

# CARLSBAD BATTERED FAMILIES SHELTER NEWSLETTER



See what CBFS has been up to!

CBFS is always blessed with tremendous support, especially during the holidays! CBFS began the new year with gratitude, hope, and positivity!

See pages 6-9



Galentine's Day Girls Night!

CBFS celebrated Galentine's Day by honoring connection, encouragement, and self-love among our clients. We were especially grateful for the generosity and blessings shared by First Baptist Church, "Love Beyond the Room" bible study group, whose kindness helped make the day meaningful and uplifting for everyone we serve.

See page 11



## Carlsbad Battered Families Shelter awarded "Business of the Month" for NOVEMBER 2025

The Carlsbad Chamber of Commerce awarded the Carlsbad Battered Families Shelter with Business of the Month! Check our photo with the Chamber of Commerce!

See page 5



## CBFS Pet Kennel Project



OCTOBER 7, 2025

Carlsbad Battered Families Shelter would like to thank Lowe's for their team that came out and replaced our flooring in our pet kennels and made a nice improvement to the entrance to the kennels with some pavers! It looks amazing! We are so grateful for your generous donation of your hard work and supplies!



# *At the Farmer's Market for DV Awareness Month*

The Carlsbad Battered Families Shelter set up at the Downtown Farmer's Market to raise awareness for Domestic Violence Awareness Month.

-October 17, 2025



Along with brochures and other important information, CBFS provided a station for people to decorate luminarias for victims of Domestic Violence and to write a letter to a survivor. It was a great way to interact with people to show the impact of Domestic Violence in our community and how they can support others in these situations and relate to them.

# Pumpkin Carving!

CLIENTS AND THEIR CHILDREN ENJOYED WATCHING "THE GREAT PUMPKIN", CARVING PUMPKINS, AND EATING PIZZA & TREATS!



## HAPPY HALLOWEEN

# OCTOBER 27, 2025



# BUSINESS OF THE MONTH NOVEMBER 2025



Thank you to Carlsbad Chamber of Commerce Ambassadors for choosing us for November's Business of the Month!

We are honored and appreciate your support of our organization!



# Oh Christmas Tree!



THANK YOU TO THE ASSISTANCE LEAGUE OF CARLSBAD  
FOR OUR BEAUTIFUL TREE!

THE PICTURE DOES NOT SHOW HOW TRULY BEAUTIFUL IT IS!  
WE APPRECIATE YOUR CONTINUED SUPPORT AND KINDNESS FOR  
OUR ORGANIZATION!





**CBFS would like to Thank  
Sunset Church of Christ, SIMCO, Barnyard  
Blessings, The Church of Jesus Christ of  
Latter-Day Saints, AAUW-Carlsbad,  
Christina Wright, and everyone for all the  
wonderful gifts we received for the  
families during Christmas!**

**DECEMBER 2025**





*Carlsbad Battered Families Shelter*  
**SNOW DAY!**

DECEMBER 29TH



In 2026 I will...

Be a better  
person  
in 2026

In 2026 I will...

Be gentler and more  
patient with my  
self and my pet

In 2026 I will...

Be a better  
person

In 2026 I will...

work on myself and  
my mental health

# 2026

In 2026 I will...

Take care of myself  
mentally & physically  
SLEEP ALOT

**CLIENTS & STAFF SHARED THEIR  
ENCOURAGING GOALS FOR THIS  
NEW YEAR!**

In 2026 I will...

Do something out of  
my comfort zone

**2026 WILL BE AMAZING!**

In 2026 I will...

Trust in the woman  
I am becoming

**THANK YOU FOR ALL YOUR  
SUPPORT IN 2025!**

In 2026 I will...

create bandages  
and say "NO" without  
guilt

In 2026 I will...

Set goals  
and reach  
them

In 2026 I will...

achieve my goals!

Priority



GOALS



keep going

VISION BOARD

Focus

JANUARY 2026



Don't Give Up

stay positive



CLIENTS ENJOYED MAKING VISION BOARDS FOR THE NEW YEAR!



# Galentine's Day Party!



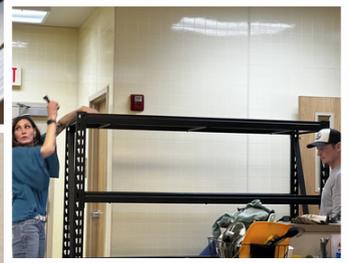
CBFS would like to thank the "Love Beyond the Room" mission project from First Baptist Church for making our Annual Galentine's Day Party extra special!

**FEBRUARY**



*Thank you!*

**Rotary**  
Carlsbad,  
New Mexico



THE CARLSBAD BATTERED FAMILIES SHELTER WOULD LIKE TO EXTEND OUR SINCERE GRATITUDE TO THE CARLSBAD ROTARY FOR THEIR GENEROUS SUPPORT IN INSTALLING SHELVING IN OUR KITCHEN. THEIR TIME, EFFORT, AND DEDICATION HAVE MADE A MEANINGFUL IMPACT ON OUR ABILITY TO BETTER SERVE INDIVIDUALS AND FAMILIES IN NEED. WE ARE TRULY THANKFUL FOR THEIR CONTINUED COMMITMENT TO OUR MISSION AND OUR COMMUNITY.

FEBRUARY 21<sup>ST</sup>, 2026





CARLSBAD BATTERED FAMILIES SHELTER

# STORIES OF IMPACT

Marianne never imagined that at 50 years old she would be starting over in a place more than a thousand miles from home. For most of her life, she had built something she was incredibly proud of—her own successful small business. She had spent years growing it, creating a life that was stable and fulfilling. But when her husband accepted a job that required frequent travel and relocation, everything began to change. Eventually, Marianne made the difficult decision to step away from the business she had built so she could follow him from state to state.

Over time, she began noticing changes in his behavior. There were moments of anger, controlling comments, and tense situations that left her feeling uneasy. While the warning signs were there, Marianne hoped things would improve and never imagined the situation would escalate to violence.

Without her business, income, or support system nearby, Marianne became increasingly isolated. One night, while they were staying in a neighboring state for his work, an argument escalated into a violent attack. In that moment, Marianne realized she could no longer stay. With no family close by and no resources in an unfamiliar place, she suddenly found herself homeless more than a thousand miles away from everything she once knew.

A local advocate helped Marianne connect with the domestic violence shelter. She arrived with very little, but the shelter provided something she desperately needed—safety. The staff helped her begin rebuilding her life, connecting her with counseling, legal support, and resources to help her regain independence.

With the support she received, Marianne was eventually able to return to her home state where she is now closer to her children and grandchildren. Being near her family again has brought her comfort and strength as she continues to rebuild her life.

Today, Marianne has started a new chapter. While leaving behind the life and business she built was heartbreaking, she says that walking through the doors of the shelter was the first step toward healing and rediscovering her independence. Surrounded by family once again, she is hopeful about the future and grateful for the chance to begin again.

*Thank you for reading!*