

FIVE

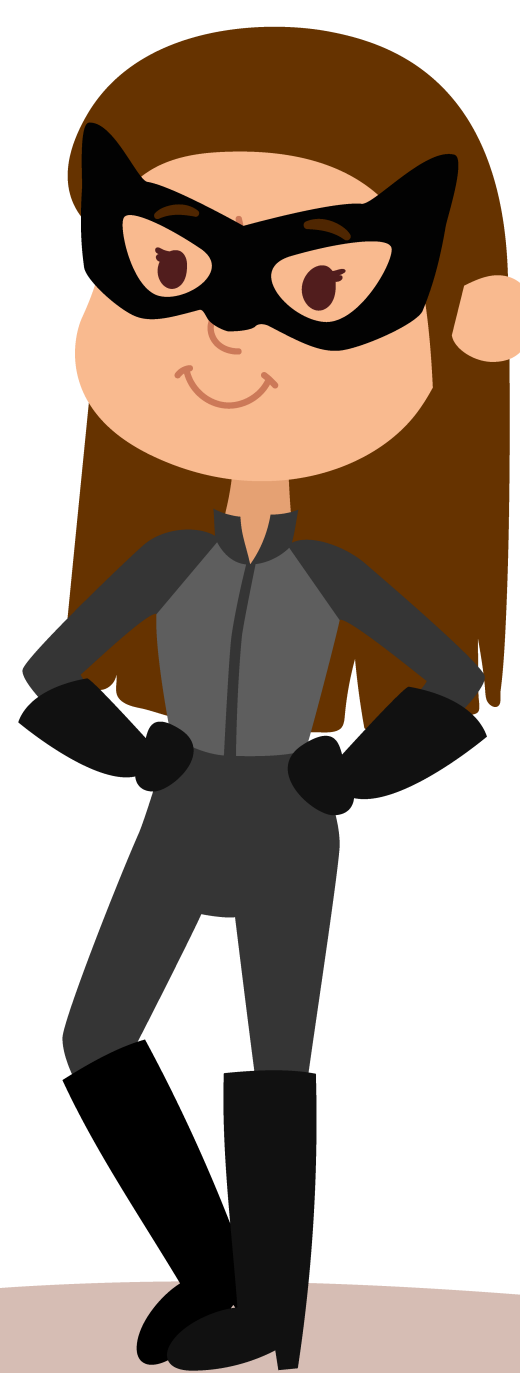
**SUPER**

Body Safety  
**RULES**

**I am the Boss of my Body**  
I don't have to hug, kiss,  
or be touched by anyone  
if I'm uncomfortable.  
I have a right to say 'No!'



**Private Parts**  
are the parts of  
our body covered  
by swimsuits and  
underwear.   
We use the correct  
words when talking  
about privates.




**Privates are not to be  
shared with others -**  
no one should look at, or  
touch our private areas and  
we all should have privacy  
when using the bathroom  
or changing clothes.

**Did you know?**  
Our mouth, eyes, and ears  
are private, too! They're sensitive  
and not to be touched by others.

*Sometimes we may need  
to be looked at or touched  
to stay clean and healthy.  
This should only be done by  
a caregiver or doctor - with  
another adult present.  
If you ever have a concern -  
you can talk to someone in  
your Body Safety Circle.*



**No one should ask  
us to keep a secret**  
even if it's fun and  
especially if it makes  
me sad, scared, or if  
it's about private parts.

 **Surprises are OK**  
because they're only  
kept quiet for a short time  
and then everyone knows!



★ **I have a Body Safety Circle** ★  
3-5 trusted adults that know about body safety  
and I can talk to if I have a question or problem.  
I know that if a body safety rule is broken it's  
not my fault and it's never too late to tell.