

# Friendly Meals Menu

September 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p><b>HOLIDAY NO MEALS SERVED</b></p>	<p>2</p> <p>Pork loin w/ sauce Mashed potatoes Spinach Wheat biscuits Pears</p>	<p>3</p> <p>Chicken breast cacciatore Rotini Noodles Oregon blend vegetables w/ beans Wheat bread Applesauce</p>	<p>4</p> <p>Shepard's pie w/ ground turkey &amp; corn Carrots &amp; cabbage Wheat bread Applesauce</p>	<p>5</p> <p>Chicken marsala w/ mushroom sauce Diced potatoes Marsala sauce Peas &amp; onions Potato roll Fruit cocktail</p>
<p>8</p> <p>Spaghetti &amp; meatballs in marinara sauce Winter mixed vegetables Wheat bread Red grapes</p>	<p>9</p> <p>Vegetable southwest egg bake Green beans w/ black beans Cauliflower Wheat bread Pumpkin raisin cookie</p>	<p>10</p> <p>Chicken, corn &amp; potato stew Crackers Oregon blend Wheat roll Apple birthday cake</p>	<p>11</p> <p>Cavatappi w/ cheese Brussel sprouts Diced carrots Wheat bread Mandarin oranges</p>	<p>12</p> <p>Cold sliced turkey Cheddar cheese Three bean salad Coleslaw w/ pineapple Wheat hamburger roll Pears</p>
<p>15</p> <p>Stuffed Chicken breast w/ sauce Mashed potatoes Glazed beets Wheat roll Vanilla fluff w/ blueberries &amp; strawberries</p>	<p>16</p> <p>Swedish steak w/ mushroom sauce Seasoned penne pasta Broccoli Wheat bread Peaches</p>	<p>17</p> <p>Turkey tetrazzini Scandinavian vegetables Wheat roll Pineapple tidbits</p>	<p>18</p> <p>Chicken n' wheat biscuit Mashed cauliflower Peas &amp; carrots Apple &amp; berry crisp</p>	<p>19</p> <p>Minestrone Soup w/ beef Crackers Broccoli florets Wheat roll Peaches w/ yogurt</p>
<p>22</p> <p>Meatloaf w/ gravy Mashed potatoes Diced carrots w/ dill Wheat roll Pears</p>	<p>23</p> <p>Pork stew w/ vegetables Brussel sprouts Wheat biscuit Fruit cookies</p>	<p>24</p> <p>BBQ beef steak Baked beans Chopped broccoli w/ diced carrots Wheat roll Vanilla pudding &amp; peaches</p>	<p>25</p> <p>Roast pork w/ gravy Boiled potatoes w/ parsley Butternut squash Wheat bread Cookie bar w/ dates &amp; raisins</p>	<p>26</p> <p>Beef burgundy w/ mushrooms &amp; onions Rotini noodles Whole beets Wheat bread Melon</p>
<p>29</p> <p>Macaroni &amp; Cheese Spinach Sliced carrots Wheat bread orange</p>	<p>30</p> <p>Pork riblet w/ au jus Mashed yams Green beans Potato roll Applesauce</p>			

Milk and bread are served with meals. A dietetic dessert is available upon request. The menu is subject to change.