Super Sr. <sup>23</sup> Pickleball at JD Courts (No fee) 9:00 Veterans Coffee Connection 9:30 Turn-up Garden Group 10:00 Hand & Foot Card Game 10:30 Age in Motion - I 10:30 Crochet Class 1:00 Bridge 1:15 DIY Organic Bug Spray Workshop	9:00 Gentle Yoga <sup>24</sup> 9:00 TKSC Walking Group 9:30 Cribbage 10:00 Dominos 1:30 Senior Singers 2:00 Mah Jongg 4:00 CVAH "Let's Talk" via Zoom 5:00 Trivia Night	8:30 Outdoor Super Sr. <sup>25</sup> Pickleball at JD Courts (No fee) 9:00 Yoga Dance 9:00-12:00 Quilting 9:30 Turn-up Garden Group 10:30 Age in Motion - I 1:15 CVAH Social - Coffee & Conversation at the Center	9:00 Computer Help <sup>26</sup> 9:00 Video Chair Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) <b>1:15 Bingo</b>	10:30 Age in Motion - I (ZOOM from home)		
28	9:00 Kripalu Yoga <sup>29</sup> 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at Yankee Lanes (\$) <b>1:15 YMCA Chair Yoga at the Center</b> 2:30 Super Senior Dance	8:30 Outdoor Super Sr. <sup>30</sup> Pickleball at JD Courts (No fee) 9:00 Veterans Coffee Connection 9:30 Turn-up Garden Group 10:00 Hand & Foot Card Game 10:30 Age in Motion - I 1:00 Bridge 5:45 pm Swamp Bats Pink in the Park	 <b>EAT WELL!</b> Weds June 10 5pm to closing 10% of the proceeds go to Libations on Location The Keene Senior Center & Cheshire Village at Home					