

29 Laidlaw Blvd 2nd Floor Markham

CLASS SCHEDULE

MON	TUE	WED	THURS	FRI	SAT
Private Training 9:30am - 10:30am	Private Training 8:00am - 9:00am				
Private Training 10:30am - 11:15am	Private Training 10:30am - 11:15am	Private Training 10:30am - 11:15pm	Private Training 10:30am - 11:15am	Private Training 10:30am - 11:15am	Toddler Champs (Ages 2½ to 4 yrs.) 9:00am - 9:40am
Private Training 11:15am - 4:15pm	Make-up All Little Champs 10:00am - 10:45am				
All After School Little & Junior Champs (All Belts) 4:15pm - 5:00pm	All After School Little & Junior Champs (All Belts) 4:15pm - 5:00pm	All After School Little & Junior Champs (All Belts) 4:15pm - 5:00pm	All After School Little & Junior Champs (All Belts) 4:15pm - 5:00pm	All After School Little & Junior Champs (All Belts) 4:15pm - 5:00pm	Make-up All Junior Champs (White Belt to Green Stripe) 11:00am - 11:45am
Little Champs (Ages 4 to 7 yrs.) 5:15pm - 6:00pm	Junior Champs (White Belt to Green Stripe) 5:15pm - 6:00pm	Little Champs (Ages 4 to 7 yrs.) 5:15pm - 6:00pm	Junior Champs (Green Belt to Black Stripe) 5:15pm - 6:00pm	Junior Champs (White Belt to Green Stripe) 5:15pm - 6:00pm	Make-up All Junior Champs (Green Belt to Black Stripe) 12:00pm - 12:45pm
Junior Champs (Black Belts) 6:15pm - 7:00pm	Junior Champs (Green Belt to Black Stripe) 6:15pm - 7:00pm	Junior Champs (Black Belts) 6:15pm - 7:00pm	Junior Champs (Black Belts) 6:15pm - 7:00pm	Focusmaster Fitness 6:15pm - 7:00pm	
Focusmaster Fitness 7:15pm - 8:00pm	Taekwondo Adults (All Belts) 7:15pm - 8:15pm	Focusmaster Fitness 7:15pm - 8:00pm	Taekwondo Adults (All Belts) 7:15pm - 8:15pm	Black Belt Exam Preparation (By Invitation ONLY) 7:15pm - 8:00pm	
					(VISIT OUR WEBSITE FOR DETAILS)
					HTTPS://CHAMPIONSTAEKWONDO MARKHAM.CA
*SCHEDULE IN EFFEC	T AS OF September 8,	2020	MARKHAM LOCATION		

MARKHAM Location t: 905.294.7332 f: 905.294.5848 https://championtaekwondomarkham.ca

Ontario L3P 1W5

championmarkham@gmail.com

"where kids learn life skills and build confidence"

CODE OF ETHICS / CONDUCT

- 1) Arrive on time for classes.
- 2) Put shoes on rack and personal items in change rooms.
- 3) Have clean and unwrinkle uniform.
- 4) No jewelry in class.
- 5) No chewing gum in class.
- 6) Bring all necessary equipments to each class.
- 7) All finger and toe nails must be trimmed at all times.
- 8) Must "Bow" before entering and leaving training area (do-jang).
- 9) All students must show respect to each other at all times.
- 10) All students must address all Instructors and Black Belts as "Sir/Madam" and respect in the form of a "Bow".
- 11) All students must respect all training equipments as they are a important part of your Martial Arts training.
- 12) All students must attempt to give a 100% in each and every class with high spirit.

Enjoy the Journey!