

A Plymouth tradition since 1968

The New Year's Edition 2025

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5 Tips for Sticking to Your New Year's Resolution



id you make a New Year's resolution? Whether you vowed to run a marathon or save more money in 2025, these tips can help you stick to it.

1) Be specific. Instead of saying you want to be healthier in 2025, resolve to pack a healthy lunch five days each week or replace your daily soda with water.



- 2) **Put it in writing**. Write down your resolution on a piece of paper. Then, put that piece of paper somewhere where you'll see it often, like on the bathroom mirror or the bulletin board next to your computer.
- 3) Make it public. Don't keep your resolution a secret!
 Tell your family and friends about it so they can offer their support and encouragement. You may even find that one of your loved ones has a similar resolution, and you can work to hold each other accountable.
- 4) Track your progress.

 Keep a journal of your progress. Seeing how far you've come will encourage you to keep going.



5) Go easy on yourself. Did you vow to hit the gym three days per week but only make it twice last week? Don't let one slip-up completely derail your resolution. Instead, dust yourself off and get back on the wagon next week.

Why Renters Insurance Matters

Many renters mistakenly believe their landlord's insurance covers their belongings, but this isn't the case. Renters insurance is essential and often affordable protection for tenants, covering far more than you might expect.

Affordable and Comprehensive

Renters insurance is inexpensive, costing only a few dollars a month since it doesn't cover the building, just your belongings and liability. Even if you think your possessions aren't valuable, consider replacing essentials like furniture, electronics, and clothing—it's

estimated the average renter owns \$35,000 worth of belongings.



Unexpected Coverage

Policies cover more than just fire, theft, or water damage. Your items may also be protected outside your home, such as a stolen laptop from your car or a lost phone on vacation. Renters insurance includes liability coverage, which can help cover medical expenses if someone is injured in your home.

Additionally, it can cover

temporary living expenses if your home becomes uninhabitable due to a disaster, easing financial stress during emergencies.

Easy and Flexible

Renters insurance is simple to obtain. Most insurance providers offer quick setup, and it can often be bundled with car or life insurance for added savings. If required by your landlord, proof of coverage is typically available instantly.

For those already insured, reviewing your policy can reveal additional options for high-value items like electronics or jewelry.

In the end, renters insurance provides peace of mind and a financial safety net. Don't wait for disaster to strike—secure your coverage today!



Did You Know These 9 Facts About February?

ebruary, the second month of the year, holds a unique position in the calendar and is rich with historical, cultural, and astronomical significance. Here are some notable facts about February:

CALENDAR AND TIME

- 1. **Shortest Month:** February is the only month with fewer than 30 days, typically lasting 28 days. Every four years, during a leap year, it has 29 days to align the calendar with the Earth's orbit.
- 2. **Leap Year Significance:** February 29, also known as Leap Day, occurs every four years. People born on this day are called "leaplings" or "leapers." A E.S



HISTORICAL EVENTS

- 3. Black History Month: In the United States and Canada, February is designated as Black History Month to honor the contributions and history of African Americans and other people of African descent.
- 4. Valentine's Day: Celebrated on February 14, this day honors love and affection, rooted in both ancient Roman traditions and Christian martyrdom.
- 5. **Presidents' Day (USA):** Observed on the third Monday of February, this federal holiday honors past U.S. presidents, particularly George Washington and Abraham Lincoln.

ASTRONOMICAL AND SEASONAL FACTS

- 6. Winter or Summer: February is typically associated with winter in the Northern Hemisphere and summer in the Southern Hemisphere.
- 7. Zodiac Signs: February's zodiac signs are Aquarius (January 20–February 18) and Pisces (February 19-March 20).

MISCELLANEOUS

- 8. Symbolism: February's birthstone is the amethyst, symbolizing clarity and peace, while its flowers are the violet and primrose, representing humility and modesty.
- 9. Historical Milestones: The Treaty of Guadalupe Hidalgo was signed in February 1848, ending the Mexican-American War and ceding large territories to the U.S.

These characteristics make February both unique and culturally rich!

Winter Is Here Reminders to Keep You Safe

hen the ground is blanketed in snow, it often brings slippery surfaces, heavy snow equipment, and a few extra blind spots. It's the season to exercise caution and be mindful of your speed and neighbors as you navigate our winter wonderland. Your efforts in keeping a watchful eye and cruising carefully contribute significantly to maintaining our property as a safe and serene oasis.

During freezing temperatures, make sure you are doing what you can to safeguard your home against freezing pipes. When outdoor temperatures are below freezing (32 degrees), your heat should



remain on, even when you are not home. It is recommended to maintain a minimum temperature of 62 degrees throughout the winter. Remember to leave cabinets containing plumbing slightly ajar to ensure proper air circulation. Still water is more likely to freeze; be sure to maintain a minimal, continuous drip from any faucet, especially while you're away. We look forward to a warm and leak-free remainder of winter.

Do You Love Living Here at The Summit?

Tell a friend! They must use your name in their contact with the office. We offer \$500 per new lease.



LOCAL EVENTS https://seeplymouth.com

This website will lead you to all Happenings around Plymouth.

n an effort to improve both your living quality and our ability to work more efficiently, we kindly ask that you notify us of any maintenance relate issues during normal

business hours.

Be sure to utilize our emergency

dispatch number, (508) 746-2323, for critical incidents that occur outside normal business hours. Incidents include, but are not limited to water issues, no heat, clogged toilet, etc. Do NOT USE THE PORTAL FOR EMERGENCIES.