



MARKHAM Location | t: 905.294.7332 | f: 905.294.5848 | <https://championtaekwondomarkham.ca>

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**"where kids learn life skills and build confidence"**

# CLASS SCHEDULE

MON	TUE	WED	THURS	FRI	SAT
Private Training 9:30am - 10:30am	Private Training 9:30am - 10:30am	Private Training 9:30am - 10:30am	Private Training 9:30am - 10:30am	Private Training 9:30am - 10:30am	Private Training 8:00am - 9:00am
Private Training 10:30am - 11:15am	Private Training 10:30am - 11:15am	Private Training 10:30am - 11:15pm	Private Training 10:30am - 11:15am	Private Training 10:30am - 11:15am	Toddler Champs (Ages 2½ to 4 yrs.) 9:00am - 9:40am
Private Training 11:15am - 4:15pm	Private Training 11:15am - 4:15pm	Private Training 11:15am - 4:15pm	Private Training 11:15am - 4:15pm	Private Training 11:15am - 4:15pm	Make-up All Little Champs 10:00am - 10:45am
All After School Little & Junior Champs (All Belts) 4:15pm - 5:00pm	All After School Little & Junior Champs (All Belts) 4:15pm - 5:00pm	All After School Little & Junior Champs (All Belts) 4:15pm - 5:00pm	All After School Little & Junior Champs (All Belts) 4:15pm - 5:00pm	All After School Little & Junior Champs (All Belts) 4:15pm - 5:00pm	Make-up All Junior Champs (White Belt to Green Belt) 11:00am - 11:45am
Little Champs (Ages 4 to 7 yrs.) 5:15pm - 6:00pm	Little Champs (Ages 4 to 7 yrs.) 5:15pm - 6:00pm	Junior Champs (Orange Belt to Blue Stripe) 5:15pm - 6:00pm	Little Champs (Ages 4 to 7 yrs.) 5:15pm - 6:00pm	All Little & Junior Champs (White Belt to Black Stripe) 5:15pm - 6:00pm	Make-up All Junior Champs (Blue St. to Black Belt) 11:45am - 12:30pm
Junior Champs (Orange Belt to Blue Stripe) 6:15pm - 7:00pm	Junior Champs (White Belt to Orange St.) 6:15pm - 7:00pm	Junior Champs (Black Belts) 6:15pm - 7:00pm	Junior Champs (White Belt to Orange St.) 6:15pm - 7:00pm	Junior Champs (Black Belts) 6:15pm - 7:00pm	AWESOME CHAMPION BIRTHDAY PARTY 1:30 PM TO 3:00 PM
Junior Champs (Black Belts) 7:00pm - 7:45pm	Pre-Competitive Sparring (All Belts) (By Invitation ONLY) 7:00pm - 7:45pm	Junior Champs (Blue Belt to Black Stripe) 7:00pm - 7:45pm	Junior Champs (Blue Belt to Black Stripe) 7:00pm - 7:45pm	Focusmaster Fitness 6:30pm - 7:15pm	AWESOME CHAMPION BIRTHDAY PARTY 3:30 PM TO 5:00 PM
Focusmaster Fitness 7:15pm - 8:00pm	TBD Focusmaster Fitness 7:15pm - 8:00pm	Focusmaster Fitness 7:15pm - 8:00pm	TBD Focusmaster Fitness 7:15pm - 8:00pm	Black Belt Exam Preparation (By Invitation ONLY) 7:30pm - 8:15pm	INQUIRE ABOUT OUR AWESOME BIRTHDAY PARTIES. THE MOST FUN AND ACTIVE PARTIES IN MARKHAM. EARLY BOOKINGS REQUIRED! (VISIT OUR WEBSITE FOR DETAILS) <a href="https://championtaekwondo.com">HTTPS://CHAMPIONSTAEKWONDO MARKHAM.CA</a>
Private Training 7:45pm - 8:45pm	Taekwondo Adults (All Belts) 7:45pm - 8:45pm	Private Training 7:45pm - 8:45pm	Taekwondo Adults (All Belts) 7:45pm - 8:45pm		

\*SCHEDULE IN EFFECT AS OF October 1, 2018

MARKHAM LOCATION

# **CODE OF ETHICS / CONDUCT**

- 1) Arrive on time for classes.**
- 2) Put shoes on rack and personal items in change rooms.**
- 3) Have clean and unwrinkle uniform.**
- 4) No jewelry in class.**
- 5) No chewing gum in class.**
- 6) Bring all necessary equipments to each class.**
- 7) All finger and toe nails must be trimmed at all times.**
- 8) Must "Bow" before entering and leaving training area (do-jang).**
- 9) All students must show respect to each other at all times.**
- 10) All students must address all Instructors and Black Belts as "Sir/Madam" and respect in the form of a "Bow".**
- 11) All students must respect all training equipments as they are a important part of your Martial Arts training.**
- 12) All students must attempt to give a 100% in each and every class with high spirit.**

**Enjoy the Journey!**