



Karate Hillhurst, Karate Cranston
Under the Direction of Richard D. Fossey, 8th Degree Black Belt
www.ldkfoundation.com

EMERGENCY ACTION PLAN: KARATE CRANSTON

Emergency: **911**

Charge Person

- Richard Fossey
 - 403-615-6583
 - richard@rftfgroup.com

Backup 1

- Trudy Fossey
 - 403-874-1550
 - trudy@rftfgroup.com

Backup 2

- Jeff Schwab
 - (403) 771-0649
 - jeffschwab007@hotmail.com

Call Person

- Trudy Fossey
 - 403-874-1550
 - trudy@rftfgroup.com

Backup 1

- Jeff Schwab
 - (403) 771-0649
 - jeffschwab007@hotmail.com

Location Address

- Karate Cranston
 - Dr. George Stanley School
 - 585 Cranston Dr SE Calgary AB T3M 0J4

Nearest Hospital

- South Health Campus
- 4448 Front St SE, Calgary, AB T3M 1M4
- Switchboard: 403-956-1111

Emergency Services on-site

- There is a defibrillator on-site

Checklist

- Location of phones are identified
- Emergency phone numbers are listed
- Cellphone battery is charged
- Change is available for pay phone calls

Facility Manager

- Caretaker Staff

Directions to Hillhurst-Sunnyside Community Association (HSCA)

- Dr. George Stanley School is located on the corner of Cranston Drive SE and Cranston Road SE. The entrance to the parking lot is off Cranston Road SE directly across from Cranston Drive SE. The main entrance to the school is on the west end of the school on the south side of the building adjacent to the flagpole on the south side of the west end of the building. After hours entrance at the main door may be restricted. A buzzer to call the Caretaking staff is located at the main entrance.

Charge Person Responsibilities

1. Conduct an initial assessment of the injury.
2. Designate someone to watch the other participants (stop all activities and ensure all participants are in a safe area if nobody is available to supervise).
3. Wait with the injured participant and help keep them calm until emergency medical services arrive and conduct their assessment of the injury.
4. Record the injury using the Incident Report Form.

Call Person Responsibilities

1. Call for emergency help (911).
2. Provide all necessary information to dispatch.
 - a. The facility location
 - b. The closest access door to the injured participant
 - c. The nature of the injury
 - d. A description of first aid that has been performed
 - e. Other medical information, such as allergies or medical conditions
3. Clear any traffic from the facility entrance or access road before the ambulance arrives.
4. Wait by the entrance to direct the ambulance.
5. Call the participant's emergency contact person.
6. Assist the charge person as needed.