



# 3-Month Declutter Plan

## *Five Steps*

A 3-month decluttering plan can be a great way to gradually tackle the task of organizing and simplifying your living space. Here's a suggested breakdown.

# Month 1: Clearing the Surface

Week 1-2: Focus on Common Area  
Spaces and Main Rooms

Step **1**

## Week 1: Living Room

- Day 1: Remove unnecessary items from surfaces (coffee tables, shelves).
- Day 2: Sort through and declutter books, magazines, and DVDs.
- Day 3: Organize electronics and cords.
- Day 4: Clean and dust all surfaces.
- Day 5: Rearrange furniture for better flow.

## Week 2: Kitchen

- Day 6: Clear countertops of unnecessary appliances and items.
- Day 7: Sort through and declutter pots, pans, utensils, and dishware.
- Day 8: Check expiration dates and declutter pantry and fridge.
- Day 9: Clean all appliances and surfaces.
- Day 10: Organize cabinets for easier access.

# Month 2: Closets, Drawers, and Storage Areas

Week 3-4: Focus on Secondary Rooms  
& Organizational Systems

Step 2

## Week 3: Bedrooms and Closets

- Day 11: Sort through and declutter clothes and shoes.
- Day 12: Organize closet space with bins, hangers, and shelves.
- Day 13: Clear out under the bed and declutter drawers.
- Day 14: Clean and vacuum bedroom areas.

## Week 4: Bathrooms and Storage

- Day 15: Declutter toiletries, cosmetics, and medications.
- Day 16: Organize bathroom cabinets and storage.
- Day 17: Clean and sanitize bathroom surfaces.
- Day 18: Address any storage areas (garage, attic, basement).

# Month 3: Fine-Tuning and Maintenance

Week 5-6: Final Touches and Maintaining Order

Step 3

## Week 5: Return to Common Areas

- Day 19: Address any remaining clutter or overlooked areas.
- Day 20: Make any necessary repairs or touch-ups.
- Day 21: Evaluate the flow of traffic and rearrange if needed.
- Day 22: Deep clean common areas.

## Week 6: Establish a Routine

- Day 23: Create a system for daily tidying and cleaning.
- Day 24: Implement a weekly cleaning schedule.
- Day 25-28: Monitor and adjust as needed.

# Additional Tips:

## *Step* **4**

- **Donate and Recycle:** Throughout the process, set aside items to donate or recycle. This helps reduce waste and benefits the community.
- **Avoid Overloading:** Don't try to tackle too much at once. Focus on small sections to avoid feeling overwhelmed.
- **Consider Sentimental Items:** If you have sentimental items, allocate specific time to go through them and decide what to keep, display, or let go of.
- **Stay Organized:** Invest in organizational tools like bins, shelves, and storage containers to maintain order.

**Be kind to yourself. Remember, everyone's pace is different, so adjust this plan as needed. The key is to make steady progress and maintain the improvements you've made. Happy decluttering!**

*Step*  
**5**

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