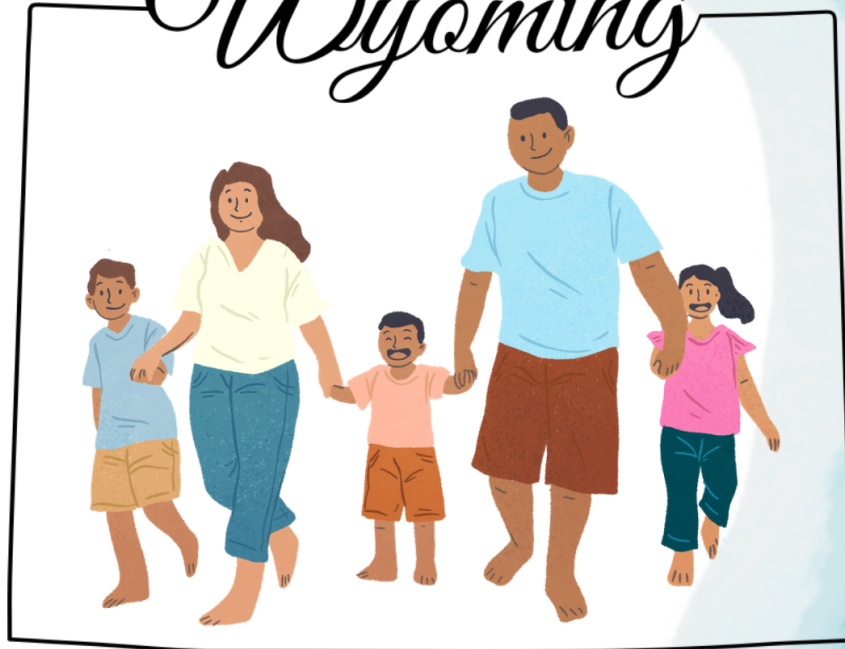


2023

# Child Abuse Prevention Toolkit

*Wyoming*



## 2023 Child Abuse Prevention Yearly Toolkit



The 2023 yearly toolkit has an activity for families and children to do each day, for the next year and each month has their own theme!

**January:** Snowmageddon

**February:** All About Love

**March:** Crafts

**April:** Outer Space

**May:** Gardening

**June:** Animals

**July:** Water

**August:** Back to School

**September:** Fall

**October:** Take a Photo Challenge

**November:** Give Thanks

**December:** Winter Wonderland

We invite you to participate in activities that interest you and are easily accessible. We want to join with you to promote child welfare across our state.

Prevent Child Abuse Wyoming, affiliates, and stakeholders want to work on promoting child welfare every day, not just in April. Children and families are our greatest asset and we want you to have access to resources to be successful. Together we can prepare children to grow into thriving members of our communities.

Each family is unique, but all parents and caregivers need support sometimes. We can all help by providing children with positive experiences, and families the resources they need, when they need them.

We proactively call out inequity and injustice and work to create the conditions for safe, stable, and nurturing spaces. All children and families thrive when communities focus on addressing root causes that lead to health and social inequities.

Policies and services that put families first strengthen all of us during times of uncertainty or increased stress. Working together, we can relieve some of the overload that parents experience and allow them the freedom to focus on caring for themselves and their kids.

We hope that you will join us in spreading awareness about child abuse prevention every day this year. Included in this toolkit are ways to get involved with Child Abuse Prevention throughout 2023!

We encourage you to post to social media with **#WYKidsMatter** for every activity you participate in!

## May 2023 Activity Calendar

For all of our awareness events, we encourage you to post photos of yourself participating in each event on social media using #WYKidsMatter

### May 1: Tissue Paper Flowers!

What you'll need: one green pipe cleaner, 1 sheet of green construction paper, 3 sheets of tissue paper, ruler, scissors, and glue.

**Step 1:** Stack three sheets of the tissue paper on top of each other and then cut into 12x6 inch sheets



**Step 2:** Fold the paper accordion style



**Step 3:** Cut the edges to round them out



**Step 4:** Fold the tissue paper in half and wrap the pipe cleaner around the center



**Step 5:** Gently peel open the flower pedals



**Step 6:** Use the green construction paper to cut out leaves then glue them to the pipe cleaner



**May 2:** Colored Coffee Filter Flowers!

What you'll need: coffee filters, washable markers, gallon ziplock bags, scissors, water spray bottle, and pipe cleaners

**Step 1:** Flatten round coffee filters and draw colors in circles, patterns, or even scribbles. Make a rainbow on one with all the colors or stick with just complimentary colors!

**Step 2:** Place the colored coffee filters on a gallon size zipper bag and mist with a water spray bottle. Watch the magic as the colors blend! Set aside to dry.



**Step 3:** Once they are dry, fold them back up and round the corners if desired. Pull the center together and tape with clear tape to make a flower.

**Step 4:** Wrap a pipe cleaner around the tape and leave the remaining pipe cleaner for a stem.

### **May 3:** Chalk Flowers!

Draw flowers outside using chalk

### **May 4:** Blossom Fairy Lights!

What you'll need: LED fairy lights (these will not heat up, do NOT use non-LED lights), tape, scissors, and tissue paper

**Step 1:** Per flower, make four petals about 15cm in diameter

**Step 2:** Lay the four petals on top of each other, each pointing a different direction

**Step 3:** Pierce them onto the fairy light, careful not to rip it more than needed to fit on the light

**Step 4:** Tape in place at the base. Hang them up and enjoy!



### **May 5:** Spring Cherry Tree!

What you'll need: large piece of white paper, washable paint, and your favorite drink that comes in a small plastic bottle

**Step 1:** Enjoy your beverage while you paint a tree trunk and branches. Let dry at least an hour before moving to the pedals

**Step 2:** Use your empty bottle as the flower stamps. Paint the bottom of the bottle and stamp it onto the tree branches to make flowers \*Older kids can paint the trunk themselves, but for toddlers, the flower stamping is usually satisfying enough.



### May 6: Tye Dye Flowers!

What you'll need: a white rose, water, food coloring, tape, four plastic cups, and scissors

**Step 1:** Use your scissors to cut the rose stem into 4 branches

**Step 2:** Fill your cups  $\frac{3}{4}$  the way full and add a color to each cup

**Step 3:** Pull each branch into its own cup and tape there

**Step 4:** Let soak overnight and see how the color grows



### May 7: Daffodil Pinwheels!

What you'll need: yellow paper, green paper, egg box, yellow paint, paper fastener, paint brush, pencil, scissors, stapler, and ruler

**Step 1:** Cut a square from your yellow paper

**Step 2:** Cut out the cup part of the egg box- and paint it yellow



**Step 3:** Cut lines in the square going inward at each corner





**Step 4:** Fold in 4 of the edges and staple them down



**Step 5:** Poke the paper fastener through the yellow egg cup and pinwheel to create the daffodil

**Step 6:** Roll your green paper into a tube and tape or staple it to the back

### **May 8:** Bubble Wrap Flowers!

What you'll need: paint, lid from a milk jug, bubble wrap, cardboard, glue, scissors, white construction paper, and a pom-pom.

**Step 1:** Start by tracing a petal onto the cardboard and cut it out

**Step 2:** Use this cut out to trace onto bubble wrap and then cut that out

**Step 3:** Glue them together

**Step 4:** Glue on the milk jug lid to the back of the cardboard for an easy handle when painting with the bubble wrap





**Step 5:** Dip the bubble wrap petal into paint and press onto your white construction paper to make a flower

**Step 6:** Glue the pom-pom in the middle of the flower

**Step 7:** Add a stem and leaves

**May 9:** Go on a Walk Through a Public Garden!

**May 10:** How Do Seeds Become Plants?

Watch this video to find out!: <https://www.youtube.com/watch?v=tkFPyue5X3Q>

**May 11:** Germinate in a Jar!

What you'll need: a jar, seeds, and wet paper towels

**Step 1:** Set several wet paper towels in a jar. Be sure to wring them out so there is no excess water in the jar

**Step 2:** Place the seeds in the bottom of the jar. If you do multiple kinds of seeds, label the jars and place them by the window to wait and see them sprout.

**Step 3:** Give them about a week to grow.

**May 12:** Start a Garden!

Plant any seeds you want! Don't forget to water them!

**May 13:** Go to the Farmer's Market!

**May 14:** Eggshell Seed Starter!

What you'll need: used eggshells, seed mix, seeds, empty egg carton, and a pot

**Step 1:** Rinse out your cracked eggshells

**Step 2:** Slightly wet some seed starting mix

**Step 3:** Place a couple small seeds in each shell and put them in an empty egg carton

**Step 4:** Leave the egg-carton in a sunny spot in the warmest room of the house

**Step 5:** Lightly mist the soil every couple days as needed to keep the soil moist



**Step 6:** Once all your seedlings have emerged, clip the smallest ones to allow room for the largest ones to grow

**Step 7:** When they are ready to transplant, gently crush up the eggshell with your fingers and remove a few shards around the bottom.

**Step 8:** You can plant the whole thing this way in your pot, and the eggshell will decompose in the soil, feeding extra nutrients to the seedlings.

**May 15:** . See it Grow in Slow-Motion!

Watch this video: <https://www.youtube.com/watch?v=X7HZSCPmVF0>

**May 16:** Garden Sensory Bin

What you'll need: plastic bin, foam flowers (plastic or cut), soil, rocks, shovels, and pots

**Step 1:** Dump the soil into the bin, scatter around some rocks and toss in the artificially colored fake flowers

**Step 2:** Provide shovels for motor skill practice and digging. The shovels are good for practicing putting the soil into the pots as well.



**May 17:** Food Color Dyed Flowers!

What you'll need: plastic cups, food coloring, and white flowers

**Step 1:** Cut the stems of the white flowers so they fit in the cup without tipping it over

**Step 2:** Fill the cup halfway with water and a few drops off food coloring

**Step 3:** Put each individual flower in its own cup

**Step 4:** Let it sit overnight and in the morning you have a colorful bouquet

**May 18:** Regrow Kitchen Scraps

Lettuce:

**Step 1:** Cut your lettuce about 3 inches from the base

**Step 2:** Place in a cup or bowl of water. Be sure to only put in an inch or so of water so the lettuce doesn't rot

Green Onion:

**Step 1:** Cut green onions about 1.5 inches from the bottom

**Step 2:** Place in a cup or bowl of water

Carrots: Bear in mind the orange or root part of the carrot will not regrow. However, if you have a carrot that still has some green left on top, the green will regrow healthy and strong.

**Step 1:** Cut the top off of your carrot about a half an inch from the greens

**Step 2:** Place in a cup or bowl of water.

Onions:

**Step 1:** Take a big slice out of your onion right where the roots used to be

**Step 2:** Place the root part down in a few inches of potting soil and water gently.

Potatoes:

**Step 1:** Place your potatoes in a darker area. You can make a cave out of tinfoil

**Step 2:** Once the potatoes begin growing 'eyes' you can cut the potato into several chunks and plant each chunk in soil individually

Celery:

**Step 1:** Cut celery about 2-3 inches from the base, similar to lettuce, and put it in water

Garlic:

**Step 1:** Take one clove of garlic and place it in soil

**Step 2:** Water gently. NOTE: Having a warm place is critical for successful growth.

**May 19:** Photosynthesis Worksheet! (See Fig. 1)

**May 20:** "Grass Heads" in a Cup!

**CAUTION:** Parent supervision is advised

What you'll need: plastic cup, soil or dirt from your yard, grass seeds, construction paper, water, scissors, and hot glue.

**Step 1:** Fill the cup about  $\frac{3}{4}$  full with the soil

**Step 2:** Sprinkle enough seeds on top to cover the soil but do not cover the seeds with more soil

**Step 3:** Place the cup in a sunny window inside your house

**Step 4:** Water the grass seed cup once in the morning and once at night

**Step 5:** The seeds will take about 7-10 days to start growing

**Step 6:** Once you have long grass, you can cut out a nose, mouth, and eyes from the colored construction paper

**Step 7:** Glue the nose, mouth, and eyes onto the front of the cup and the grass will act as hair

**Step 8:** For fun, once the grass is overgrown, give it a "haircut"



**May 21:** Dirt Cup Dessert!

What you'll need: 2 cups cold milk, 1 package instant chocolate pudding, 8 oz frozen whipped topping, 1  $\frac{1}{2}$  cups crushed oreo cookies, 20 gummy worms

**Step 1:** Whisk together milk and instant pudding for 2 minutes until pudding is completely dissolved. Let stand for 5 minutes to thicken



**Step 2:** Stir in frozen whipped topping and ½ cup of crushed cookies

**Step 3:** Spoon into individual cups

**Step 4:** Sprinkle remaining crushed cookies over the pudding mixture. Top each cup with 2 gummy worms. Chill for at least 60 minutes or until ready to serve

**May 22:** Plant Veggies in your Garden!

**May 23:** Make a Fairy Garden!

Do this any way you want! If you need some ideas feel free to use Google.

**May 24:** Collect Rainwater!

If it rains, use a clear cup to collect the water and observe!

**May 25:** DIY Watering Can!

Whether it is an old milk jug, detergent jug, or just a water bottle, you can turn anything into a watering can. Just poke holes into the top!

**May 26:** Duct Tape Flowers!

What you'll need: colored duct tape, a ruler, scissors, and a pen (or stick/straw)

Watch this video: [www.youtube.com/watch?v=g9RrNOWc9Ns](http://www.youtube.com/watch?v=g9RrNOWc9Ns)

**May 27:** Pipe Cleaner Flowers!

What you'll need: colorful pipe cleaners, green pipe cleaners, and a container

**Step 1:** Make swirls, loops, and circles with your colorful pipe cleaners

**Step 2:** When the swirls and flowers are finished, add stems out of the green pipe cleaners.



**May 28:** Paint Rocks to go in your Garden!

**May 29:** Place Flowers for Memorial Day!

You can do this at a military cemetery or even at home!

**May 30:** Footprint Flowers!

What you'll need: paper, colorful paint, green paint, a paper plate, and a paintbrush

**Step 1:** Pour some colorful paint on your paper plate

**Step 2:** Lay your hands or feet into the paint

**Step 3:** Transfer the paint on your hands to the paper by setting them straight down on the paper

**Step 4:** Use your green paint to paint on stems



**May 31:** Wildflower Bouquets


With your family, adventure out and see if you can find some wild flowers. Put them together to make a vibrant, natural bouquet!





# May 2023



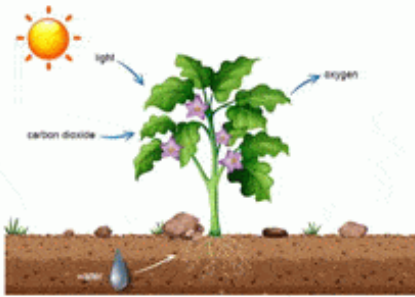
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 WYChildren's TRUST FUND Prevent Child Abuse Wyoming	1 Tissue Paper Flowers	2 Colored Coffee Filter Flowers	3 Chalk Flowers	4 Blossom Fairy Lights	5 Spring Cherry Tree Painting	6 Tye Dye Flowers
7 Daffodil Pinwheels	8 Bubble Wrap Flowers	9 Go Walk To Local Flower Beds	10 How Do Seeds Become Plants	11 Germinate in a Jar	12 Plant Flower Seeds	13 Farmers Market
14 Eggshell Seed Starter	15 See it Grow in Slow-Mo	16 Garden Sensory Bin	17 Food Color Dyed Flowers	18 Regrow Kitchen Scraps	19 Photosynthesis Worksheet	20 "Grass Heads" in a Cup
21 Make Dirt Cup Dessert	22 Plant Veggies	23 Make a Fairy Garden	24 Collect Rainwater	25 DIY Watering Can	26 Duct Tape Flowers	27 Pipe Cleaner Flowers
28 Rock Painting	29 Place Flowers Memorial Day	30 Footprint Flowers	31 Wildflower Bouquets	<b>#WYKIDSMATTER</b>		

Photosynthesis

Grade 2 Science Worksheet

Fill in the blanks.

light      air      water      oxygen



Photosynthesis creates food for plants:

Plants use \_\_\_\_\_ from the sun.

Plants use carbon dioxide from the \_\_\_\_\_.

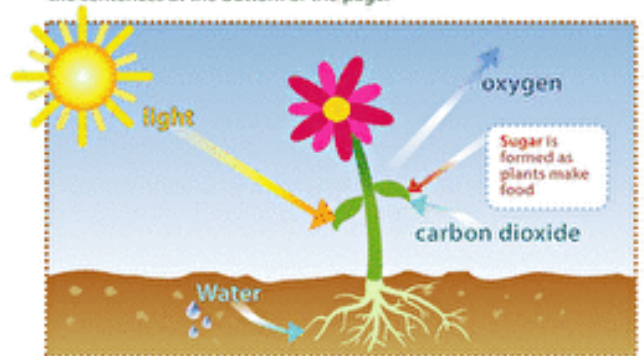
Plants use \_\_\_\_\_ from the soil.

Plants grow and give out \_\_\_\_\_.

What is

# Photosynthesis

Study the picture below. Then use the diagram labels to complete the sentences at the bottom of the page.



Photosynthesis is a process that plants use to breathe and to make food. They use the \_\_\_\_\_ from the sun, along with \_\_\_\_\_ in the soil and a gas called \_\_\_\_\_ to make \_\_\_\_\_, which feeds the plant. During this process, \_\_\_\_\_ is released into the air.

Fig. 1