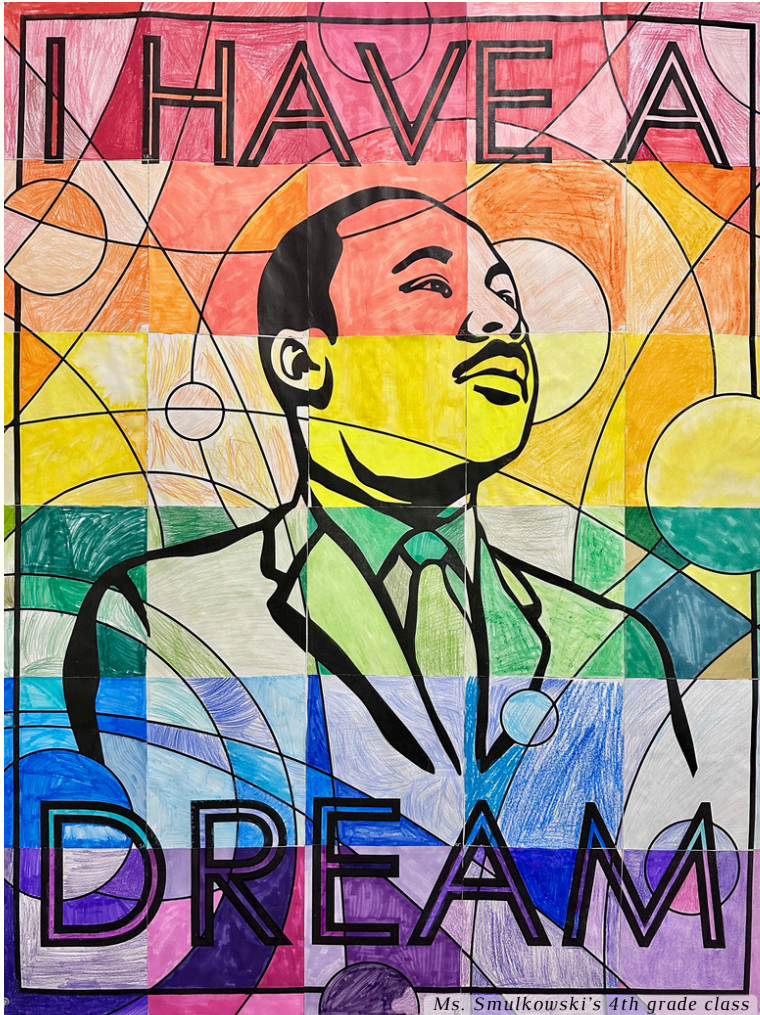


# PAW PRINTS

*A Newsletter from the Wilson PTG (Parent-Teacher Group)*



Spokane Public Schools recently shared plans for the upcoming 2025 bond initiative. Through coordination with the Spokane Parks and Recreation levy, over 200 projects have been proposed city-wide.

In collaboration with community partners, the two ballot initiatives aim to expand and modernize public spaces, invest in every neighborhood, share resources to maximize efficiencies, and respond directly to community input.

You can learn more about the proposal at [togetherspokane.org](http://togetherspokane.org)

## DATES TO REMEMBER

### DINE OUT AT RED ROBIN

- March 20; 11 am - 10 pm
- 725 West Main Avenue
- 20% of sales go to PTG
- Be sure to mention Wilson PTG

### WILDCAT WAKE-UP

- March 21; 8:30 am

### SWIFTIE SPIRIT DAY

- March 21

### PTG PRESENTS: SCREENAGERS

- March 25; 6:00 pm

### COFFEE WITH SPS

- March 25; 8:00-9:00 am
- Superintendent Adam Swinyard and school board members will be on site for conversation over (free) coffee

### PTG MEETING

- April 1; 7:00 pm

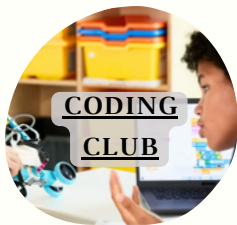
### SPRING BREAK (no school)

- April 7-11

# SPRING EXTRACURRICULARS

Registration is now open for spring extracurriculars. Information regarding registration deadlines, activity dates and descriptions can be found on the [PTG website](#). These activities remain plentiful and free to all Wilson students because of your donations through the Wildcat Walk fundraiser - thank you!

Many thanks to the Extracurricular Committee and the parents and teachers who have volunteered to lead activities this season. Additional volunteers are needed for all activities. Volunteer sign-ups can be found via the registration links below.



## RECENT HIGHLIGHTS

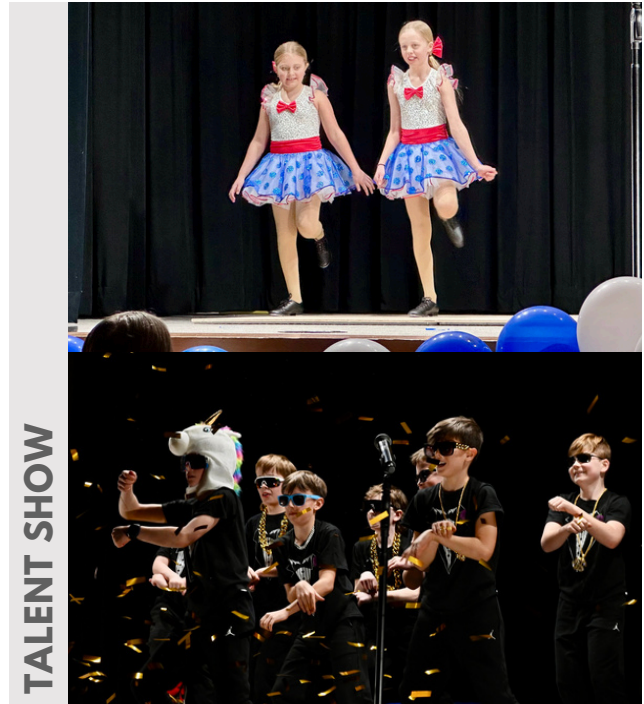


Thanks to Ms. Helms for heading up this biennial event! Students were treated to a science fair, nitrogen ice cream, a planetarium show, and many other exhibits hosted by Mobius and EWU student volunteers. STEM Night is sponsored by the the Wilson PTG and made possible by your generous donations during the 2023 Wildcat Walk.





First and second grade students participated in another round of Arts After School in February. Students tackled a variety of mixed media projects under the direction of Kelli Wright and Tiffany Adams.



Thanks to Ms. Perry and Meghan McLaughlin for guiding student performers through auditions, rehearsal, and two live shows!



## Thinking Green

by Bre Orcasitas

Interested in joining the Green Committee? Contact Bre at [bre434@gmail.com](mailto:bre434@gmail.com)

You may have heard the saying, “Fresh air is the best medicine” and not given it much thought but as it turns out, fresh air really *is* the best medicine. This is true for all ages but here are some of the benefits for kids:

1. Kids play harder outside which helps develop motor skills.
2. Outside time is linked to lower rates of obesity and myopia (nearsightedness).
3. Time spent outside actually helps kid to focus when they're inside. (Long live recess!)
4. Outside time helps promote confidence, curiosity, creativity, and critical thinking skills.
5. Time spent in natural surroundings helps lessen feelings of anger and aggression.
6. Stress and depression rates are lower for people who regularly spend time in nature.
7. Spending time outside helps kids appreciate nature and care about the world around them.

For all these reasons and more, it's important for kids to spend time outside. And while they're out there we might as well join them, because fresh air is of equal benefit to adults.