The Keene Senior Center

## JUNE

2025

N'H GIVES GIVE BACK! JOIN YOUR COMMUNITY JUNE 10-11, 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Mon - Fri at 12:00 PM	9:00 Kripalu Yoga 2 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$) 1:15 Chair Yoga	9:00 Super Senior 3 Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 10:30 Hand & Foot Game 1:00 Bridge, Hand & Foot Game 2:00 Movie: <i>Max</i>	9:00 Gentle Yoga 4 10:00 Cribbage 11:00 Dominos 1:30 Senior Center Singers 4:00 CVAH "Let's Talk" via Zoom	9-12:00 Quilting Class 5 9:00 Super Senior Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 1:00 Book Club Meeting: Discussing: The Orphan's Guilt Reading: Bury the Lead 1:15 Hike to Alive: An Epic Poem of Trauma and Transformation	9:00 Computer Help 6 10:30 Age in Motion - II 10:00 am & 1:00 pm Bowling at YL 1:00 Jewelry Making 1:15 Bingo	7 10:30 Age in Motion - I (ZOOM from home)
*	9:00 Kripalu Yoga 9 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$) 1:00 Card Making 1:15 Chair Yoga	9:00 Super Senior 10 Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 10:30 Hand & Foot Game 1:00 Bridge, Hand & Foot Game 2:00 Movie: After The End	9:00 Gentle Yoga 11 10:00 Cribbage 11:00 Dominos 1:30 Senior Center Singers 4:00 CVAH "Let's Talk" via Zoom	9-12:00 Quilting Class 12 9:00 Super Senior Pickleball at Keene Rec (\$) 10:30 Age in Motion -   1:15 Musical Father's Day Special with Mark Lanen 1:30 CVAH Social - Book Swap - Butterfly Park 5:00 AH Friends and Family Night*	9:00 Computer Help 13 10:30 Age in Motion - II 10:00 am & 1:00 pm Bowling at YL 1:15 Bingo 5:30 Swamp Bats Ribby Gate (Tailgate) at KHS	FLAG DAY 14 10:30 Age in Motion - I (ZOOM from home) 10:00-4:00 pm Monadnock Business & Community Expo at Keene Ice Arena
FATHER'S	9:00 Kripalu Yoga 16 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$) 1:15 Chair Yoga	9:00 Super Senior 17 Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 10:30 Hand & Foot Game 1:00 Bridge, Hand & Foot 2:00 Movie: <i>The Life List</i>	9:00 Gentle Yoga 18 10:00 Cribbage 11:00 Dominos 1:30 Senior Center Singers 3:30 "Feed Your Soul" Art Gallery Opening 4:00 CVAH "Let's Talk" via Zoom	9:00-12:00 Quilting Class 9:00 Super Senior Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 12:15 Trivia (at lunch) 1:15 KCO Woodwind Concert	9:00 Computer Help 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$) 1:00 Jewelry Making 1:15 Bingo	21 10:30 Age in Motion - I (ZOOM from home)
*	9:00 Kripalu Yoga 23 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$) 1:15 Chair Yoga	9:00 Super Senior 24 Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 10:30 Hand & Foot Game 1:00 Bridge, Hand & Foot Game 2:00 Movie: One of Them Days	9:00 Gentle Yoga 25 10:00 Cribbage 11:00 Dominos 1:30 Senior Center Singers 4:00 CVAH "Let's Talk" via Zoom	9:00-12:00 Quilting 26 Class 9:00 Super Senior Pickleball at Keene Rec (\$) 10:30 Age in Motion - I 1:15 NAMI NH Loneliness/Self-Care Seminar	9:00 Computer Help 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$) 1:15 Bingo	28 10:30 Age in Motion - I (ZOOM from home)
* · 29,  * · * +  * · * * +  * · * * *  * · * *	9:00 Kripalu Yoga 30 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$) 1:00 Card Making 1:15 Chair Yoga					