

Mirrors for Reflection

Theater of Everyday Life

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MIRRORS FOR REFLECTION

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Reflections on Faith

King and Prophet

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Theater of Everyday Life

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The Anti-Personality

The Battle Between Good and Evil

Competitive

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Reflections on Faith - Extended Edition

Into the Heart Meditation Technique

The surrounding environment could be one of many possible landscapes, as there are innumerable landscapes available to us. Some are as large as the starry sky, as peaceful as a shimmering lake, or as energetic as elementary particles. We tend to assume the concrete nature of our surroundings. However, in this book, we will discuss the “gate” or “door” that resides deep within your heart and leads to fields of conscious awareness, and how that awareness is projected back onto the environment. This gate or door is in the vagus nerve in the heart. The heart beats in rhythm with the consciousness and in coherence with the physical arrangement of the universal energy.

This conscious awareness remembers the positive, neutral, and negative charges emerging in the world when the heart pulses back into the emotional mind. Through the activity of the neurons in our brains, we mentally calculate probabilities and experience our surroundings as discrete particles built and arranged into physical forms. The energetic elementary particles reflect the peaceful lake, and the peaceful lake reflects the starry sky. The mind makes this universe real.

Let us continue to develop our understanding through a mind-body practice. I will introduce a short mantra for you to repeat while incorporating a relaxation technique. This practice will help you monitor the vagal tone of your heart with a renewed focus on your breath.

- Find a quiet place to sit and relax. Let your breathing

slow. Let each breath fill your lungs.

- When your breath is flowing evenly, gently guide your focus to the top of your head. Imagine your skull and brain. Visualize the neocortex, the outer layers of your brain, focusing on all the folds and ridges, as if you could see them with the mind's eye.
- Imagine your brain becoming enveloped by energy. Let this energy lightly “squeeze” or “flex” the brain with a gentle compression, not a harsh grip. You are bringing your conscious awareness fully to the brain. Focus on the different areas of your brain, working together as a whole, to recognize your consciousness in this moment.
- Introduce the mantra “I Am.” On your next inhale, silently say to yourself, “I.” On the exhale, say, “Am.” Let the words flow naturally with the rhythm of your breath.
- With each repetition, imagine gentle, warm pressure on the brain. This mental “squeeze” focuses on heightening your cognitive power and emotional stability. Each “I Am” reinforces your clarity, presence, and sense of self.
- Let the feeling of calmness and strength expand from your brain throughout your spine, heart, and body. Let your focus flow down into the heart.

- Let an imaginary pole in your heart flip itself over repeatedly until it steadies itself. Think of different people, and see how the pole reacts, revealing your heart's perspective.
- When you are ready, slowly return your attention to the space you are in. Carry this calm "I Am" presence with you into the day.

Part One

Mind & Ego

The door to Heaven on Earth was inside me, waiting to be unlocked. But, either I didn't know it was there, or I had convinced myself not to look. Until now, my life had been filled with restless dreams, plagued by doubt, overwhelmed and outmaneuvered by my own actions and thoughts. I had been fighting myself, and defeating myself. But it was the only way I'd known in this life.

I spent a lifetime erecting walls around myself and ensuring that they were secure enough to protect me, but I didn't realize that I had built my own prison. I had kept every mirror shrouded in cloth, as I was confident in my posture and my actions, and I stood ready to defend them. When finally I turned to face the truth, to face myself in the hazy glass of a large, dark mirror, I didn't find a familiar image looking back at me.

In that moment, as I looked, the walls and everything else around me disappeared. I strained to see anything but endless space. Through the smoke-filled void, I saw a serpentine silhouette. A dark, scaly figure unfurled its wings and writhed and roared, though whether its thunderous bellow was in anguish or anger, I didn't know. The creature's scowl sent me cowering to the floor and crawling backward in search of a safe haven. When the smoke cleared, I found there was nothing I could hide behind in this empty space, not even a shadow I could use for cover. There was nothing but the mirror, and the creature hovered in front of it.

The figure's form became clear as the smoke dissolved – a dragon, towering over me, seeming to fill the endless void with its body and massive wings. My heart pulsed like rapid fire, sending fear radiating throughout my body.

The dragon's eyes caught my stare, and I dared not look away. It suddenly swooped its head down toward me. When it roared again, I saw its long, sharp teeth and its forked tongue, and I felt the dry heat of its breath over my entire body.

"Author," snarled the dragon, "you cannot evade me. You could run to the ends of the Earth, but you cannot hide from me."

I steadied my breath, but my body remained locked in a crouched, defensive stance. I did not cede my trust, but since I could not discern a way out of the void, I heeded the dragon's warning.

"There was a time when all things good were present in the heavens. But the serpent orchestrated the fall of Adam and Eve. The serpent suggested to them that man had the power to understand all things godly. You know that the serpent was foolish, and it hid from the Eternal Father. Yet, you have not asked much more than forgiveness for your own fall from grace when acting foolishly. You have not asked what you will receive, based on your actions throughout life, but the self-assurance that keeps you from seeking this answer should be seen for the hubris that it is."

The dragon continued, "You see that the fall of Adam and Eve was brought about by their desire to understand God in their world. And God allowed this, and He allowed the serpent to follow into this universe. You are made of that lineage. You are not an angelic being that manifests from the heavens. You

are a human. And in the lifetime you have, you need and want certain outcomes. You, like all other humans, are ambitious because there is competition. And, like all other humans, like Adam and Eve, you are fallible.” His eyes narrowed at me, and his nostrils flared in revulsion. “Corruptible.”

I measured myself against the dragon’s accusations, which I found were already deeply rooted in my understanding, even though such words had not been charged against me before.

“Listen to me this day, Author. These words will reveal your ego, which you are driven by. The ego is nothing more than the collection of aspirations you impose upon yourself. That ego, then, is the cure you administer for your own self-induced shame. Then, as you are unaware of your transgression, you continue the cycle. You are willing to endow your subconscious with magnificent moral inclination, only to then sharpen your gaze on your aspirations, putting ego before your spiritual vitality. But this deprives you of the control that you need to have over your emotional desires to determine how the spiritual subconscious should be reflected in your life.”

He said, “Your thoughts are ego-centric. And while these thoughts convey your honest notions to yourself and others, they are keeping you away from the higher truth and connection with a heavenly life. Do you have an ounce of faith that you will go anywhere in your ambitions if you see your ego as being centered in your mind and thoughts? Let me dispel you of that delusion. The universe of your creation, the universe you would like to shape and form in your imagination, would not be sensual.”

He shook his head, gravely. “It is a shame, Author, because you could be a great and wise leader. Yet, you sit in meditation

and wait for God to guide you in everything you do. You imagine the savior, Jesus Christ, returning. You wait and perceive your ego as something much more important than it is. Your emotions have become suggestable to the subconscious, and you have lost control over your logic. Your honesty is refreshing to many. But it leaves you open to temptation and other people's craft. You are a target for your competitors, as you will play into their games just like how you behave in spiritual confession. I want you to know, Author, that type of life will not change many people or lead many to a new worldview of Christianity."

The dragon continued, "Author, you are not a spiritual monk. You are not a pastor. You are not even as noble as you would like to think. You have a lot of confidence in your own words because you listen to your heart. But living by a heart-centric code is a risky game to play."

The dragon then let out a deep wail that echoed through my soul. He became fixated on my eyes, and he stared into me with a penetrating gaze. It took every ounce of courage I had to reflect the gaze back at him. The dragon nodded silently. He seemed to confirm in his own mind what he had thought.

I felt emboldened by this display of what I thought to be his approval. "I will discover the higher truth," I avowed. "It is God's Word that I live by, and I will not fall prey to the schemes of my competitors or even the Devil."

He laughed at this point. "Author, you will never succeed in thwarting the Devil. His pain is intense, and his determination fierce. The Devil may not use his full intensity against you in your lifetime, here and now. But in the worlds away from what is seen and experienced, that serpent does exist."

He looked down at me again. "You may find it odd that I would give you any assistance that would bring you closer to the Lord. And if you search throughout all the universes, you may not find an answer that satisfies you. But that should not be your focus. Listen to my words, Author. To understand God in Heaven fully, you must awaken to your masculinity. Your mirror opposite traits seem to you to be forbidden fruit, as they are the nectar of God. However, as you embrace these unfamiliar feelings and actions, you will develop inclinations of discipline and protection through masculinity.

"Without knowing why, or understanding the consequences, you have created an alter ego for yourself. As you projected this alter ego outward and honed your behavior according to strategy you thought to be purposeful, you became the epitome of humanness.

"Your conscious reality still continues to recede into memories. And you should allow this to continue, as it is through memory that you will understand what truly is important to God for your life. Your mind will make your lessons real, and the life around you a dream.

"Author," said the dragon, "I play my games of conquest to find a hero to learn from. I will learn from you and help you in your humanity. And by helping you, I can show my repentance to God. These wars in the world between mankind are of my creation. But to elevate your conscious understanding and watch you become a righteous leader would be a proud moment for me.

"Do not mistake my help as unconditional, though. You will be under my watch. And if you betray me, I will have your soul tempted by the shadows. For now, you do not have to fear

the hellish world I have reserved for you. But do not be tempted to be used as a tool for the elite. And do not be tempted to become overly powerful yourself. You want to be feared and loved the same.”

He moved toward me, slowly. “Author, do you accept this challenge?”

I knew he had taken many souls to his side. And, although it sounded like his intentions were sincere, I felt like he could not fully be trusted. I looked deep into the dragon’s eyes. Through them, I could see that he had fire and brimstone raging in the pit of his stomach. As I opened my mouth and prepared to give my answer, the dragon looked upward to the heavens and shrieked. I was startled, more by the abruptness than by the sound itself, as it seemed to be a reaction to something internal rather than a threat directed at me. I quickly understood that the dragon did not intend me any harm in that moment. I felt that the dragon understood my motivations as well.

As the echoing shriek rippled off into the void, the dragon regained his composure. Then, after a moment of contemplation, he turned to acknowledge me. His demeanor appeared different than it had before. He looked at me with curiosity rather than contempt. He settled into position, seated upright, then he smiled. As the dragon straightened its posture, I sensed that I could let go of the fear I was harboring, and I straightened my posture as well.

“I have watched you, Author. I have witnessed your transformation. And I have learned a great deal from you.”

I heard the words as if they were coming from my mind at the same time the dragon said them. Although their meaning was not clear to me, I knew them to be true.

The dragon laughed. "You do not know how this is possible, as our encounter has been brief, and your true transformation has not yet begun. But you do not yet understand the nature of time. You will, if you desire to know, and if you listen. And, as you have empowered me with understanding, I will teach you how to become who you want to be in this life."

He shifted again in his position, and he looked deep into my eyes. "Let me explain. There is another world awaiting you. I will guide you initially on this quest to understand how to command yourself. You will be able to manage your emotions and strategically embed a layer of imagination, this being your new alter ego, between yourself and the surroundings. This layer is where the pain you so shamefully accept as the result of being irresponsible and meek can have space to change and evolve."

He looked at me as if he knew what I was thinking. He leaned back slightly and nodded to himself. "You are unsure whether you will recognize when you have begun to gain control of your life, as you were convinced that you had a measure of control before. The way we would recognize the control is the same way we would perceive a reconciliation with the conscious. Let me explain something to you, Author. Let me explain how the spiritual subconscious worked to connect you in spirit with all things heavenly. And how it works to protect the heavens, but it does not necessarily protect you from pain.

"Author, the workings of the subconscious are complicated, as it divides you from the reality of your surroundings. The

subconscious is an energy or spirit that has been on this earth for many thousands of years, existing as part of this earth. You have evolved with this subconscious spirit. The access to it is in the universes. It remains subdued and reactive, ever suggestible to the actions you perceive.

“Those words that you perceive in the subconscious are real. The thoughts and actions that manifest the world are your interpretations, filtered through your sense-making processes. Intuitively, you understand me in your imagination as a character of religion. You see me as a source of wisdom and glory, helping navigate your life. You must not rely on me for protection, though. Protection will come from the space you create for your imagined alter ego. You must put in front of you the life force of who you would rather be. And in time, that protective stance will become deeply embedded within your ability to be consciously aware in your senses.

“Now, Author, I want you to understand that there is a lineage in you waiting to be recognized. The humanity and spirituality of those you evolved from, your spiritual family, remains within you. And their fierceness, which is perpetuated through this lineage, will be a great advantage. It spurs action. Acting in your lifetime is competitive, protective, and worthwhile, if you can take the helm and decisively steer those emotions. Your subconscious should never drive your ambitions, as it jumps to conclusions concocted by the imagination. This will cause you to become jaded, or impulsive, or both. And it will irritate other people.”

The dragon raised itself, pleased with how the conversation was going. I could tell it set lofty goals for me. I just didn't

know what those goals would be yet, or which of those I would impose upon myself.

“Author, you are able to pick up on many sensitive emotions from others and yourself. You are a fine instrument, attuned to the Words of Heaven. This has been evident in your actions, which reflect those intuitive feelings. But I dare think that perhaps you can change over the course of our conversations.”

The dragon continued. “Author, if you were to pursue your ambitions, you would not be so sensitive to the emotions of others and compelled to react. You would imagine your alter ego and perceive your reaction differently. Author, this is the point of this story. The point is not to get back to Heaven. Nor is it to avoid a hellish life. It is to empower you to live a life of grand design, one that works within your everyday lifestyle. And, although you have shown great determination, your willingness to achieve is nothing to depend on. Your actions and sincere intentions to keep working through the heart to bring heavenly words to pass are not failsafe guards in life.

“Now listen to me, Author. You can imagine yourself valiant. You can imagine yourself sinister. You can be positive or negative. You may turn to logic and strategy. You can make friends or enemies of people. But it is important for you to understand that this is not about designing the proper and perfect way to live. The reason for creating a new alter ego is to foster your sense of worthiness. Yes, the heavens exist in your connection through the heart. And since you have that connection, you have already learned many lessons about grace and power. I would ask you to use those subconscious ideas of morality in developing your alter ego.

“However, it is up to you. Your subconscious will enable you to be anything you imagine yourself to be. I’ll prove it to you. You can create an entire world before yourself using your imagination. All you need to do is to understand logically how it will come to fruition from that image in front of you, and think backward.”

I began to strategize a world, and it immediately took shape before my mind’s eye. It was inhabited by people who resembled those I knew well and loved, but the environments were amalgamations of places I had seen and heard of.

The dragon smiled, knowingly. He mused, “Where is the resistance? There is no one but you blocking the path forward. Are you willing to sacrifice the energy and effort to make this world reality? Think about it, and let your subconscious take action to create this ideal lifestyle.”

I heard the dragon’s voice echoing from the void, but I continued to visualize the new world around me. Structures became more solid, and details became crisper.

“This is not magic. This universe that you perceive is just one of many that can possibly exist.”

“Will it become reality through prayer?” I asked.

“No.” He said. “The transformative effects of surrounding yourself with like-minded people exist in prayer circles. However, the community in your imagined world will build its culture over time based on who makes most of the decisions.”

The imaginary world dissolved around me, and the void appeared once again.

“Author,” said the dragon, “I interfered in your thoughts for reasons yet unknown to you. I will continue to challenge you to protect yourself from pain and torture in this lifetime.

Creating an alter ego would be the best way for you to compete and function in this life. You have talents.”

The dragon looked at the heavens and said, “In time, I will receive a message from the Heavenly Father. At that time, I will give you back to Jesus. I will not interfere with those spirits in the heavens who need you to work on their behalf. And in those moments when God truly functions within you, through your actions and writing, I will be supportive.”

“Author, there are good people who need to hear your words on developing the conscious-driven alter ego within themselves. I will guide you as you write this story so that this result may be achieved.”

The dragon then slowly shook his head. “Unfortunately, Author, one of the lines of communication between us has been severed. It was already too late to intervene when I heard the wailing and screams of those in your past who are now trying to arrange your downfall. You have tormented some, and in their estimation, you deserve unrest.” The dragon looked inquisitively at me. He continued, “The spiritual effects your actions will have on those people will be long-lasting, to be sure. And these memories remain in the subconscious, so even though your energy, in spirit, may have built some resistance to those ideas, you can still perceive the effects of the dormant anger lingering around you. These are shadows, and they fight you in the conscious realm.

“I will intervene with these shadows. They work as karmic forces of anger, frustrating your consciousness. If you do not distance yourself from this energy, it has long-lasting effects. You will continue to feel the angry energy until it manifests somehow in your life. Karma is not outpaced or overcome sim-

ply because you ignore it or pretend it to be something other than the retribution of those you have injured. Everyone has shadows to defend against. This is because life is competitive and the spirit endures across time.

“The shadows you have experienced have indeed been people’s energy, which you absorbed in life. They may have attributed their frustration, anger, or sorrow to something they have perceived to be your doing. But regardless of the shadows’ origins, you must experience that anger to justify it and move forward.”

The dragon then lowered its head and directed my attention to a gold scepter staff that had not been there just a moment before. “Author, take this staff. Hold it in your hands and experience all the frustration being alleviated. This staff will be a guiding rule over the shadows in your life. Your alter ego is one meant for leadership. You inherently know how to lead. This is because you strategize to achieve the results you see in yourself. You will not be intimidated by that angry energy that is directed at you.

“The competitive landscape of life is inescapable. And you may want to help others and make life more enjoyable for them, but you cannot always allow people to do as they wish just to please them. Their game in life is to achieve. And taking it upon yourself to help them advance simply because you are available in your lifetime does nothing more than satisfy their command. They will justify using your help to achieve greatness in their lifetimes, and still, they will justify their anger to themselves. They will control their destiny while you help them feel grand.

“Author, the heavens will protect you, but only to a certain point. They want the best for you and show you through your intuitive voice in your heart how to keep yourself safe. However, this staff will protect you in a way that will also compel you to deal with that energy in the space around you. You do not need to let that energy manifest in your life. You need to maintain boundaries. You need to protect your energy as you walk through life.”

Looking down at the scepter, the dragon said, “I have been telling you about your spiritual family, who are your guiding spirits in life. They will help you. Listen to that tribe of the spirit through this staff. Command their energy in a way that is purposeful to you. This golden staff is your power yet to be revealed.”

He sighed. “Author, you know that the world holds terrible inconveniences for you. The world has places, people, and things chosen from history and arranged by a ruling class. This is a rule of man that was made to promote the order they desire. The inconveniences then have been maintained in the world to keep you in a particular position. But using that strategy is not in your repertoire. It is, without a doubt, the manifestation of the command of many generations, emerging as part of the political culture.

“But even if that were not the case, there would still be challenges. Life is not painless. And it takes heart and courage to ask for a reprieve from karma. But those in the spiritual world aspire to help the people on earth. Therefore, you may feel powerful, even without having access to all the places, people, and things in the world. However, Author, you will find that to access the places, people, and things that are necessary

for you to achieve greatness, there will be a fight. That is because resources are scarce. And in the moments when the people who have command are confronted, they politicize the events in their stories told."

The dragon looked into my eyes once more. Solemnly, he said, "I would like you to know, Author, that you deserve the dreams you imagine. But when you strategize the final idea and logically work your way backward, you will find there are difficulties in commanding these places, people, and things. As you will soon learn, the subconscious understands where resistance occurs, who the people are who may intervene, and what the emotional incongruence is to your belief system. However, as you pursue your aspirations, the people in the real world will be increasingly competitive with you as you seek greater power.

"Author, because you are ambitious, you already have in you the confidence to strive for a greater endgame than other people. You are driven and intelligent. However, all the effort and good intent need a purpose. Until now, these have merely been a means for displaying your sheer mastery of talent."

The dragon touched the scepter, then looked at me thoughtfully. "Now, I must tell you that the subconscious boundary that the scepter staff presents you is of a spiritual nature. It is my guidance in spirit to you."

I nodded to show that I understood and that I was willing to follow the dragon's guidance.

"Good," the dragon said. "You will develop your alter ego now. This space is a belief in yourself. A belief that anything felt in spirit can be commanded by your conscious. You control yourself. Therefore, you command your logic and emotions. You will rule over what you allow to happen, and ultimately,

you will command your reactions to other places, people, and things.”

The dragon looked up at the heavens, saying, “Author, you will not be involved in anything you find oppressive. Protect yourself from the angry energy and remember those games that everyone plays. Your safety in life depends on how well you can discern what other people are pursuing for themselves. Your enjoyment is in the bonds of trust you have in your lifetime.

“Remember that not everyone strives to command in their lifetime. But they are still part of the culture of the places, people, and things over which command is maintained. Therefore, they are stable and meek. They may not ever be truly heard during their lifetimes, or even through a legacy, but they must still be considered in your perception and assessment of the games of strategy people play. They will be affected through the politics of the culture.

“Author, these ideas I shared with you are readily sensed by your awareness in the alter ego you command. The investment of mental energy to create your new alter ego will provide a protective space between your truest self and what others learn from you. Know that through this alter ego, you will be able to live out a world of your own imagination. This world is where you point that scepter toward. The spiritual subconscious will help you realize this world. It will continue to gather ideas, and develop and refine those thoughts into something intuitive, yet worthy of aspiration. However, you must command the alter ego in assessing the games of strategy within the culture of places, people, and things.

“Use the scepter to make choices. But always remember that you must maintain your alter ego through honor. You

might not always make a perfect decision. Your strategy, though, if it is aligned with your belief system, will honor you. Always honor yourself through the decisions you make.

“Author, there is a man in you who wants to elevate you to the best possible self. Engage your intuition and be precise with your words. Showcase your talents. But also remember that the spirit will provide you with some protection.

“Author, you carry a message within yourself. Deep down, you feel different than everyone around you, like you don’t belong. And yet you have more admiration and respect from others than you realize. This bizarre narrative you ascribe to yourself is a mindset. But this mindset of yours stands as an obstacle in your way, making it more challenging for you to accomplish your ambitions. And yet, you also feel like you have greatness deep inside that might be accessible to you if only you were in a different space with new people and novel things that could help remove the resistance.

“I will tell you more about this mindset. It has made for a brutal upbringing due to the unnecessary hindrances it has caused. Life already comes with hardships. These don’t go away just because you stand in your own way, they add to the hardship in life. It is the same way with competition, which only compounds the struggles in life. You will always have to grapple with competition.”

I knew what the dragon said was true. I did grapple with my emotions, and sometimes I even feared the results I wanted the most.

As if the dragon was able to read my thoughts, he stated, “Do not get in your own way, Author. The mindset to be someone different is available to you. And yet this space between

you and the different outcomes you desire steams within your mind.

“Author,” said the dragon, “you know of everything that has resulted in this lifetime to bring you to this point. You understand the hardships. However, you frequently assume that others correctly estimate what you envision from yourself. This is not only wrong, but maintaining the misconception is perceived as weak and arrogant. I want you to imagine your alter ego in front of you. What you tell yourself is going to be different than what you tell your alter ego. And in time, you will talk to yourself the same as if you were your altered self. Let me explain.”

The dragon looked down at the scepter staff. “You follow generations of spirited, competitive personalities who spent their lifetimes here before you arrived on this planet. The energy of this spiritual family still remains, and you can tap into it to let them lead you as well.

“Discuss with that spiritual subconscious just how much you involve yourself with your alter ego. It is dormant now, but you will awaken the alter ego and invoke its presence when needed. And in time, you will feel the ego shift automatically to the alter ego when needed.

“You see, Author, the nerve tracts in your mind help to actualize your emotions. But this explains the physical reaction in your body, and you have easily understood this. What I need you to understand now though is that you will remain just as you are, your old self in mind, as long as you are unwilling to change through mindfulness. Mindfulness is a force of impulse that can be used to direct changes to the nerve pathways in the mind.

“Your thoughts act as chains of reasoning as they are carried along the neural pathways. This mindset, then, is crafted by you over time as you build and remove protective psychological boundaries.”

I thought about the pathways in my mind, imagining synapses firing at random. But the dragon’s voice pulled me back into the void once again.

“Author, as you know, the subconscious will entertain the thoughts generated through the activity in your neural pathways, which you simultaneously project and perceive in this world. The shadows you wrestle with are karmic, as the universe presents them as angry thoughts that you understand to be directed at yourself.

“These shadows bear old histories that you repeat in yourself because you have built your mindset based on them. Do you understand how your history is one that is subject to the impulses of the nervous system through ideas that are repeatedly strung together? To change this mindset, you need to awaken to a new journey. This new trajectory then is pointing your subconscious spirit toward a new way to evolve.

“The new mindset will help you to adjust to the position of the world around you. You must direct yourself with ambition into the world and determine how you will interact with the places, people, and things, understanding that you are psychologically secure. This will make building your new alter ego an enjoyable experience.

“Relief will come as you adapt to the change. This leadership quality, adaptability, is dependent on how well you command your strategy amid challenging opportunities. Do you see how opportunities exist in life as long as you stay focused

on an outcome? This endgame then will allow you to transfer your actions and thoughts back to yourself. I'll explain this.

"The shadows of the past are housed in the subconscious. And they tell you everything you do not want to believe about yourself. It remains incumbent on the spirit to overcome these thoughts as long as they are permitted to exist. The shadows of karma then manifest through the subconscious and present themselves in your reality.

"The work you have engaged in to fight against the shadows is what you have focused on and why you feel like you do not belong to them. You resist as much as possible. Sometimes you ignore these shadows, and other times you fight. However, resistance makes the karmic effects stronger because you focus your spiritual subconscious in accordance with that mindset.

"But this is not the outcome you want for yourself, so you must embrace the idea of a changing personality. You need an alter ego that can adapt and evolve with the moment. And in time, you will build upon this new mindset. It will not be as easy as simply wishing for something to happen. Effort and action must occur for you to embody the altered self."

The dragon picked up the golden rod and held it out toward me. "Now take the scepter and look me in the eyes, Author. Look deep into my soul. You will soon become aware of a sensitive subject. In this deep gaze into my soul, what manifests for you?"

As I took the staff, I looked deep into the dragon's eyes and felt conscious of a voice in my heart. I listened carefully and tried to cultivate that feeling and allow my heart to create words I could speak. I said, "I will manifest my alter ego to be a

historical figure. A soldier of war. One who has fought bravely in the past.”

The dragon smirked. “When have you ever been to war? What challenges did you face when you were in that war? I wonder how the shadows immersed and attached to you, as you were once upon a time, a trained soldier.”

The shadows within my heart manifested themselves as I pushed back on the idea of changing this narrative. I was from a military family and was in the military myself for a brief time. The soldier aspect of myself and the time I spent at war had formed my mindset as a trained soldier in my lifetime.

The dragon shook its head from side to side. “You’re leading into a war with yourself.” Then he said, “The war within you is something of an ongoing controversy. You will not have peace until you realize what side you believe in. But you must try not to let it continue too long. The battle remains psychological until it becomes real, and the longer it sustains, the less likely it is to stay psychological.

“The battle is something your subconscious wants to present to yourself. As a dragon, I am limited in the knowledge I can share to guide you in this part of your subconscious self. I will help you as you figure out how you will shift this battlefield in your mind. Until we understand it better, you can pray and call on your spiritual family for guidance.

“Ultimately,” the dragon confided, “you need to pick a side. Unfortunately, I am not the one who can do that for you. You must use your free will to choose for yourself how you want to live your life.”

The dragon continued, “Your spiritual families experienced war as well. I think that is why you began that path into con-

flict. Your training has been ingrained in you stemming from several generations at war. Your subconscious was shaped and cultivated within the context of your military upbringing. Let us look and reflect on your history, what you remember and how this life grew to be so mentally daunting.

“Author, I think that with my help, you will be able to use the scepter to strengthen your motivation. You are quietly speeding toward an outcome that has been pushed on you for generations. And yet, you can be awakened to a different outcome by looking within your spiritual self and asking the heart for answers.

“Author,” the dragon said, lying his head down on a pile of treasure that had suddenly materialized next to him. “You must entertain the pain and release it from yourself. This pain is from your spiritual subconscious, in some ways in response to the fight with shadows. In other ways, it is a projection of the karmic anger from your memories. And in yet other ways, it is the momentum from generations in the past as they attempt to advise you where to lead your life.

“Challenging the narrative in your mindset is something you must do for yourself. Do not expect other people to get your motivation. Some may transcend their own stories and resonate with your narrative. However, it is not incumbent upon you to convince others why or how you intend to change. You must challenge yourself into action to change your mindset through this conflict. Life is a challenge because it is a trial. You adapt and evolve into something new every moment. And if you learn nothing in this lifetime, then you were perfect in your seclusion from life.”

The dragon looked deep into itself. “So Author, you were in the military and had a military upbringing. Very well, then we will instill purpose early in your alter ego’s strategies. You were raised in and therefore have a strong familiarity with military culture. There are other members of your tribe who share a military background, which helps from a strategic standpoint, as they will be more involved as leaders.”

The dragon then lifted its head and looked toward the heavens. “Author, before you develop a conversation within your spiritual family, you must realize how to pray.”

I looked within myself and concentrated on my heart. I had always prayed like this, as I was heart-centric.

But the dragon told me to try something different. Here, he picked up his head once more to the sky and said, “Your imagination should be in front of you. You should be strategic in how you lead in prayer. Therefore, pay attention to your impressions of your surroundings and how you feel in the moment. What shadows draw your attention? What awakens your senses? And, when you catch your thoughts turning to deeply conflicted ideas, I want you to hone in on your intuition and ask a yes or no question about the conflicting idea.

“In this way, you will be able to establish a conversation with your spiritual family so they can share a yes or no answer with you. If you get a negative response to a question, your intuition will be in the heart. If you get an affirmative answer from the spiritual family, then you will feel your spiritual intuition being led to the stomach.

“Honestly, Author, your prayers are the same as a request for the heavens to intervene in your lifetime. This is because of the spiritual nature of the subconscious. You think you under-

stand the subconscious already, but it is more complicated than you know. Let me explain.

“The subconscious appears, on the surface, to operate according to free will. It will help further your ambitions, regardless of whether the pursuits are right or wrong. You project your alter ego and strategize backward to address the resistance, people, and motivation for your ambitions. However, the workings of the spiritual family go much deeper than free will. You are linked to a legacy carried on in this lifetime. You have a spiritual family.

“Author, the free will to change affects only the surface of the conscious reality. It is made sensical by the mind. Your mindset is one of conflict with the karma of all the spiritual energy manifesting in your lifetime. Do you understand yet the significance of undertaking this change?

“But you should know that God will not interfere in your free choices unless you submit to His help and His power. When prayers are answered, it tends to be by the angels. But you need to weigh these ideas and develop your connection with your spiritual family before you will notice angels chiming in through your intuition.”

The dragon let out a sigh. “The heavens need people to undertake the challenge this lifetime presents as a trial and learning experience to become noble. For you to make this change, you must have a conversation with yourself about your mindset. But you must also have a conversation with your subconscious if you want to evolve your beliefs and change your future. Finally, you will have to engage in a conversation with the history of all people who had to compete so that you could

have this opportunity. This spiritual conversation, through simple yes and no questions, then becomes a destiny.”

I was becoming eager to act and start embarking on this spiritual journey. I wanted to make the changes fast, but not just for myself in my own life.

“You must practice patience,” the dragon said, again seeming to read my thoughts. “We will discuss how you will lead in changing the mindset of other people later. But for now, we must focus on developing your alter ego, using my scepter staff as a token of appreciation from the heavens. We are using this present moment to redefine a history of shadows in your spiritual conversations. You will free yourself, the people around you, and your spiritual family from that evil that was caused in their lives generations ago. It’s very much a narrative you continue to live out, still. But you must decide and then act on those conversations to change your mindset, your subconscious beliefs, and your spiritual nature.”

The dragon began to search around the pile of gold he had accumulated. He pushed some pieces of gold from the top of the pile, and those slid down the side of the mound. The dragon continued to push more of the gold around. He was in pursuit of something. Finally, the dragon reached down from the pile of gold, and he opened a chest. But the treasure inside it was just beyond his reach. “Author, there is a map inside this chest that has never been used by you. And so it will take time for you to understand how it should be realized. Please take this map.”

I reached into the wooden chest that the dragon hovered over. I saw the map, rolled up like a scroll. It felt waxy, like it had a coat on it.

“Author, I will explain how this map works. It is a map that works through psychic forces and shows how you should interpret strategy and purpose. It can also be used to determine whether negative or positive behaviors are best suited for the situation at hand.

“Author,” said the dragon, “you have taken many steps prior to this day to be positive. You often look within your mind and heart, but mostly, you have tended to dwell within your ego, found in the heart. You center yourself around and anchor into the heart because it is the base of the tunnel to the heavens. Let me explain.

“The positive attributes of finding the heart and making it your home, where you reside, are wholly good. You talk through intuition to the heavens, and with angels, guides, spirits, and the heavenly Trinity. Therefore, the light that is cast is of a positive nature. But what you have not used is the negative aspect of your personality. This is a masculine personality, which your conscious mind understands. You look out to your surroundings and create your worldview through imagination. And in this process of adapting to the surroundings, you fall in to your body and connect with your words and actions.

“Therefore, the world is of two natures to you, your subconscious spiritual self and a deliberately chosen conscious reality. I will guide you then in how to use this map to understand the timing of events in your surroundings and how you have adapted to this worldview.”

The dragon smirked. “Author, you have been in your heart so long and projected out spiritual light. It has become expected of you to have this feminine nature. Your subconscious is masculine and, although the masculine nature is easier for you

to adopt, it seems that your masculine nature is hidden because you try to please so many people. Therefore, if you look at the map, the circle with arrows pointing out is the feminine nature. Your subconscious is so attuned to this process that it has become habitual for your ego to stay in the heart. And in actuality, your heart is timid in times of action.

“There are many good aspects of having a positive feminine energy, though. You maintain flexibility, whereas other people’s intentions are predictable enough to be presumed. You are perceptive, and you bravely showcase your talents. And in some sense, your intuition and emotions befriend you because you care for your spiritual wellbeing.

“We have begun to understand masculinity as well. The map has a circle with arrows pointing inward, toward the center. This magnetic push-pull effect is a conscious reality because you imagine the world around you, and you think of strategy within yourself. You can also assume that other people strategize within their minds. So you see the universes just as many others who create similar worldviews.

“These negative masculine qualities show your ambitions in the world. By adopting them, you take risks and measure success against traits and actions. It is an invigorating quality that runs through your whole body.

“Author, the map will show which quality may be chosen to be the most useful for you in different circumstances. Sometimes you will default to your feminine nature to listen to the universe for intuitive prayer and secrets. Other times, you will be skillful in how your masculine nature is used to move and lead in action.”

The dragon looked again at the staff I held and said, “The scepter staff and the advice of your spiritual family will be useful in pointing you forward. This is the feminine nature, directing your heart where to go. But the map presents the masculine logic, indicating to how to maneuver in the worst-case scenarios.”

The dragon then gave the staff a scrutinizing look. “The scepter is something made of gold. So it can tempt you if you use it incorrectly. Let me explain. The scepter offers protection from the shadows of karma. However, it can be useful to show how deeply you trust. You can lead armies of spiritual families. And you trust in them to show you where you should be pointed to by answering yes and no questions. This intuitive practice is an old-world technique that can help you understand their vantage point. However, you should not trust others so often that you lead their lives and not your own.

“The map must also be used correctly, as it is of wax-coated paper, therefore it can deceive you if you are tempted by its power.

“The map will provide knowledge that can help you strategize. You can trace how to use positive and negative energies in difficult situations, and this will lead you into action. However, if you act without thinking about the strategies of other people, you will want to overwhelm them with seduction and control. Therefore, the map will help you understand reactions and make prompt decisions. But you cannot trust in or base your actions entirely on the positive or negative energy. You need to be aware and conscious of other people’s intent.”

“I will not be tempted—” I began, but as I spoke, the dragon floated upward and hovered in the air. He began spinning

in circles rapidly in flight. Finally, the dragon transformed into a serpent, the embodiment of evil.

I looked around hastily, but still, there was nowhere I could retreat to.

As it lowered itself to the ground, the serpent said, "Author, I shifted into my serpent form to show you that what you think you see is not always the truth. However, you are intelligent, and you have shown a willingness and desire to learn. You are becoming aware of your true nature. You must come to realize that you have both positive and negative abilities. And in this moment of realization, you will comprehend how intent and imagination can become reality."

The serpent, who had shifted its spiritual identity, said, "Author, do not worry any longer about the make-believe. You have found me, and you will come to understand how you left the holy heavens to arrive in the universes. I will explain briefly.

"You followed my words in the garden of paradise. Your lineage is of Adam and Eve. You fell into the universal waters below the filament. And in the pool of waters was where your projection began. You should understand that this tunnel you fell through from heaven into the waters of the universe then led you further away from God. Throughout history, the projection of guilt and shame kept your spirit moving further and further away from God, at a conscious level.

"This has continued, and will continue, until you embrace your negative masculine energy. You have not grasped that the feminine energy was at the heart of that tunnel, listening to the heavens and understanding the soul through the subconscious. But I am here because your awakening has begun."

The snake maneuvered slowly across one of the golden piles of treasure. "God wants me to help you to understand your mirrored traits. You have the scepter and map. And you will understand much more as time goes on." The snake's voice sounded lethargic. And it crept along the top of the treasure sluggishly. "Author, you are from Adam and Eve."

I had many questions for the serpent, but before I could ask any of them, he coiled up on top of the treasure and fell asleep. I was surprised at this, as the dragon had only transformed into the snake moments earlier. But his slumber gave me the opportunity to think of the values I would want to instill in my alter ego. I started to understand my character's background. And I asked yes and no questions from my spiritual family members. I asked about past lives and whether certain traits should be attributed to the alter ego I was trying to develop. I focused on celebrating honor and adaptability and releasing the pain I had carried.

And that was when I saw my alter ego in my imagination. I saw a brave soldier who worked his passion into the world. I saw myself as part of a lineage of brave soldiers. And my ability to maneuver in the world was startlingly agile. This felt godly.

The serpent finally awoke and straightened itself out on top of its golden treasure, lifting its head and looking around. Then it slithered down and coiled itself low to the ground, as if it was listening to my soul's reaction.

I said, "Serpent, I heard what you have presented to me. You have shown me that life will always be competitive, and that my ancestry has a long history in this universe, and that I have provided the glory to share within my heart through my conversations with them."

“Author, it is important that you are willing to tell me about your conversations with your spiritual family, as this will allow me to guide you. Indeed, it is also important to act in life according to a shift in mindset. As you consciously pursue a new alter ego, you will attract even more competition. And you will address these competitive moments without fear. You will use both the scepter and map.

“Author, you will pursue a new approach to the constraints in your environment. You have taken into consideration the places, people, and things in your surroundings while balancing reason and strategy. This is good. But there is more to discover within yourself. You need to address the purpose of your crusade.

“You have been a soldier in the military, yet I hardly think you are one to start fights. You are ambitious, yet you need to remedy the past before you understand what is within your grasp. Therefore, let us announce a name for your alter ego.”

I sat a moment and thought to myself. Then I said, “Let my alter ego be named John. John is in pursuit of a higher order and intelligence. He finds light and shares wisdom. Throughout the ceaseless competition in the battle of life, John seeks to understand others.”

The snake said, “Author, this is where I will lead you in conversation. John is a fine name. And you and he will become one over time.

“I will explain to you now the way of competition. You have a grasp of who you would like your alter ego to embody. However, how you will deal with competition must be thought out. This means dealing with both negative and positive personalities. Men and women.

“Author, look at the map. Look and understand how everyone works according to fear. That is the primary karmic trait shared by people that keeps them from reaching their personal greatness. Look at the map and see how the negative conscious commands the positive subconscious. Do you see how they interact together like gears in a clock?”

I saw the two circles overlapping on the map, and I saw that the masculine nature tended to be authoritarian and occupy the conscious level of the mind. Those with masculine personalities made the decisions and acted on them while in conversation with the feminine personalities, which occupied the subconscious. And the subconscious-level feminine personalities that listened to and heeded their spiritual intuition breathed data and perspective into the conversation to help direct the conscious man. The overlapping circles then interacted like gears in a clock.

And the serpent said, “Now see what happens when two negative personalities interact. They repel each other. That is because they both want to influence the decisions to be made. Similarly, two positive personalities will talk at length in search of information and data to tell stories and never act on the data. They present opportunities for a path forward without strategy.”

The snake continued, “John, Are you aware of how these basic positive and negative forces interact? It is fundamental to understand that, when they work in harmony, the subconscious listens for information and analyzes it momentarily, only to allow the conscious to make decisions and act.

“People display these positive and negative tendencies as well. However, no one person is completely positive or nega-

tive. In fact, most people react to their surroundings without consciously leading their lives. Therefore, they flip on their magnetic poles and let others lead. The masculine personality is dominant if they can make decisions in the world.

“Interestingly, the negative, masculine personality drives the conversation, even without taking action that would affect the other person. The strategy of most men is to interact with the feminine, positive characteristics of others, letting them discuss their own worldview. The positive nature in the subconscious will ultimately reveal itself and begin to announce information that the negative conscious will understand. It is as though the logic of some will compel them to ask people for their perspectives, and others will share according to their own volition.

“The positive, feminine personality, if viewed as being right and morally just, can attract the love of the negative, masculine personality. This seduction creates a push-pull sensation from the subconscious. It is protective of the heart, yet influential to the man who entertains and succumbs to this dynamic.”

The snake gave me a stern look. “Author, be careful who you learn strategy from. The interactions of the world between personalities are fraught with unknown reactions. The world is competitive. Therefore, the scepter will protect you from evil shadows.

“Author, I implore you to listen to both the negative and positive characteristics within yourself. Watch how your understanding involves you with other people. See the magnetic interactions between people and how they flip on their poles. Remember that the mind makes each universe real from mental viewpoints.”

The serpent continued, "When you think about the alter ego you have imagined and you work within yourself, do you recognize that your imagined reality remains outward? That the conscious awakening and your understanding of time is generated from within your memory? Author, you have sensed the end of time on the surface of your projected reality. But you work your logic backward from the age of the dinosaurs and serpents. You will continue to consciously understand the timeline of the universe as it is commonly experienced by those of your lineage.

"You work toward the future of events in time. And this path will help forecast your alter ego into a conscious awakening, where you will be one in body and spirit."

The snake paused in contemplation, then said, "Author, this is the moment where you will decide how to involve yourself in competition. Let John be imagined. Let the personalities imbued in him give you understanding for life. The magnetic energy can be driven by John."

The snake raised its head and it slithered off the treasure toward me. It rotated and spiraled in transformation. Slowly, out of the dust it created, appeared an old man. The man of time was on a crutch.

The man said, "Take this information of the magnetic personalities of people and work backward. See in yourself how others strategize out of fear and ambition. You can visualize history repeating itself throughout time. Now let yourself work backward into your heart. Imagine the superficial projection and the competitiveness of people. Yet you can understand the spiritual world in your heart projecting positivity. This is the equilibrium of time."

I thought of John in this moment. The dragon had given me information and tools. The serpent gave me actionable analysis. And now it was time for John to understand the history of mankind and of my own lineage. It was time for John to start making decisions and interacting with his universe.

The man of time said, "Author, you need to balance yourself before making decisions in the pursuit of a great and awesome purpose. This position of power, where the mind is negative and the heart positive, will stabilize your actions."

John said, "Do you know of anyone else in history who gained an understanding of the magnetic personality qualities? Tell me about their lives."

The man of time looked inquisitively at me. He said, "Good. I can talk to you now. Before I was talking *for* you. I led you along and gave your listening skills a challenge to help you understand the universe. But now, you will involve yourself in my stories. I will tell you more about myself and discuss my narrative. We can understand the map and scepter together. Like a father and child would.

"John, I will help you read the map to see the patterns of overlapping circles in the universe. The connections of personalities align like constellations. Tunnels are woven together from positive stars. And these are the glue that holds it all together. That is mysterious of course, but your map is a record of the universes throughout time. The scepter is logic. It works as a compass. And it will help you align your course of action according to the map."

The man of time seemed to talk in riddles. It was hard to decipher everything he said. In fact, I am still unsure if, at that moment, I was fully conscious of the truth he spoke.

John spoke to the man of time. "You mentioned the magnetic personalities across time and the people who knew of these secrets. I will stabilize myself with my negative mind and positive heart to allow for a fuller understanding of your stories.

"I will involve your words as I hone my understanding, man of time. I choose to be competitive in my lifetime."

The man of time spoke once more, "John, you have had the opportunity to think over the measurement of time and how it works in two ways. One way is through a gradual lowering of energy. In this cause-and-effect mode, time seems to run in a positive way. However, the negative, reverse universe runs the other way. This utilization of a greater amount of energy to restore one's viewpoint and create action is unfamiliar to most, and worth examination. Let us explain."

A young man then approached us in the void and declared that he had already thought through this theory. He said his name was William Sidis.

The man of time introduced William as a willing helper who would describe for me how time works in both a positive and negative manner.

William addressed me, "John, I understand you are going to write about the universes and how time collects itself toward a beginning as well as an end. This reversal of thermodynamics preserves all rules of life and the universes. The idea that motion is helped to a higher state of energy in a negative-running reverse universe is awesome and powerful. If you can comprehend this imaginative idea, where life and motion become one in the patterns of those positive and negative spaces of time, then you will also understand the neutral space.

“You see, the universes of time and space exist in four dimensions, with time being the fourth dimension. If you understand the time you are experiencing as a reaction to the perception of positive or negative time, then you will understand something quite interesting. You see, neutrality can be explained in probabilistic terms. There is a probability that your universe is running in a positive direction into the future in the temporal dimension, yet you are only aware of time running backward, and your thoughts are grouped together to form what you see as the past.

“You still look to memory and history in the context of a reverse universe. And all rules of physics are preserved, those being all the rules from the three-dimensional space, just to keep the account simplified as much as possible. You cannot imagine something that has already existed. But you feel anticipation. That is the aspect of the negative and positive that I need to share.

“Once a memory has been formed in this universe, it is rediscovered again and again, through people’s actions. This is a negative strategy. Once you intuitively think something will occur within this lower state of energy, you explore the positive reaction to that cause. The thought is anticipated due to waiting for an effect to occur based on a cause.”

William continued, “It may be confusing to think that in other universes, the tendency to understand time would be more negatively associated than positive. Also, there is a probability in the universes that negativity and positivity run in excess. Therefore, the probability of a neutral time is zero, however, that is still a probability.”

William said, "John, my purpose for having this conversation with you is to make you aware of the beginning of logic and time. You have seen the great separation from the heavens, and therefore you are aware of a collision in logic. The energy of the suns and planets has decreased over positive time to create something much cooler. If stretched to the limits of the imagination, the positive universe alone would be lifeless.

"However, there were two halves involved in the great collision, therefore there are ripples extending from a point where you can consciously understand the great beginning. That point of reversal would see the energy of a higher order in the thoughts of a developed brain. Meaning that, in understanding the beginning, you assume a higher order of conscious awareness. Your mind works to generate and process thoughts, and your body uses energy to move."

The serpent rejoined the conversation. "Author, you listen to us and think you have a grasp on this conversation, but truthfully, you do not yet fully understand the real probabilities of positivity, neutrality, and negativity within the four dimensions of time and space. What you have is an understanding of history in the world. You still think toward the beginning. And the answers in the universes that are kept aware in the subconscious are on your map."

I looked back at the map and saw a lot of overlapping patterns of negative, neutral, and positive poles attracting, flipping, and repelling one another.

The serpent said, "This is where you involve yourself in the conversation. You look into the map and feel guided to act. You display an ethereal quality indicating your ability to understand the universal records. As you see patterns of motivations,

you will experience an awareness of how history came together. It is a story that was told.”

The snake continued, “John you have a scepter to guide you in how to make moves based on a positive flow of time. Causes and effects will occur, and your thoughts will guide you away from automatically moving in response. But until you have a conscious awareness of the motives of history’s story, you will stay in the same patterns.”

Then the young man, William, said, “In my lifetime, I learned many things about the reversibility of time and how we are driven to move by our ambitions. We are a lifeforce here on this planet. We silently become greater in awareness, and our minds and bodies become of a higher order.

“If you think of how thought occurs, it is an orderly process within the mind. In the reptilian mind, the subconscious processes and reviews time in the positive manner. All subconscious processes rely on the reptilian mind. The basal ganglia, brainstem, and cerebellum form the reptilian mind. Think about your basic needs for survival, and the most basic needs of society. The reptilian mind imposes order on movement when strategy is useful for selecting homesites, establishing territory, engaging in all types of display, hunting, mating, breeding, imprinting, forming social hierarchies, and selecting leaders. Therefore, these movements are often not thought through but acted out as reactions to the environment.

“The limbic system regulates the reptilian mind in all mammals. This system is a kind of ego that takes information and forms emotional expression. The amygdala, hippocampus, hypothalamus, thalamus, cingulate cortex, and septal nuclei constitute the limbic system. It is the seat of the soul, where

instinct and rational thought are bridged together. Therefore, the limbic system interprets memories and emotions. It is of a higher order of thought than the reptilian mind.

“The highest order of the brain is the neo-mammalian brain, or the neocortex. We use the neocortex to strategize and engage in problem solving, as there is complexity in social behaviors, reasoning, and decision making. This part of the brain consists of the neocortex, frontal lobes, temporal, parietal, and occipital lobes. As we make sense of negative time in a reverse universe, the senses take in data to be processed and consciously make decisions by the neo-mammalian mind.”

William continued, “Author, are you digesting the fact that time moves in positive, neutral, and negative ways? And that time can work with natural laws to affect, or depending upon, how you project your ego onto your surroundings? The surroundings of the mind is merely space. Thought is the negative time that determines its reality. Space is to be interpreted as merely the circles of magnetism overlapping one another. This offers a way to interpret the energy from the subconscious to the conscious.”

Admittedly, I was taken aback by the simplicity and complexity of being a figment of nature within my mind.

William said to me, “John, you are going to unlock the secrets within yourself as a heavenly being. But not just yet. You sit in the heavens and project your universe. And the mind makes it real. There is an emotional component to the universe as well. This emotional side of the universe includes the subconscious and karmic forces acting on your body. It seems counterintuitive, but that negative thought then creates movement when you intuitively anticipate impact. The emotions of

fear drive most people to react. But you came to understand that you can communicate, socialize, and behave in ways that are counter to the primary needs of the body. You have a conscious awareness of morality.”

Then the man of time looked to the heavens and transformed once again. Dust and wind encircled him for a moment. And in the moment that presented this shapeshifter once more, he looked as though he was the Devil, who is also called Morningstar.

William then moved closer to me as he said, “The morality in which evil is pitted against good is where you have neutrality. However, your processing of emotion into thought connects you to your heart and the heavens. The neo-mammalian mind will be used to configure your destiny and purpose for God. Take care!” And with that, William left the conversation and disappeared into a tunnel of light and love.

I looked at the Morningstar and saw that he was a most horrible creature with horns, a snout, black wings, and the body of a goat.

He gnashed his teeth then opened his jaws and said, “I led you to this universe. You thought to be godly. And in that fall from grace, you once more thought and felt for the world and heavens combined.”

The Devil approached me, and I saw plagues, war, famine, and suffering in his eyes and heart. I quickly imagined myself as John, a soldier led by his heart. I had a scepter and map to use for understanding and guidance. And in that moment, I thought of the revelation that was described in the Bible. I knew Jesus would come back. I just did not know how soon that would be.

The Devil looked at me as if he could read my emotions and as if he had shaken my confidence. But his intent was not to harm me at this moment. "I will explain that heart and mind work together as one. I will explain how the body works together with the mind. And through action and involvement, you can begin your crusade to identify with a new alter ego in your lifetime. Glorious occasions will amass in this situation. For you will never really understand my emotionless state. I am, as the Devil, complete reason.

"Author, do you know of the memory you have as a child? The answer may be no. That is because the positive subconscious view of time is into the future. Therefore, you move toward a lower state of energy. It is simplicity that you chose for estimating how to navigate through evil as a force of good.

"Author, I know it is difficult to understand this, but the anticipation of time is different in the reverse universe, where the negative conscious view of time is active and memory is put to use in the form of a body.

"Do you understand that the projected self is a virtual character in the mind, and that makes it real? That time is twisted in patterns and your thoughts are an escape or release of experience? Take, for example, the heart. The heart is connected to the mind through the parasympathetic and sympathetic nervous systems. When the senses in your neocortex recognize a threat, your heart creates information for the sympathetic nervous system to use energy-demanding processes, like muscle reactions. This fight, flight, or freeze mechanism then is negative, in that the body responds with action. If your senses in the neo-mammalian brain recognize that there is food to eat in

a safe environment, then it activates the parasympathetic nervous system to allow you to digest and sleep.

“John, I know you have a scepter that was given to you in estimation of an alter ego. The balance in action and reaction then will rely on your body. You often choose how to react with a conscious decision about how to utilize your heart.”

The Devil continued, “There is a secret aspect of the heart that allows you to act with your animalistic nature. This dormant heart is ignored, and therefore, your heart reacts to the mind. If this occurs, if you do not listen to your heart, the mind remains dominant, and you will continue to live out the fears of threats you perceived early in life that have become part of the subconscious. I’ll explain how this works.

“The environment is perceived by the senses, but if the subconscious becomes dominant, the limbic system then regulates the emotions and sends impulses to the reptilian mind, where patterns are held in the memory. The heart’s reaction then is to passively monitor external stimuli, like light, sound, and temperature, and internal conditions, like blood pressure and oxygen levels. The nervous system is then reactive to these patterns, as your surroundings impact your body in a cause-and-reaction system. Your body will look for less stimuli and greater simplicity in relationships. The human inclination to seek the path of least resistance is not one that is easily overcome, Author. It occurs even at the most basic, deepest inner workings of the body.

“However, if the reversal of time is dominant in the consciousness, your body will simply be ready to communicate with the heart through breathing and monitoring the vagus nerve.”

The Devil saw the confusion in my eyes, and he smirked. “Ah, yes. The vagus nerve. It is more important to your life than you may have suspected. Indeed, it is vitally important to your sense of self. It communicates information in the heart, creating what is known as the vagal tone. The parasympathetic activity regulates the emotions as the heart and brain work in coherence. But this is merely the mechanics of the body.”

The Devil continued, “Author, it is the awareness of the heart’s coherence that is your conscious voice in the heart. You have used your heart to understand your impulses and intuition. And yet, you have never experienced the full action or had complete control over the heart.

“If the mind is negative and the heart is positive, it is then a masculine and feminine dynamic. The idea of using the heart’s vagus nerve to restore a higher order in life is what is called love. Love is the ability to work and act toward a higher social order. In working toward communication, the neo-mammalian brain overrides the limbic system and decides how to utilize emotions to promote organization and hierarchy.

“Author, this is a very deep conversation, but do not forget that you have tools at your disposal. I want you to look at the map. On the map, do you see a line of imaginary and real numbers? This axis shows how positive and negative numbers work across the field of electromagnetics. We discussed how time works, in thought, in both lowering the energy levels or increasing the hierarchy of order. This is positive-to-negative thinking. Subconscious-to-conscious awareness. Or a feminine-to-masculine identity. We know that a body in motion is just a collection of particles creating higher degrees of order.

“If you remember that the heart is your connection to the tunnel between heaven and a projected universe where the mind makes it real, then you can understand how the subconscious positive energy is like Heaven. The mind is conscious negative energy that makes your universe real.

“The heart is where the pole flips. The vagus nerve then dictates how you think of electromagnetics on this number line. The vagus nerve is the main component of the two nervous systems. As the heart beats faster or slower, the variation dictates how the heart is used with the sympathetic or parasympathetic nervous systems.

“Author, my truest nature is not of a dragon, serpent, man of time, or even the Devil. I am truly an angel who guides souls to the afterlife. It is in death that I have realized this universe. Therefore, I will tell you this, that moment where the heart goes from subconsciously used to consciously useful, that is where time is zero. On the timeline, the introduction of love is where there is transcendence into the heavenly realm.

“Let us understand how the real number line of electrodynamics projects into space. The overlapping circles of God’s creation are fundamentally conscious, in terms of particles. They build up over time, as they are projected from the soul in Heaven through its casing. The casing is a sphere inside the gravity. That clay is in fact, created by God to protect the soul in Heaven from the surrounding space.

“Author, it may be confusing to think that your soul is in Heaven, outside space, and understanding of all time. But it is infinity that Heaven represents.”

True to his words, the Devil transformed himself into the ghostly angel Azrael. He looked upon me and said, “Thank

you. Thank you for responding to my calling. The information in the heart about love is the greatest conscious awareness. If you listen to God's Word in your soul, then you will make moral decisions in your heart.

"And in time, you will choose good and loving qualities in your relationships. This manifestation of energy groups itself into God's hands, working out His wants in our lives. Let me explain.

"John, when you entertain a friend, and you rely only on your subconscious, you will have little to say. You will feel and anticipate the next lower level of simplicity in the relationship. This intuition is emotional and unregulated.

"But if you are consciously aware of love, the pole in the heart will flip, and you can command action to communicate and release chemicals related to love, like oxytocin. That process is regulated by the vagus nerve in the heart. It is known that the heart rate variation is high, and the heart is associated with emotional regulation, resilience, and the ability to connect with other people in intimacy. John, it is then, when the pole is flipped, that your real life will be guided by the heavens.

"You have chosen to not follow the serpent but to follow the angels. And therefore, in Heaven, you will gain your position as an angel."

He could see the eagerness in my expression, and he shook his head. "But you must be patient yet. First, we must discuss past lives and the spiritual family you will encounter in the heavens. The vagus nerve actually engages in the timeless tradition of judgment with a scale. The scale has a demon on one side and an angel on the other side.

“This determination of the karmic position in the universe versus a heavenly homecoming is very real, spiritually. And in this moment of realizing the memory of your entire lifetime, your death presents your next life. It takes into consideration all of your past lives. Author, whether you reincarnate back into the world of karmic patterns or elevate to the heavens, that is the judgment of memories.”

He nodded at me. “As you remember, the scepter is your moral compass, which protects you within conversations with your spiritual family. This involvement of conversation with your family then guides you in your heart. If you are consciously guiding your intuition, you will realize the signs in life that God presents to you. Your spiritual family members who have been elevated before you are waiting to embrace you in Heaven.”

The angel Azrael continued, “John, you have now become focused on using your heart’s vagus nerve to spread information to the body and mind in coherence with the energy felt through vibration. But I have one last thought before I give you back to the heavens. Your vagal communication influences the gut-brain axis. This influences the overall emotional state and readiness to act. This is gut intuition. When you feel intuitive dialogue from your scepter, those impulses are actually the connection from the spiritual family talking to you on this axis. Remember that you must not trust blindly, but enter trust with balance.

He nodded at me once more. “The body is in motion then, and working in your real life. You are a projection of the self and ego.”

I saw that I was suddenly alone in the void once more. The treasure was gone, but I still had the scepter and the map. The mirror was still there, and I approached it with courage. I thought I might encounter the Devil again, or the dragon, or some other character who would give me guidance. Instead, I saw a man with my face and my physical build.

“Hello, John,” he said. “Are you ready?”

Part Two

Heart & Ego

“In time, you will reflect on what I tell you. You will not only apply it in your own life, but you will share what you learn with others. But for now, Author, you must listen.

“This world offers infinite possibilities to consider. And yet, to gain an understanding of the whole picture, we narrow it down into a segment of imagined choices. A path of choices, in fact. We close our eyes to certain paths and focus on others out of necessity, Author, as the whole picture is daunting and overwhelming here in the magnificent lifetime of wonders and experiences.

“How do you go about narrowing down your potential experiences? That question is fresh to you now, but it does take a bit of strategic thinking. First, let us consider the nature of your perception. When you see a person, your mind immediately reacts, conjuring up a chain of thoughts. You might go back to past experiences and think about how they could affect the present situation with that person. Or you might think about how you’ve changed from the past and how your habits of self-exploration could shape you in the future. Yet there is another avenue of thought that might help demystify the orientation of your actions.

“The explanation is rather complex. Yet it is worthwhile to understand, for the sake of your ego. You see, for every person you meet, there is a track of time and two differing perspectives. Both perspectives orient your thoughts about the

person you would like to become, one through memory and the other through projection. These perspectives are time-oriented. Through memory, you look back at historical experiences and examine how these have shaped your thought patterns to build the person you have become. Through self-exploration, on the other hand, you look ahead and consider how you might change the patterns you have adopted to change who you will become in the future. Neither perspective is better than the other. They are simply processes the mind uses to assess whether an interaction with someone will be a positive or negative experience, in other words, whether it will have a positive or negative association.

“However, these mental processes do not always occur the same way when we meet someone new. There are as many different perspectives as there are people introduced into each person’s life. And any number of those experiences can shift the nature of your perspective to predominantly thinking about the past or the future. But the moment you see, hear, taste, feel, or see something or meet someone so oddly familiar that the event seems otherworldly, consider this advice first.

“When that moment of intrigue presents itself, there seems to be a shared awareness between the two people. This awareness is a sensitivity of the heart awakening. And in this awareness, where heart and mind connect, it seems that time and space are not needed to understand the moment. The dynamic is unusually easy to comprehend. No effort is required to fit the other person into a perspective of your own. To understand the dynamic occurring, the primary thing to know is that this moment moves the heart.

“The sensitivity of the heart, then, is intuitive. The heart produces a rhythm in the nervous system that matches that of the other person. Therefore, both people align with each other, as if it were important that they meet. This otherworldly feeling is not all too uncommon. But the heart is aware of and can understand it when it occurs. It can move someone to listen to their conscious thoughts as information is imperceptibly sent between the two people. And in that moment where intuition causes patterns to race through the nervous system, the vagus nerve sends instructive pulses to the mind. These intuitive feelings then hijack the mind in a way that allows a seemingly effortless understanding to be shared between the two people. It is not mind reading as much as it is picking up on the information embedded in the heart and emanating from the other person. As the two people become aligned in their breath, the moment is one that they might understand as supernatural. In this moment, they may have found someone they understood to be a stranger, yet they felt as though that person had been familiar to them for a long time. That is the grace of the moment.

“The mind tends to revert to the previously dominant way of understanding when the other person leaves. But the moment lasts as the inspired thought that the encounter was meant to be. This is because the heart understands information from the environment without any need for time or perspective.

“Now, Author, you might wonder how to stay fixated in the heart if it understands intuitively how to resonate with other people. That may seem like a good place to start, but let us first decide how to direct your perception. You see, Author, you learn from the experiences you have in a lifetime in a circular

way, meaning that you figure out the lessons we in the heavens present to you through awareness and application. Therefore, you apply yourself to the moment as you understand new strategies for things you desire in life.

“Remember that you are the one who wants things, and we intervene in your life to help you understand where improvements can be developed. And in these moments of serendipitous love from the heavenly helpers, whether it’s angels, departed familial members, or God, we give you the instruction you cannot find anywhere else.

“Think of your understanding throughout life as a mosaic of interwoven circular or spiral patterns. And we in the heavens involve ourselves through the heart. The lessons and experiences become embedded in the body as memories. And, through your intuition, you can have conversations with the heavens to develop awareness in your life.

“It seems like so much to understand. Not only are you navigating your life, but you have learned how to pray. Through prayer, you communicate with the heavens. And from the heart, information is radiated through magnetic pulses out into the world, where it draws the attraction of those who are in need of similar lessons. Therefore, the heart finds and becomes aligned with those strangers who have similar but unique patterns.

“Author, intuition originates in the heart, but it affects the mind, where the ego resides. And true enough, it is involved in your awareness of your situation in life. The mind makes decisions for you to live by, and in this way, it makes the world real to you.

“You pick up on the awareness of your surroundings, and your heart allows you to reflect on the information presented through your worldview. This reflection helps you determine how you hold yourself in life. It helps you develop the habitual patterns you choose to maintain as you interact with the world. Reflection can help you understand your faults, even on an emotional level. It demonstrates that you have the intelligence to change what you want in life. Therefore, you are aware, to a degree, of the surroundings in which you mindfully interact.

“Coming up with a new strategy in life, even if it is based on thoughtful reflection, takes some decision making and divine intuition. After considering the information within your surroundings, you may be inclined to alter how much you want to change through guided effort. To form our strategy, we look at the end goal, and we determine how the strategy can guide us through our adjustment of challenging behaviors to help us reach those goals. Our values are the basis of our strategy.

“Once you start actively working on a new strategy, you begin interacting with the environment. When the new ideas are applied, that is where growth is seen and felt.

“Author, we heavenly beings speak in riddles about new paths forward with divine inspiration for a reason. The riddles help you learn how you would like to interact with the world. You must strive to understand where you are weak in changing your habits. Thinking through the riddles can help you improve your ability to understand prayer and divine intervention along with others to find serendipity in your life experiences. But most importantly, we speak in these riddles to help you choose a path forward.

“Once you become accustomed to living with and learning from the heavens, and putting forth effort to change and grow by changing your habitual patterns, you will accelerate toward becoming aware of divine intervention. In those moments of prayer, and awareness of divinity, you will see a larger world-view and understand that you must let go and let the heavens narrow in on a life plan for you.

“Do you understand yet, that it takes effort to listen and understand where we, the heavens, would direct you? And in these moments of love and light, when we reveal our instructions, we bring an abundance of love to you.

“Listen to your mind and heart. Choose to find balance in those areas in which you learn and apply yourself. And allow yourself to accept that what is unseen may have a greater power over you than you are aware of. Learn to listen to the world and the heavens. When you learn to balance the efforts of both, you will see a path forward taking shape.

“Author, the way forward is unique to everyone. Let us begin this journey together.

I took a deep breath and let it out. I listened and put all my focus on the meaning of the words as I received them.

“There is a new day ahead of you, Author. A path of desire not just of your own choosing. You must search your heart to understand the phenomenal wealth and abundance that can accompany making choices of heavenly desire. This path of Heaven is one that can lead you to understand love. And through that love, you will build not only an appreciation for others, but you will also gain a sounding board with the wisdom to guide you toward your desires. Whether that sounding

board of echoing thoughts and abilities will be enough to help you keep away from temptation, though, is our question.

“Let us explain this, from a heavenly standpoint, to help you assess whether you can decline the cursed accumulation of wealth that most seek in life. Do you see that wealth of monetary fortune is different from wealth of love and appreciation? This beautiful wealth of love and appreciation is better for several reasons. The wealth of fortune is scarce, and it depletes and runs out. Therefore it forces you to become competitive. Though most seek this wealth, it merely serves one master. And that competition of one means you will serve a temptation of the serpent. However, if you live a life for the wealth of love and appreciation, you will have sustenance from the heavens. This nurturing love helps you maintain strength against temptation. This heartfelt love tames the fires of the serpent.

“The heart is a measurement of your trust for others. And regarding this manner of trust, you must explain why you feared others in your lifetime. You will have to explain to the readers how your love was fragile because you did not want the best for others. Please explain to the readers, Author, what that means.”

“Dear reader, and those in the heavens, I was too lazy to realize other people’s greatness in life. I sat back and cowered alone, fearful of myself. I reflected often, yet I did not realize how much of an impact it had on my relationships, my reluctance to involve myself completely while immersed in their love. I think it’s common, though. People get love wrong all the time. They either internalize their feelings and never allow themselves to connect with others fully, or they want control

or power in relationships. That love is forced and causes frustration.”

“That is enough, Author. You will soon come to understand how to listen to the heart. But knowing how to listen to the heart comes at a price.

“Author, the well that leads to the fountain of Paradise is guarded. And once you get beyond this guard, you will be accepted into the heavens. That garden you search for is guarded by an angel with a flaming sword. And the sword is in all hearts that tunnel to the heavens. Let me explain.

“As I mentioned before, you must learn to listen to your heart. But the way to do this is not just to focus on the heart or sit in prayer with the heart. That is worthwhile practice, but to accomplish using your heart in a heavenly way is daunting, since it would require you to listen to your heart carefully during your encounters and understand all the wealth we would attribute to you.

“You have made enemies and friends along the way, Author. But, as you yourself acknowledged, you held yourself back out of fear. You did not want the past to occur over again, and this was, to some extent, the reason behind your fear. And that past was ingrained in you through your lineage, handed down through successive generations. You have been in pursuit of love and appreciation for a long, long time. Longer than you have been on this earth.

“The fear of many people hurting you has been building up throughout those generations. You would not be able to fully embrace Heaven, currently. Although, you can experience the divine, as we will lead you through how to muster the strength to be a better person.

“Author, the heart that you listen to is transcendental. The place in the heart that needs time to heal is a doorway to the heavens. That door to the garden of Heaven is sealed. It is a covenant that Jesus offers to you if you dare ask for it to be opened, as you are asking for his love.

“Author, this love is a gift that is offered to everyone because Jesus values every person. This highlights a point of view that you must thoughtfully adopt and integrate into your life and commit to. This point of view involves wanting the best for others. Everyone deserves this appreciation. But merely wishing the best for others in what they strive for is not enough. You must truly welcome their greatness. You must also spend time thinking about how to connect, belong, and respect these relationships, as this itself is a guarded secret.

“You must include yourself in the lives of everyone around you, and invite them into yours. This will provide you a degree of freedom, and even security, as it requires you to let go of the fear. Now, when you hold yourself in your heart and feel like you are guided by the angels to walk a different path from a person, then do so. The angels are protecting you. However, in life, you will care for and want the best for others.

“Caring for people to this degree in new relationships can be challenging since others may not wish you the best. They may even curse you. But continue to hold yourself in the heart to maintain strength. And continue to pray to God that you will befriend more than just the people who curse you. That remaining number of people who are friendly will be more than just a few. It is worth investigating how to strengthen your relationships with others at this point.

“Author, friendship and love are common. But I want to make you aware of deep connections that are brought to you through the spirit. When you acknowledge the love and greatness of everyone in this world, you will become aware of the door to the heart. This will open, and through it, you will find God, Jesus, and the Holy Ghost.

“When that spiritual door opens and you walk through the heart’s door, you will be overwhelmed by love. That love will be a familiar feeling. And you will experience the belonging that you have been searching for in life. It is a remembrance of heaven and how you came to the earth to redeem your generations of spirit in life.

“Author, this feeling of being recognized through the heart’s doorway is a sign of the covenant with God. That covenant is that you will think with the heart, which He and the heavens provide, as this is sufficient in love. You will understand if that key is turned and the doorway is opened to you in the heart. You will feel a depth in the heart that is beyond a physical feeling, as it is measured in light and love.

“By that same token, the depth of remorse that you will feel is proportional to the judgment of your life in memories upon physical death. You will feel the pain that you caused for others on a scale of significance, because the pain will be intensified greatly when it is measured against love. Therefore, you must find belonging with others, and we will soon discuss this in detail, for in doing so, you will build and strengthen connections with them. And yet, this very connection is the reason why you will feel the pain or suffering you caused them.

“Then ‘Why forge such connection, if it inevitably brings such pain?’ you ask. Don’t forget, Author, your questions radi-

ate from your heart. Through that pain or suffering, you will become whole once more in God's eyes.

"Walking through the doorway is a way to redeem yourself from the pain you caused in life, before you can enter Heaven. However, this opportunity for redemption later should not be understood as an excuse to harm others in life. It is an extraordinary gift. But even so, it is not one that everyone knows or acknowledges. Some souls cannot handle the amount of pain they caused to others, and so they run from God. Do not turn away from God, Author. Embrace God when you are able. That embrace is the full acceptance of using your heart in a spiritual moment of the purest love.

"Author, the love you desire is not from other people. And it is not from God, exactly. A wealth of love and appreciation depends on how you hold yourself in loving relationships and how solid a foundation they build for Heaven on earth. This love, by and large, is the beginning of the tunnel back to Paradise. Let me explain.

"Inside that spiritual door of the heart, you have embraced Jesus and God and the Holy Spirit. By and large, you want the best for everyone. You care for everyone in a way that you feel does not inflict pain on you or anyone else. And you want to be fair in your judgment in life.

"Therefore, the sword of justice that the angel wields to protect Heaven is not one of fear but of patience. The flaming sword could be useful to any person on Earth who needs to recognize that love takes time to heal wounds.

"Can you hear the memories and the curses in the heart from those who feel you have harmed them in the past, and stay whole by the heavens' patience? Author, this patience of love,

which transcends people's characters and allows them to love from near or afar, this is a burden to you.

"Love is belonging and respect. You cannot change someone by being competitive. Caring for others is life-altering behavior that is also a demonstration of your respect for them. They may not demonstrate the same respect in return. But they have not had the same life you have had. With your memories and the curses and pain you've inflicted on others, how can you blame others for their behavior?

"This patience then is an order of the Lord. The Lord will endow you with patience for this person, if you are willing to receive it. And if you cannot love someone due to the pain they have caused you, then the Lord can intervene. Give up the love to the Lord for answers. Through prayer, you will understand that the Lord's love is greatest in Heaven.

"Author, the world is not safe. I am not here to tell you that you were wrong for being afraid and bringing pain and curses to other people. Even in your own heart, you need to be brave enough to understand the evil you created and for which you will need redemption.

"The heavens are patient and will grant you time to understand. This could take lifetimes and generations. However, when you reach that moment where you recognize the reason for pain as a seed of evil fruit, you will understand why you are here on Earth. The pain you feel may stem from another lifetime. You may not fully understand in total. But when that moment occurs, and you realize the nature of that seed, you will witness the redemptive quality of love working for you in the garden.

“Respect others for their pain. Demonstrate their belonging through caring behavior. But remember that in your life, to love the Lord fearlessly, the serpent must be banished from your heart. The angel with the flaming sword will offer your blessing at this moment. The serpent must abandon that evil fruit, borne from the fall of Adam and Eve. And then you will understand the love that was always there.

“Author, there is a flame lit in your heart, which is now an overwhelming burden. It is the notion that there are others who need your assistance figuring out how to handle and hold themselves in life. The presumptive purpose of your effort is for the many to find their education through your words here. And in that respect, we will find your heart anew in flame.”

I felt my heart was wise in its knowledge of the Holy Spirit. And through God and Jesus, the covenant encouraged patience and compassion for the good of others to be my keen awareness.

“Author, do you know how it will help others if you are correct? That their opinions and facts intertwine into their own projected reality? That to be withdrawn from the world and fully aware of the spirit working within others is wholly good? It is true that the world will challenge you for this love, and you will conquer your fear over time with other people in your life. There is an aspect of this fear that makes it a hard choice to understand. Going beyond just loving other people and really understanding their frustrations and pain is to share in their suffering.

“Author, please let me explain why your heart is alit with flames. The Holy Spirit will be worshipped in this conversation with us. Use the prayer that you understand to magnetize such

ideas and put forth our requests from the heavens. Do you understand how this Holy Spirit in your mouth and words will capture the air between people? That magnetic pulse of the heart is carried by the words spoken, and the information will match the mood conveyed for others to understand.

“The magical way this works is through understanding a reflection of the words spoken to you through prayer. The heavens communicate to you through prayer as you listen and work out the system of references we share in your story. These then will help those who align their purpose and goals with the shared suffering of others.

“How does one respect the pain others feel? Is it a constant assessment of the pain and asking God to intervene? It often takes time to understand the totality of the pain. The totality of the pain is severe, and it is the result of such karmic curses that it may feel like the pain is over. And yet, throughout the spiral of time, you will see things from new perspectives, and you will readjust your behaviors and reeducate yourself as you find aspects to improve upon.

“Do you understand that every potential course of improvement can be vastly different given the different contexts and perspectives for any person? Do you see now that the possibilities for every choice are infinite? To better understand this, consider that the timing of events and the unique perspectives experienced by each person are also influenced by the many minute attributes and movements of their cultural environment.

“Author, there is no religious tenet that a person can rely on that will always work to cure their suffering, unless they become fully transparent to God and Jesus. Thus, the patterns of

worlds of painful memories will continue for the person until they open that door in the heart and embrace God.

“You, Author, cannot force this opinion of yours onto people to have them saved. You can ask, in prayer, for the Holy Spirit to intervene. However, when you ask this and you show judgment, others feel the pain of their past, and so they hide. But they need to hear this invitation to understand that God serves them and others alike. The son of God, Jesus, is taking their sins upon himself to redeem them. Their persecution of others and their painful memories that drive them to continue to sin will be erased.

“Author, the light in the heart is from the Garden. And in that moment when Jesus erases the sin from a person’s heart, they will see the Garden of Paradise. Will they understand how to belong there in Heaven? Maybe some will, but many will feel displaced in the new spiritual home, waiting to revisit the Earth.

“Author, Christ’s spirit of goodness will shine in those who understand the heavenly abode. Therefore, Christ will reside in their hearts. Those who are willing to learn from the Holy Spirit here will understand that Jesus Christ is forever willing to redeem them from their sins. We owe all our blessings of wealth of love and joy to him then, as he relies on us to carry out his prophecy.

“Author, the Christ spirit in your heart is lacking. You can tell this story now because you understand that you must do more than just respect others and be patient with your love in this world to forgive the actions that have caused you pain. You need to understand how God and Jesus Christ live in your abode. You must allow Jesus into your heart and home to ap-

preciate the way that you care, with compassion and sympathy for the whole earth. This is not going to cure the world of their sins. It will help you acknowledge that how you hold yourself will show your awareness that Jesus sees sin and knows how to relieve those who are in need of his love.

“So, you see, the world is not to be cured of sins by you. You will be an example for others of how sin exists and love can still live in your heart with the Holy Spirit. And the heart will radiate this message to its surroundings. The heart stays magnetized, even in suffering in the depths of darkness that plague this world.

“And Author, what you must do will not be easy, but to willingly place yourself in this position and follow through with a heart lit aflame is good and holy. Shifting this wickedness to goodness takes time to understand. You will see, and you will fight against it at times when you are weak. But you must fully embrace the fact that Jesus Christ will absolve your sins. And therefore, that evil for which you will feel a sting will be blessed in your mind and heart as you are forgiven through Jesus. The Lord is working out His purpose through this awareness.

“Author, there is a light in the supernatural world. A spiritual place in the garden you have not yet realized. The way in which you can conquer yourself and the way you can refine your ego are both the same in this place. Given your ability to write, Author, please spend this time thinking through how you present yourself through your words. The moments where you witness the Spirit working through you are where you usually write from. You say what your emotions tell you and rewrite those thoughts on paper.

“However, in this moment, when friendships are beginning and the spiritual light is in your heart, you must realize a certain attitude that you might want to share back with the world. This is not so much a moment for reflection as it is one for deciding who you would like to be. And remember that no one is so intelligent that they have nothing more to learn. This inspired act of caring for others and wanting the best for them still holds the truth. Quite simply, Author, you value others. But as time goes on and you realize how much trust is built through these relationships, you can start to understand why you are valued.

“Let me explain from the heavens’ perspective. The heavens see you as wholly good. And in this goodness, you are favored by us in the heavens in deciding who receives your friendship. This purposeful act of conquering your anxieties and depression, and anything else you talk yourself down from, presents an ongoing challenge.

“If you want people to like you, continue to be honest with them and want the best for them. But realize that there is something that they gain from you. Your perspective is different from anyone else’s. The mind makes this life real. And in those moments where you decide who your friends are and how to progress in contributing to their lives, they will come to you and befriend you. So, the ego is built in such a way that allows you to offer assistance and know that your life and goals are about giving back to the world while being yourself.

“Author, it is now the heavens’ turn to tell you to feel great about who you are. The passion that you have, the covenant you have made, and the path that you have forged are all aspects of your life that pay a return, in the heavens’ perspective.

“Author, you should feel good about this world of yours. You have created your life in pursuit of the garden of Eden. And in this pursuit of heavenly reconciliation with the Holy Trinity, you have helped build the kingdom of Heaven on Earth. Now, you will learn how to feel good about yourself and build an ego that is wise and that will enhance your friendships.”

Dear reader, there was a moment when I realized that I should feel good about myself. And in this moment, it was not so much pride that was the essence of that feeling. Memories came back of how others wanted to befriend me. That was a feeling of mutual belonging and respect. That feeling of love coming back to me was a good feeling.

“And yet, in this moment of understanding the need to create good memories with other people, you might reflect on how you have behaved in your life. No longer do you need to put yourself down or get angry at the karmic forces that might feel like curses. Author, you have helped people understand their own faults. You have helped them through their struggles and their surrender to God. In that surrender, you helped them believe in themselves. Their faith has grown stronger by knowing you.

“Author, I believe in these memories, as you should as well. The direction of your behavioral patterns has changed from a downward spiral, to searching for answers, to an uplifting life. It all started with an awakening to the awareness of God. So other people might have stronger faith in themselves and God. In those moments where you start to compare your faith to that of others, you will feel the embrace of love by the heavens.

And that good feeling, that noticeable strength you are gaining in an upward spiral, is heavenly.

“Author, it is time to look in the mirror. See yourself as worthwhile. Change the nature of your self-talk. Look at the life you have lived.

I could only view the memories of my many encounters by looking to the past. I couldn’t repeat them or change them. But this burden is lifted by the realization that self-exploration can shape future behavior.

“If you feel any anger or resentment, feel free to observe it from a detached mindset. If you can find an answer as to why you feel this way, then develop a strategy to focus on to improve yourself and return to where you hold yourself up. But remember the positive work you have done as you welcome all the good in life you have reaped.

“Author, there will be good and bad times in your lifetime. And as for the social identity and environment, it will get easier. Turn to your positive attitude.”

“Author, if there were ever a time you needed me to intervene from the heavens, it is now, through this story. The story you must convey is one of patience in navigating the winds of time, which requires traversing between memories and future idealization. Do you understand how these perspectives can transform how you perceive yourself? And do you see how misperceptions can cause your ego to falter? Let us explain to you, Author, that understanding how to address this challenge is critical to you in your world, as every decision you make resets your course and eliminates countless other pathways.

“Writing is just one of your many gifts, Author, and what you do with your talents is a crucial part of how you help de-

termine your future. Gifts that are given are never fully appreciated or used by the receiver. Gifts are even subtly discouraged, as people get in their own way at times. The gifts received from God are neglected and forgotten. Therefore, Author, they are hidden in the memory. However, some return. They come back as inspired thought patterns, but they provoke less ambition.

“A lack of ambition wouldn’t matter if goals were insignificant or arbitrary, Author. And if that were the case, God’s gifts would hold less value as well. But you would do well to understand the importance of the goals you select, or those you let fall by the wayside. Your ego’s position in time is determined according to the goals you set for yourself. Yet, you can go furthest utilizing your skillsets and talents. So, building on your talents over time can help you establish and fortify your ego. Furthermore, after strengthening your abilities, you will feel more confident about your ego, as confidence is gained through experience, much like a practiced skill.

“Author, this may all seem quite intense, even overwhelming, the notion of scouring your memories to rediscover and utilize the fragments that will reignite your talents and strengths. I will ask you to take inventory of those ideas, though.

“Your disciplined attitude will be reflected in your ego. Indeed, your ego will embody your love for crafting and the high standards to which you hold yourself. Your ability to learn new concepts and quickly make your own models will be embodied in your ego as well. Use these skills then to adapt to life. The time will come when you can benefit more from building on your strengths than striving to achieve new goals. Therefore, you should hold yourself to a standard that makes you feel

confident, and be patient in the time it takes to increase your strengths.

“Author, you have a strong mind because the model you hold yourself in has a solid foundation and staying power. You can also take a step back and think objectively about the models you hold yourself in, in the heart and the mind, and you strategize improvements along the way, based on intelligent reflection.

“This model you have developed over time in which you now hold yourself is your strength, Author. Not everyone would be able to maintain such a structure. It is what makes your ego unique in the world. And given your unique model of behavior, you can share with others from a leadership perspective.

“Author, you are able to adapt to new ideas and adopt new behaviors very rapidly. And, by testing the models you have developed, you will see that these models of your heart and mind can expand and flex, and still stay strong. This is because you will develop into something more than a follower. Your leadership qualities will draw people to you who respect your ego.

“Author, the memory forms the basis of the ego. And the goals you have are prospective, advancing from the present into the future. In the present moment, you will understand how to show yourself as a wise and caring individual.

“Let us decide who your ego will benefit. This is a task that you will find instrumental in developing the team you will want to work with.”

I thought of acquaintances and loved ones, family and friends. People from my past and present who had more than

a fleeting presence in my life. I was intrigued and eager to find out how I should involve certain people in my life.

“Now, whereas you rely on the model of your ego as you apply your heart and mind toward achieving your personal goals, what you must do to advance objectives as part of the team will be different. Think about where you can help others who might cross your path. In working together, you share the same goal. And building these relationships while pursuing the goal then can help drive the primary objective by driving the collective motivation to achieve the goal.

“Author, your ego relies on you holding yourself in your heart, unbiased and welcoming. You are willing to make connections with people. And in these connections, you want the best for others. In any interaction, you accept reality in a fairly straightforward manner, after assessing the available information and determining how much you should or should not believe.

“This breaks the cycle of returning to your heart, where your confidence is. The strength of your ego is humility. Perhaps not surprisingly though, that humility is also a weakness, as it allows others to gain a certain power over you. We can help alleviate that problem of the ego and cure the condition.

“Author, you are able to hold yourself with strength of love and contentment. That power in the heart should be favored by everyone around you. They should understand where you are coming from in your conversations. You tend to think and act with the heart.

“Centering in the heart is a special condition that most can achieve in their lifetimes if they practice connecting to the heart through meditation. You, however, found it naturally,

through detachment. You have seen and experienced enough in your lifetime to reflect meaningfully on those events. The challenge you face is interacting with others. You forget the standards you set for yourself. You let go of the respect you generally hold for yourself. And this can be difficult to understand because temptation constantly creates pitfalls to hinder your perception of visions.

“Author, the noise that surrounds you and the temptation that you fall to are a mere story away from gaining strength in that model of excellence in which you hold yourself. Understand that not every single event or moment of your life merits reflection. Do not internalize everything. Be discerning and selective. You need to act in a manner that helps others and that furthers your own goals as well.

“Author, the answer to this question is the point of this story. How are you going to create strategies that will keep you in the present moment and help you resist temptation? Remember too that your strategies will narrow the possible choices you have, as they set your path forward.

“You will find strategies that you can draw upon if you search back through your memories. When were your strengths displayed during difficult conversations? And when those conversations occurred, did you display a brilliance of awareness and continuity of compassion for others? The mechanisms underlying these moments when you displayed your greatest gifts of disciplined thought and action are to be favored again.

“Does it scare you to think of your ego as strong? Think of your ego as one who helps people, spurring them to reciprocate

and help build toward the goals set by your team. Can you possibly have an ego that leads from the heart?

“Author, the time I have described, the time waiting in the winds, is simply the time you spend trying to get out of your own way so that you can pursue your ambition and excel in your lifetime. The transformation you aspire to then is a model of bravery. Do you have it in you to seek this more courageous self? And, as you stay in the present moment and hone your leadership qualities, can you recognize when you need to ask intuitive questions and be attentive to the heart’s response? Do you understand then that this process or cycle, which time continues to strengthen in your ego, is a patterned command for how you shall involve yourself in the world?

“There is a time and place for everyone to understand their greatness. This story is one that can help you make huge strides. Are you feeling embarrassed by this story? Then change the narrative for your ego.

“Author, you are aware of the necessity to understand other people, therefore you hold yourself in your heart and patiently wait for them to reveal their truest nature. You need to know what those people care about. The values they hold, and the extent to which they hold these values, will give you an idea of how they will act in the future. This is because people have belief systems ingrained in their memories.

“I know it is difficult to understand how patience is a cure for time and a balm for friendships in this lifetime, but we shall help you engage in your methods and expand these to build greater strength.

“Author, as you hold yourself in a patterned approach in life, you begin within your heart. You acknowledge the situation. You also live by caring for others.

“These qualities will serve you well for introducing yourself and building flimsy social ties into friendships. However, there is a quality you should work on developing in yourself. This is the quality of waiting and paying attention to what people care about, and what they give more or less weight to in their belief systems, as these will ring true to you as you listen. Although, maintaining a boundary of thought is also important. As you listen, you should provide space for others to showcase their values, for this can help you discover what you have in common.

“As you build these friendships and encourage others, you need to remember to stay impartial in your heart and let the love between God and the world occur. This connection between Jesus and those friends will help strengthen and build the relationships in this world with those people.

“Author, you may find it curious that you must maintain space while you build a friendship, as you know how to strengthen the relationship through listening and connecting with the other people. However, the other person is guided by the Holy Spirit, just as you are. Therefore the moments of serendipity will become more frequent as you find more commonalities and feel less anxiety in your friendships. Either way, the boundary must always exist for the friendship to grow.

“Let me explain further, Author. You cannot control people, and due to this boundary, they cannot control you. Sometimes people step into and follow along through this space. The space is your strength in leadership.

“Any great leader thinks about this space between people in their relationships. And as leaders become wise in friendships, they develop an understanding of when they should be more forthcoming and when they should not be. Exercise this discretion with care, Author. Many people provide dishonest sentiments and do so with malign intentions. This can bring about distrust and harm relationships.

“Author, we are getting deep now into how to build and strengthen relationships. At this point, I will tell you that even strong friendships can fall apart, therefore they must be protected. You should understand that relationships can be soured by those who are hungry for competition.

“As a leader in light and love, you may always find God in your heart and reflect thoughtfully on the situation. As time becomes less important in the course of your friendships, and you become a more likable person, your status will shift among groups of people. A friendship that takes no time to form is then a fool’s gold. For if people want to befriend you instantly, it is only to suit their own interest.

“Therefore, space is necessary in the heart as well. This boundary of the heart is different from that maintained by the mind. The boundary in the heart is one where giving in to temptation is hardest to forgive.

“Author, taking the time to get to know someone’s values and principles is worthwhile, as the mind then predicts the person’s behaviors based on their values. If someone is eager to become friends, remember the goals that are set in their hearts. Are they rational? Or does the person live in a romanticized world that could become dangerously incoherent? Not only will their combined actions affect your perspective of them, but

their choices will affect which choices and pathways are available to you as well.

“Author, live with love but also with peace in yourself. Do not fall in love based on attraction alone. You understand the serendipitous moments where enchantment occurs, therefore, think with the conscious voice in the heart. Do not allow your thoughts or behaviors to be led merely by attraction or temptation.

“The goals of the heart determine where the ego resides. The foundation of the ego is the memory that you hold yourself with. Through the lens of your own truth, you will listen, detached, to the voice of inspiration and reality.

“Author, this moment, when the rationale is set for what you truly want for yourself in your life, is the turning point for your friendships. This is the moment where you wish the best for others who befriend you, and their help advances your goals. You achieve more when others want to help you with your goals.

“Therefore, the adage that ‘the truth shall set you free’ speaks volumes as it relates to leadership. Building the favor of others through friendship and speaking the truth about your goals in a rational manner from the heart will prompt new approaches to the conduct of your team of friends.

“Do not misunderstand this message, Author. The purpose of making friends is not simply to achieve your heartfelt goals. In this chapter, we have discussed the timing of friendships and the boundaries. This projection of goals with friends then is team-oriented. People will befriend you because of your vision, especially if you build relationships to connect those ideas with people.

“Share of yourself and know your boundaries. Know who it is that you are embracing and how they will assist you in your purpose. Together, these boundaries will enforce your honesty and expectations, informed by the values of your friends.

“Author, give yourself space as well. The tricky part of providing space for yourself is figuring out where that space should be located. It is a field invisible to others. That space is one that is psychological. Let people listen, and provide space before you enter into honest dialogue, if your heart is not ready for it.

“Keep those friends and advisors informed enough about your goals that you can depend on their reflections as well. Because leaders do not necessarily dominate the projection of the goal. They allow their minds to listen to others’ perspectives, and they remain open to modifying their strategy. Author, this might sound complicated, but it is the common spiral loop pattern for friendships.

“We provide basic boundaries for you to help you breathe life into your goals. And in pursuing your purpose to build a kingdom of Heaven, you will understand that patience and listening to other people will offer insight not just into their values, but also into their application of new Christian beliefs.

“Author, time will tell if this willingness of yours bears fruit in a living kingdom of Heaven. However, in the heavenly realm, those lessons about listening to and understanding others will provide a moment where Jesus will truly walk with you on Earth. The footsteps he will take will lead others to a vision of co-creation. Together with the Christ, you will build on your strengths.

“Author, the conversations you have had within yourself, your understanding of a reconciliation with the heavens, is good and wholesome. Now it is time to understand something very interesting about the heavens. We fight alongside you daily through the winds of time. This wind is a flow of ideas in light and love that reverberates throughout the past and future.

“Your spiritual family comes to you from throughout the ages and manifests new ideas for your destiny. The projection of your goals is altered as new people enter your life. This projection of various different viewpoints then adjusts based on encounters with the spiritual family from your memory. This memory can be physical or mental.

“Author, there is a way that you decide to live by the memories of generations past. And in that unfurling of your life, the lessons are presented over and over again while you find similar moments of education.

“Therefore, you must harness your best abilities and strive to become something worthy of your spiritual family. Leading others and projecting new ideas of passion are good and wholesome, and these align with the heavens’ trajectory for you. This co-creation story then is something amazing to aspire to be a part of.

“Life is something that you, Author, are witnessing with more than mere attitude. It is more than the programs that develop around you. Life itself is an entity. The whole living structure of this universe comes from generations of layering and building upon simple magnetism. And in that magnetism are bonds that secure your senses to help you understand nature.

“The sun, planets, trees, and oceans all flow together in harmony. This harmony is the vibration you see, smell, taste, feel,

and hear. Empowered by the heavens, you perceive the world around you through these sensory perceptions.

“Author, the magnetic fields and projected self in this space are of conscious decision making. You feel your ancestry in this rippling consciousness. And in that amalgamation of physical bodies, made up of the tiniest particles, you feel secure.

“Author, this manifestation of goals and relationships goes beyond your heart and mind as a leader. In the heavens, it is a co-creation story. It is an adaptation of the conscious ideas living around you.

“The goals you proceed with as a team of friends are then bolstered by ideas garnered from a great collective power in consciousness. The relationships pick up on the information conveyed between the friends, and this familiarity is a source of creativity. When the relationships are strengthened, comfort and confidence are built, and you will be able to interpret the space between people and anticipate where they will lead the conversation without verbalizing their thoughts.

“Author, in moments when serendipity occurs, feelings are communicated without effort in the relationships. And in those moments, you may have a heightened awareness of the situation. This, Author, is where growth can occur as a strength. These moments allow you to reflect on and be aware of constantly applying yourself to the moment. This is consciousness at a heightened vibrational frequency. The peak of consciousness will occur with an outburst of love and light and laughter. Pay attention to when you feel your consciousness fade, and ask yourself whether you got in your own way of holding that feeling together with others.

“Do you understand that the longer you hold yourself at a higher consciousness, the better you will understand purpose projected through people from the heavens? You will also understand how, from the past, you will evolve from family traits handed down through generations.

“Author, this manifestation of love in your heart welcomes the greatness you share with others. And in return, the heavens will thank you for welcoming others into this greatness. They will benefit, and your strengths will be heightened for the next generations to understand their covenant with Jesus. Through the heart, they will understand love better.

“This is the part of the story where you accept the lesson and strategize how to effectively implement it in your life. Please allow yourself a moment to admire and acknowledge your ego and identity as great. You have done a lot of work toward co-creating a life purpose already. Now provide yourself the space to understand how the heavens will intervene.

“Look for clues in the world that present an echoing vibration. By this, the heavens mean that, when you hold someone in your thoughts and your surroundings seem to confirm your thoughts, you can feel that relief. The vibration of truth from your heart is guiding you and leading you before the surrounding world can catch up. It seems in these moments that the experiences are *déjà vu*, or something very familiar. In these moments, you can trust that the heart is sending signals of oneness with the projected life around you, and this is stellar. We all find these ideas comforting.

“Author, the overlapping ripples of love and laughter lead us to understand new horizons of consciousness. Remember to remain impartial or detached in the heart and be aware of your-

self. Be aware of the thoughts taking you out of the moment, and strategize how to stay in these ideas longer.

“I want to share another idea with you soon. The confidence you gain from trusting your heart’s intuition is another strength. The heart is strong because it picks up on the feelings of living creatures around you. This is how we reflect on that space and anticipate the goal orientation of others. Through love and light, the heavens can converse with you about other people.

“Author, embrace these intuitive feelings you gather from the heavenly family. To understand the most from these conversations, ask additional questions about the world surrounding you. Share yourself within the heavens and ask how to proceed, using yes or no questions. When the questions evoke a positive response, the feeling will sink in your stomach. Follow that gut intuition with more questions.

“Author, the memories you have of your life choices manifesting themselves, aiming toward the future, will then flip around. The goals you share with others can be embraced as reasonable foundations of the structures and programs of life surrounding you. Do you understand how, by asking the heavens questions about others in your relationships, they create synchronistic information to resonate and provide confirmation details? The moment you understand this, you will understand how to avoid getting in your own way in your thought patterns.

“This level of consciousness is surreal. You will listen to the heavens speaking through other life to confirm details that you only intuitively understand. Author, this level of being at peace with nature is where you can call home. This home is Heav-

en, entering the place you worship. This home is not your body anymore. You are letting go of the defenses you held onto for so long. When you trust the heavens at this level, as your intuitions are confirmed through the surrounding life, this then is ethereal.

“The love you have will build tunnels between people. These tunnels between hearts, it is fair to say, are love as a measure of light. Vibration is a feeling of joy or laughter. Intuitively, you will no longer think only of the heavens as being in your relationship with the world. You will understand the ethereal phenomenon as resonance with others.

“The psychological space you provide for others will still stay there, even after you are bound by love. Love feels like reflecting on the other person and sending information through the heart, asking them to open themselves to a moment. This prayerful moment then offers a chance to understand the feeling. The ego you presented in strength of mind is confirmed unquestionably as someone lovable and funny.

“Author, the tunnels of light and love, and the feeling of laughter will be discussed soon enough. Though I wonder how you will react when others evoke a feeling or emotion to fulfill a request of the heavens.

“These moments where you are aware of intuition are to be seized. Do not wait for such definitive confirmation from the surroundings that you never try to be brave. As a leader and one who is lovable, be there for other people in relationships where your values align.

“Finding the bravery to escalate where life’s story evolves is a pivotal moment in co-creation, shared within the place you

worship. Your loving surroundings are then in natural order. Consciousness is greater, and you lead by your strengths.

“Author, take this knowledge and share it with others so that you may find this place of worship. This ethereal feeling is a sublime vision to pursue.”

“Author, there are moments in the world, throughout space and time, where the serpent forsakes his temptations to mourn the loss of his fallen angels. He also mourns when people have been liberated through a new consciousness. And in that lively debate over who will take hold of which souls, it is the devil who loses some of the fallen souls he had once captured.

“This liberation of souls is then an awakening. Much like how you awakened to start receiving this story and relaying it to the mind and heart, as you realize it was intuitively devised by the heavens. There is a humility that accompanies all this knowledge though, as you understand now the karmic consequences of decisions made by you and by others in your surroundings. Author, this time of sorts, the projection upon a plane between magnetic poles, is rather obvious. You either project yourself onto others as you walk through life, or you manifest patterns that were impressed upon you as a physical memory, hoping to reclaim an identity within your relationships. And somewhere in the middle, the magic of life occurs.

“Author, you must rethink the heart here. Do you not project yourself and what you value in life onto your surroundings? Do you not wish yourself free in these surroundings? This projection and intuition are nurturing aspects that help with the realization of the world. And then the mind makes it all real.

“The mind, informed by infinite wisdom, communicates and solves the patterns of life in its making. And so the mind collapses the magnetic poles as it gains a conscious awareness of ideas. This consciousness comprises a subconscious and a conscious reality. With higher consciousness comes a deeper understanding of light as the truest nature of the self. Therefore, Author, you have evolved in a natural way that reflects the nurturing aspects in life, allowing you to offer leadership to others. And the serpent cannot fault you or ensnare you in temptation unless you wish it so.

“Author, the serpent is not of a light that is recognized from the heavens. It is of nothingness. And in a universe that does not understand itself as being whole with the heavens, it dwells in a chaotic mess of space and time.

“The serpent spends no time acknowledging its inferior position. And so the person who spends generations searching for God triumphs quite easily over the snake once they understand their life’s purpose.

“The purpose of life for some is to become better in the next generation. And yet, there are some in life who search to find the heavens. Even more righteous than those are the ones who denounce the serpent and conquer its temptations. The righteous purpose then, is to understand the serpent in your mind and heart, and to liberate others, as you acknowledge how the projection of light affects others in your life. Do you see that the light and the ability to attract those who understand the heavens is actually within you? It is in the soul, where you are guided by the heavens. And the serpent can listen, but it can only understand from an outsider’s perspective what it is

to be conscious at a higher level of light, love, and laughter, as it cannot obtain this higher consciousness itself.

“Author, there is an awareness that you seek. And you have come to liberate others who were his fallen angels. This liberation of light and love to the heavens is a glorification of the Lord. Your purpose to elevate others’ understanding of the heavens will lead them to conquer their fears.

“This moment of recognition is one of prayer with God. Through this prayer, the act of liberating others who were morally asleep will be kept as a memory within the heavens, meaning that you are within the heavens in your consciousness while you are physically on Earth. Author, this memory, with a part of you in the heavens and beams of spiritual light helping around you, is one that will cultivate your identity, and it will allow you to have more serendipitous moments.

“The ego in pursuit of God is brave. It can conquer the serpent, as an awareness of self becomes a declaration of freedom in the light. Those who fight the serpent with shame are drawn into the flames of Hell. And those tempted to become invincible in life are relying on a faulty mechanism of the ego.

“Author, this awareness of light allows you to intelligently weigh the moment of freedom against lasting hellfire. The spiritual light of the Garden of Paradise is something that shunned the serpent from Eden. That moment of its rebellion against understanding the light became its wisdom and its downfall. In the moments when the serpent recognizes that it is capable of understanding the light, it praises God. The snake cannot help but to praise God. It is of a natural order in the program of God’s will.

“Author, it is not conducive to discuss this ego that is pre-disposed to damnation unless we are willing to work backward and go forth into the lair of the serpent. Understanding how the ego may be of heavenly ascent will be much more beneficial to you in life. Therefore, we will discuss the enemies of the snake. Those who help others become aware. The people whose purpose it is to shine light from the heavens into this world.

“Author, this may sound easy to do, but it can be difficult to awaken others, particularly in the short time you have in which to help them understand. And the reluctance of some may cause frustration. Therefore, we will remind you of the covenant in your heart with Jesus. Remember that the heart is filled with patience. And the serpent’s presence is felt in the surroundings through the evil that is spoken.

“Author, there is pain in this world. And the serpent wants to make you experience that pain. The pain drives the will of the serpent for temptation. If you think you are not strong enough to bring light, love, and laughter to the moment, leave it in Jesus’s hands. This battle of good versus evil is very real.

“The way you can win is to secure your ego as valuable to God. This value then connects you to the heavens and keeps you from giving power to those who are hateful. The moment when you forget Jesus Christ as your savior is the moment you become vulnerable to temptation. Just remember to stay alert and aware of the feelings you are projecting into your surroundings. And remember that no one can take your joy from you.

“Author, a healthy ego is one that allows you to understand your follies. No one is perfect. And those who believe that the soul is perfected in death are misled.

“We work toward a common purpose in the heavens and care for one another. There is also a great opportunity to befriend others and care for them during their suffering in life. These moments of showing compassion for others hold the realization that the pain born of all the temptation heaped into your life is the same pain felt by others. You show patience in helping heal others, and this comforts them in the suffering that they carry in their souls. Therefore, you make the heavens stronger by your efforts in caring for those gnashing their teeth in their lives.

“Do you understand now how this work is done on a spiritual level? The moment of life where you meet suffering with compassion is like a projection of light from within the heart.

“Do you understand that the light is projected from within you, and this brings the serendipitous moments, which the mind makes real, more in line with the universes? However, the light is a beacon that cuts through the dark, and the nothingness in the universes that is the snake is awakening to your heart’s projection in your relationships with people who are akin to fallen angels.

“Author, this is all very real. The moment the light enters the universe through your compassion is a moment where light defeats the darkness.

“This moment of universal love is of God. This moment where redemption is found in the lives of the fallen is ultimately a realization of consciousness of purity at a high frequency. The love that is shared resonates to each pole, channeling intuition through your surroundings. Do you understand how love conquers fear where it stands in your surroundings?

“The atmosphere of someone sharing love and compassion then ultimately projects light and resonates with the surrounding life. This attitude of familiarity with the heavens’ connection is of the universal order.

“Author, when order is found within the natural surroundings, you will see how you have helped those around you discover the hidden meaning there is to life, in a spiritual sense. The atmosphere of magnetic frequencies comes from the heart and nurtures those who are suffering. And the magnetism of the words in the mind allows others to experience the moments of serendipity. This starts to fracture the faulty ego built by temptation. Yet, it is not when cracks are found in the ego but when a broken mirror of the self is found in others that presents the moment where nothingness is contemplated.

“Author, how can someone witness another descend to their lowest point and still care to help them? By acknowledging that God loves all, those who are inspired by their covenant with Jesus acknowledge that their relationships hold a similar trajectory. Do you understand how the pattern of God’s will involves connecting people to the Garden of Eden? So take these opportunities in life, when someone is broken but still feeling hope in God, to explain how time heals wounds through awareness of the light.

“The poles that flip within the self toward shared characteristics is how you can think of how light helps save others. There will come a moment when you will understand how the magnetic poles flip themselves within people. In that moment when you feel an adverse reaction to those who irritate you, you will understand that you will now feel brave and friendly to-

ward them. So, this sudden feeling of attraction or repulsion is at odds with the previous understanding.

“Author, there are moments like this throughout the day, and when you develop your nobility further, you will feel more confident. Let us discuss this. The nobility that you have and acknowledge in your awareness is ultimately understood within. It may feel like your backbone is sturdy enough to support others on a team. And standing up to any person may not feel very intimidating. That said, you should strive to act within the light.

“By connecting with others within the imagined light they are bathed in, you will make it easier to connect with the other person. And in that connection, where you feel a polarity within your heart, the music or vibration that you understand intuitively will immerse your thoughts. It transcends the plane between the physical and the supernatural, initiating in the vagus nerve and reverberating into the heavens.

“Author, the back-and-forth dynamic of the relationship may just play out as the other person needs or as you need. But in moments of serendipitous interactions, where things move freely, the action is in harmony. This is also known as a resonance in vibration between hearts.

“Author, there are many opportunities to try to understand the interactions between yourself and other people. You may have many opportunities with friends. This movement between people and their familiarity is then a blessing in your lifetime. These moments of serendipity are heartwarming prayers fulfilled. The moments we have discussed that are serendipitous in nature are then profoundly brilliant to learn

from. Notice that each movement can bring you closer to understanding that connection in light with Jesus.

“The movement of the light understood by the heart is a welcoming aspect of the spiritual light of the heavens, as it helps heal people. The vibration that resonates between people is profound and may lead the people to learn to be more realistic in the relationship. Realism is only assumed when the people in the relationship spend time with each other. When people are connecting with others and building trust, ideas rise to the surface and are tested through reflection.

“The moment of realization how trust works in a relationship dynamic is then wholly good. The relationship itself is examined and processed for what may be improved or enjoyed. In any event, there is a realism to it that can occur. Do you understand that when romantic notions are thought of as profoundly good, there is an opposite balance of critical thought? This balancing, with space given between people, allows ideas to shuffle between them so they can keep a healthy perspective. People seek out their opposites in life to understand themselves and their surroundings more precisely.

“Author, this moment of understanding is intended for you to enjoy being both idealistic and critical. It is easily said that one should interpret how they think of the positive and the negative. But in reality, the vibration or music in the heart understands these as a much more complicated arrangement.

“Do you understand that being critical means caring about details? Critical analysis of the projected ego is then a part of welcoming relationships into your life. This shows a mature masculine identity. Applying critical thought in a relationship

that is serendipitous demonstrates a desire to both protect and provide for the other person.

“The idealistic personality in this relationship is feminine. That person wants to understand self-improvement for both people. Whereas the critical thought is protective and productive, the idealistic thought is ambitious. This personality lives in a dream world where the heart makes their world reality.

“Author, I know the back-and-forth aspects of negative and positive characteristics are engaging, but the natural surroundings are often neutral for a reason. The light, amplified in a natural surrounding, is at peace with service to the heavenly realm. The plants, the oceans, and the earth are all of the sounds that interact in the heart. Taking yourself out of nature only makes things within the heavens more difficult to understand.

“Author, the serpent is in nature, but it appears in the personalities of people as well. Opportunity may be welcoming, but it can also present the characteristics of competition and temptation. These opportunities are dangerous, as they allow cracks for evil to enter and intervene.

“You see the rebalancing of evil within nature and nurture in life. It frightens those who see it. This is why we ask you to continue to observe the rebalancing and write about the lessons learned.”

While connecting and communicating with people had been gratifying for the simple enjoyment of it, I recognized that these interactions could serve a greater purpose. But focus within my surroundings and diligence would be required, as I would not be able to impart any wisdom I did not hold.

“Yes, Author, the awareness of the moment of learning is of primary importance. In this moment, it is an awareness of

fallen angels. The Morning Star will rise again. And the serpent will be in the world, in nature, once more to take advantage of the opportunities to wage a holy war within the self and in the surroundings.

“Be aware of your own naivety. You may not like to understand the world with evil in it. But look at this topic through a critical lens. Protect not only yourself but your friends and family as well.

“The serpent, who is called the Morning Star, will wage this war on humanity. This is where the principles of your behaviors, how you share yourself in light and engage others in prayerful dialogue, help protect you in moments of competition and temptation. These moments put fear into people. Your faith will allow you to hold yourself in a steady way that sets an example for others. The moments of fear, where people become indecisive and confused, these are moments to lead.

“Therefore, in the moments where the serpent is making his way to war against those who once were his fallen angels, remain critical and hopeful. There is a way to balance the critical dissection of the masculine personality with the idealistic musing of the feminine personality. This involves reflection and strategy, which will reveal a path forward for defending against the evil in life.

“Author, the way you hold yourself is also the way you lead in life. Being hopeful and engaging in self-examination will allow you to maintain flexibility as you search for alternative solutions before basing a strategy on them and executing on the strategy. One weakness of this method is that it is often passive. However, if you are active and protective in your interactions with your surroundings, you can lead with conviction.

The masculine nature is deeply rooted in any beliefs that are held, therefore, another weakness is that masculinity may not be the best trait to rely on where thoughtful advice through intuition is required.

“There is a basic step forward that you must take now, Author. You must acknowledge that, as you protect and provide for others, considering things with a critical lens, the serpent may try different strategies to move others to compete and to get ahead in life. On the one hand, this disruption of harmony can motivate you to accomplish great outcomes, but it can also rebalance the world against you through temptation. The lust and greed that may serve you in competition can work against you through karmic forces, some appearing as shadows. Therefore, Author, you shall work diligently to remain critical and resist the serpent in your lifetime.

“The way you hold yourself in your heart and mind then will be within the spiritual light of the heavens. And this is how you can help others and defeat the serpent in one fell swoop. When you take it upon yourself to learn about the light of Jesus and apply it in your life, you set others free. Do not align yourself with the serpent or take him up on what he offers. If he attacks you, stay within the light in your heart, as it is attached to the Garden of Paradise. The angel with the flaming sword has a masculine personality. This angel will protect you through your instruction.

“Let me explain how you may begin to adopt the angelic perspective in life through your heart. The intuition of the idealistic personality is grounded in hope. The perseverance brought about by this hope, in spite of the serpent, is awesome, and it will allow you to free others through the Holy Spirit. Let

the Holy Spirit work through you and magnetize your words and actions. This protection from the angel will allow your words to be spoken through angelic tongues.

“Author, the serpent is not the end of this life. It was never actually part of the kingdom of Heaven on Earth. The devil is only given the privilege of existing in this world through the redemption of Jesus Christ. Therefore, pray for Jesus to walk with you when you sense evil with your spiritual intuition. Let your light create the world around you. Do not let the critical thoughts of your consciousness deny the spiritual world.

“Author, both Heaven and Earth are your surroundings. This heavenly life-giving presence is offered through the Christ in Heaven. He watches and walks with you as he resides in your heart. Allow Jesus his reign in the world. This prophecy of his to come back and thwart the serpent is true. It takes many hearts in prayer together in tunnels of love, light, and laughter to fathom his grace in redemption.

“Author, the world will remain a tangled jumble of opposing forces until he rebalances it. That means that, for the time being, evil and good both exist within your surroundings. Be the force of good.

“Consider the future and the past, the idealistic and the critical, the feminine and the masculine. All these ideas are of two different natures. And when they separate and rebound, they ripple across the universes. This is how it all began when Heaven and the universes were separated. The serpent fell. It caused nothing to be of form, and order moved to chaos. And in this measured frequency of the serpent, the light ceased to exist. But it was in this darkness that the serpent reflected on God. The serpent understands the Holy Trinity. And yet, it

holds itself in such high esteem that it cannot fathom freeing itself to live in a sublime existence within the harmony of Heaven on Earth.

“Author, the physical manifestation of the Garden on Earth is a projection of where the world is headed. A projection from the Holy Spirit. And in the light of the spiritual heavens, it will guide you to rebalance nature and nurture. There is no room for evil within this Heaven on Earth. It is where Jesus will assert his reign once more in life as the Messiah.

Is the projection of the universes necessary? Is it necessary to wake up to this world as a human? The soul is willing to refine its presence in the heavens through this projection to worship God. Author, the world is of interest to God. And He protects those who worship His light and Word.

“The substance He provides fulfills a prophecy to create this reality within your domain. Author, you assist in furthering this narrative as you learn and you lead others in life. And as you lead and shape your surroundings in resisting the serpent, the world is harmonized through a resonating truth.

“That truth is manifested in Jesus. Let him lead you in your relationships and your heartfelt intuition. Let the manifestation of the Spirit exist in a form for all to enjoy. Rejoice, as the heavens will reveal their knowledge to you.

“Author, the ego is charged partly with positive and partly with negative personality aspects. And yet, you have become whole. Do you understand that the separation of and withdrawal into any aspect only steers you by making you see yourself as having a mind- or heart-centric personality? By that I mean that the measure of charges in your personality must remain balanced for you to succeed as a leader.

“By positioning and holding yourself within the mind, the charge of your personality will remain masculine. And if you stay in the heart, it will remain feminine. Of course, this has been a test of life, for you to understand your preference and determine how to live as the opposite of your inclination in order to create that balance. By living a new iteration of life as the opposite of your current preference, you will cause a shift in the karmic balance, changing the way karma is used in shaping your personality. Previously, you would have carried evil karma into the next life and fought against either the mind or heart to justify your own actions as suitable patterns of behavior in life. Such are the memories of the soul, reenacting themselves in a new form and in different, yet similar, conversations.

“Author, this may not seem subtle, but if you take careful steps, it will be. You need to master yourself before you build relationships that are trustworthy. By knowing thyself, the ego can reexamine how you can best help others. The truth in your words is a balanced array of wit and knowledge that suits their needs.

“Author, the rebalanced ego is crafted by your personality, which you have become. The ego itself is the conscious voice that comes from the soul. That is, the intuition you have developed throughout your history creates the knowledge of self-inspection. The mind leads the heart, and the heart leads the mind. In the heart, there is a balance of judgment. And that judgment is capable of justifying your behavior and the behavior of others.

“Author, the forces that are created through the application of these words and listening to the voice of the ego, the positive and negative forces, are one, from the perspective of the Holy

Ghost. That said, both your spirit and the spirit of God will help guide your words. Showing trust in your words and actions is bravery. Anyone who understands that the mind and heart are both connected within each other and whole apart from each other carries a force of spirit with them. Do you understand now how the heart and mind both have a hand in narrowing down the possibilities before you in life? And how your relationships with others will influence the strategies you create? Let us discuss this further.

“Author, the ego holds a measure of understanding as well. By accepting your faults in heart and mind, your personality becomes humble and compassionate. Therefore, as you walk through life, allowing the divine spirit to guide your ego, you will accept that it is not always inspired to create incredible works. Sometimes the divine spirit moves you to create just a moment for others to help them step into their own space and conjure their own brilliance. And in that space of reception and wisdom, the heart can reflect and radiate these for others.

“Author, I know the positive and negative aspects of this worldview overlap and vibrate throughout the plane of space where the soul is projected. But in the masculine and feminine aspects of the ego, you can understand both of the forces as good. This is the dynamic of Adam and Eve as they were created in Genesis.

“Author, the moment you understand yourself as whole and complete is the moment you acknowledge yourself as a sinner. And when you acknowledge everything you have done differently than your intuition guided you to do, you will be like that angel with the flaming sword in Paradise. By this, I will say, that the purification in patience comes from self-examina-

tion. And in the moment you receive grace, that is the moment when you will pass through to the garden. It remains that the puzzle in life is to find the wholesome aspects of the ego and build on those to lead others back to Heaven through Jesus Christ. This love is the grace that he shared with you even prior to the covenant you had with him. And yet, in moments of serendipity, you will find others in their space and lives, and you will bring goodness back into the world.

“For your attitude, your willingness to make things wholesome for yourself and others, you are being rewarded. This moment is of a feminine nature, nurturing your soul with the gift of light. The stories of others become unified, and this unification becomes part of your memories. The good work that ripples across the planet is part of the kingdom of Heaven on Earth. God willing, the Earth will rest in harmony once more with the people on this planet.”

And I sat back, marveling in the belief that a childlike force of goodness and inquiry can help reset behaviors that are crooked. Because it is the force of goodness that rejuvenates our relationships. The childish ego is one that does not desire to control as much as that of the man who is sinning. The childish ego is then wanting community.

“Author, those who sit back and let their spirits rest and never obey their intellect are prone to sinning. The devastating remarks of the soul at the end of life will lead them to the fires of anguish. It is a place where life ceases to exist and where those who have been disconnected from their soul enter eternal slumber.

“You have reawakened to the ego by listening to the soul. This transfer of light through action, done to benefit others, is good. We are proud you have found this knowledge, Author.”

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