



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <b>Mon - Fri at 12:00 PM</b>	9:00 Kripalu Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$)           1:15 Chair Yoga	9:00 Super Senior Pickleball at Keene Rec (\$)           10:30 Age in Motion - I <b>10:30 Hand &amp; Foot Game</b> <b>1:00 Bridge, Hand &amp; Foot Game</b> <b>2:00 Movie: Max</b>	9:00 Gentle Yoga <b>10:00 Cribbage</b> <b>11:00 Dominos</b> 1:30 Senior Center Singers <b>4:00 CVAH "Let's Talk" via Zoom</b>	9-12:00 Quilting Class 9:00 Super Senior Pickleball at Keene Rec (\$)           10:30 Age in Motion - I <b>1:00 Book Club Meeting:</b> <b>Discussing: The Orphan's Guilt</b> <b>Reading: Bury the Lead</b> <b>1:15 Hike to Alive: An Epic Poem of Trauma and Transformation</b>	9:00 Computer Help 10:30 Age in Motion - II 10:00 am & 1:00 pm Bowling at YL 1:00 Jewelry Making 1:15 Bingo	10:30 Age in Motion - I (ZOOM from home)
	9:00 Kripalu Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$)           1:00 Card Making 1:15 Chair Yoga	9:00 Super Senior Pickleball at Keene Rec (\$)           10:30 Age in Motion - I <b>10:30 Hand &amp; Foot Game</b> <b>1:00 Bridge, Hand &amp; Foot Game</b> <b>2:00 Movie: NH GIVES After The End</b>	9:00 Gentle Yoga <b>10:00 Cribbage</b> <b>11:00 Dominos</b> 1:30 Senior Center Singers <b>4:00 CVAH "Let's Talk" via Zoom</b>	9-12:00 Quilting Class 9:00 Super Senior Pickleball at Keene Rec (\$)           10:30 Age in Motion - I <b>1:15 Musical Father's Day Special with Mark Lanen</b> <b>1:30 CVAH Social - Book Swap - Butterfly Park</b> <b>5:00 AH Friends and Family Night*</b>	9:00 Computer Help 10:30 Age in Motion - II 10:00 am & 1:00 pm Bowling at YL 1:15 Bingo <b>5:30 Swamp Bats Ribby Gate (Tailgate) at KHS</b>	<b>FLAG DAY</b> 10:30 Age in Motion - I (ZOOM from home) <b>10:00-4:00 pm</b> <b>Monadnock Business &amp; Community Expo at Keene Ice Arena</b>
 <b>HAPPY FATHER'S DAY</b>	9:00 Kripalu Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$)           1:15 Chair Yoga	9:00 Super Senior Pickleball at Keene Rec (\$)           10:30 Age in Motion - I <b>10:30 Hand &amp; Foot Game</b> <b>1:00 Bridge, Hand &amp; Foot Game</b> <b>2:00 Movie: The Life List</b>	9:00 Gentle Yoga <b>10:00 Cribbage</b> <b>11:00 Dominos</b> 1:30 Senior Center Singers <b>3:30 "Feed Your Soul"</b> <b>Art Gallery Opening</b> <b>4:00 CVAH "Let's Talk" via Zoom</b>	<b>JUNETEENTH</b> 9:00-12:00 Quilting Class 9:00 Super Senior Pickleball at Keene Rec (\$)           10:30 Age in Motion - I <b>12:15 Trivia (at lunch)</b> <b>1:15 KCO Woodwind Concert</b>	<b>FIRST DAY OF SUMMER</b> 9:00 Computer Help 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$)           1:00 Jewelry Making 1:15 Bingo	10:30 Age in Motion - I (ZOOM from home)
	9:00 Kripalu Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$)           1:15 Chair Yoga	9:00 Super Senior Pickleball at Keene Rec (\$)           10:30 Age in Motion - I <b>10:30 Hand &amp; Foot Game</b> <b>1:00 Bridge, Hand &amp; Foot Game</b> <b>2:00 Movie: One of Them Days</b>	9:00 Gentle Yoga <b>10:00 Cribbage</b> <b>11:00 Dominos</b> 1:30 Senior Center Singers <b>4:00 CVAH "Let's Talk" via Zoom</b>	9:00-12:00 Quilting Class 9:00 Super Senior Pickleball at Keene Rec (\$)           10:30 Age in Motion - I <b>1:15 NAMI NH Loneliness/Self-Care Seminar</b>	9:00 Computer Help 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$)           1:15 Bingo	10:30 Age in Motion - I (ZOOM from home)
	9:00 Kripalu Yoga 10:30 Age in Motion - II 10:00 am & 1:00 pm - Bowling at YL (\$)           1:00 Card Making 1:15 Chair Yoga					