

Tuesday, April 7 – Saturday, April 11 (To be rescheduled for April 2021)

CENTRAL COAST WINE TRIP

Tuesday – Sunday May 12-17 (To be rescheduled for May 2021)

SEPTEMBER

EVERYONE LOVES DAHLIAS

Tuesday, September 1 9:00-11:00 Cost: \$40/\$50 Limit: 15 Coordinator: Bonnie Dayton

In a short presentation (and then a trip to the presenter's garden showcasing over 80 dahlias) we will explore the dignified dahlia, including the history and culture of these amazing flowers. Learn when, how and where to plant the tubers, the best soil, fertilizer, and staking and pruning necessary in order to win a ribbon. After the glory comes more work – how and when to dig up the tubers and how to over-winter.

Presenter: Lisa Dailey (see bio above) Location: Porch at Peggy Crosby Center

CLEAN UP YOUR DEVICE (NEW CLASS)

Wednesday, September 9 10:30-3:30 Cost: \$75/\$85

Learn how to clean out and organize your iPhone/iPad. Our mobile products do so much for us, we should know how to keep them cleaned up and cleared out. Organize your emails, apps and files. Get your device running at optimum speed.

Instructor: Loraine Smith holds a BS in Financial Management from Clemson University and has twenty years' experience in technology instruction, focusing on the needs of seniors the past six years. She is an Apple Certified Business Partner.

HIGHLANDS HISTORIC WALKING TOUR

Monday, September 14 10:30-12:00 Cost: \$15/\$20 Limit: 15 Coordinator: Donna Woods

Take a walk around downtown Highlands with Charley as he describes Highlands Historic Past. This is an hour and a half tour of the town of Highlands, all on paved walks. Learn the early history of Highlands: its founders, Kelsey and Hutchinson, and visit Historic Sites and buildings as you "Walk Through the Past with Charley". Guaranteed to be informative and fun.

Presenter: Charley Czarniecki has worked at Old Edwards Fitness Center for the last 14 years. He has led hikes for members and guests including this Historic Highlands Walking Tour.

Meet at CLE at 10:30

TRIP TO SICILY (originally scheduled for September 15-23) and the AEOLIAN ISLAND EXTENSION (September 23-26) has been rescheduled September 2020 (further information will be forthcoming)

...ON THE VERANDAH: Favorites Through The Years

Thursday, September 17 11:30-2:00 Limit: 20 Cost: \$50/\$60 Coordinator: Donna Woods

...on the Verandah has been a favorite destination dinner spot in Highlands for many years. Chef Andrew Figel will bring together a display of favorites for you to enjoy. Accompanied with wine and good company.

Presenter: Chef Andrew Figel is proprietor and chef of ...on the Verandah, originally owned and operated by Andrew's parents, dating back to 1981. Andrew travels the world for unique flavors and recipes.

Location: ...on the Verandah

WHAT TO EXPECT IN NOVEMBER: The Outlook for the 2020 Presidential Election

Tuesday, September 22 2:00-4:00 ZOOM Lecture

Cost: \$25/\$35 Coordinator: Lee Garrett

The "Time for change" forecasting model has accurately predicted the outcomes of U.S. presidential elections since 1992. However, rising partisan polarization and Donald Trump's unconventional candidacy have raised new questions about the validity of this and other academic forecasting models in an era of closely contested elections. This presentation will consider the challenges of forecasting elections in the current era and what we can expect in November based on traditional factors such as the economy and these newer challenges, as well as the chances of another Electoral College "misfire."

Presenter: *Alan Abramowitz* received his Ph.D. from Stanford University. He is Professor of Political Science at Emory University and is one of the nation's leading forecasters of presidential and congressional elections.

BEST APPS AND WEBSITES FOR SENIORS

Wednesday, September 23 10:30-3:30 Cost: \$75/\$85 Limit: 10

Those who create apps know that senior citizens are an entirely different demographic that may be interested in apps that other groups are not. Some topics of interest include games, finding your car, Uber/Lyft, music, video calling, medical questions, reading, brain stimulation, personal finance, social media, streaming TV shows/movies and cooking. You will learn of online resources like TechBoomers and AARP Tek. Bring a charged device and your Apple passwords.

Instructor: *Lorraine Smith* (see bio above)

DELECTABLE AFTERNOON AT LAKESIDE: Cooking Demo and Lunch

Thursday, September 24 11:30-2:00 Cost: \$50/\$60 Limit: 20 Coordinator: Donna Woods

A starter of fresh pan seared scallops over a bacon corn succotash will energize your palate for the main course of a Lakeside favorite: Grouper Maison, which is pan sauteed with artichokes, mushrooms, butter and white wine. This will be finished off with a lovely slice of key lime pie, and of course, accompanied by select wines.

Presenter: *Chef Kevin Turner* began as Sous Chef at Lakeside in 2017 and took over the role of Head Chef in 2019.

Location: Lakeside Restaurant

BOTANICAL WATERCOLORS

Saturday, September 26 10:00-12:00 Cost: \$40/\$50 per session Location: TBA Limit: 10

Attend just one or all three monthly sessions of Botanical Watercolors. Bring something from your yard to draw and paint. In Highlands, nature puts forth new blooms each month.

Instructor: *Freddie Flynt* draws and paints as she travels the world. Her journals are a testament to her love of nature and the world.

AN INSIDER'S VIEW OF WORLD DIPLOMACY

Tuesday, September 29 2:00-4:00 Cost: \$25/\$35 Coordinator: Ed Mawyer

Learn what every State Department intern learns in a summer about the basics of foreign policy: structure, security and strategy. Then delve deeper into corporate philosophy of the career civil service and Foreign Service employees. Case studies will include POTUS' attempt to buy Greenland, President Macron's dustup with Brazil and the Ukraine and impeachment investigation.

Presenter: *Ambassador Charles Shapiro* is president of the World Affairs Council of Atlanta. At the U.S. Department of State, he was Ambassador to Venezuela and Principal Deputy Assistant Secretary for the Western Hemisphere. He was also Coordinator for Cuban Affairs.

JAZZ: AMERICA'S BEST GUMBO

Wednesday, September 30 10:00-12:00 Cost: \$25/\$35 Coordinator: Ed Mawyer

Music is often described as the universal language and many regard jazz as America's significant contribution to our musical world. This presentation will explore how and why jazz could have *only* originated in the U.S. and show the fascinating ingredients of technology, history, race and even religion created the perfect recipe for this 'new' 20th century music.

Presenter: *Dwight Andrews* is composer, musician, educator and minister. He is an Associate Professor of Music Theory and African American Music at Emory University and Senior Minister of First Congregational United Church of Christ in Atlanta. He received his Master of Divinity degree and Ph.D. in Music Theory from Yale University.

OCTOBER

FALL FOLIAGE FORECASTER

Thursday, October 1 2:00-4:00 Cost: \$25/\$35 Coordinator: Ed Mawyer

How bright will the fall color be this year? When will color peak? Where and when should I visit to see the best color? Why are there different colors? How will this year's spring and summer weather affect fall color? This talk explores the environmental and botanical factors that affect the timing, duration and intensity of fall color in the mountains.

Presenter: *Beverly Collins* is Professor of Biology at Western Carolina University, where she teaches ecology and mentors student research on the ecology and conservation of plant communities.

THE TRUTH ABOUT YOGA AND AGING GRACEFULLY

Wednesday, October 7 10:00-12:00 Cost: \$25/\$35 Coordinator: Donna Woods

Yoga is a technology. Just as we learn to use our smart phones and computers, Yoga gives us the instructions to understand our body, our physiology and adaptability to environmental stress. Often misunderstood as an exercise program or something you do when you are already flexible, the practice of Yoga creates an opportunity for healthy shifts in all of the major systems of the human body. Yoga is for everyone, and Yoga is for anyone who wants to improve and empower their health.

Presenters: Join three generations of Certified and Advanced Yoga Teachers from local Yoga Highlands Studio in a panel discussion. **Diane Levine, Ashby Underwood and Rachel Kinback** will share their learning, stories, realizations and experiences.

A HISTORY OF LIGHTHOUSES WITH A FOCUS ON THE GEORGIA COAST

Thursday, October 8 10:00-12:00 Cost: \$25/\$35 Coordinator: Ed Mawyer

Lighthouses have guided mariners to safety for thousands of years and in the process have become symbols of hope, romance and mystery. Although these magnificent towers have been an integral part of maritime navigation for centuries, their purpose and reason for existence has been lost to the march of technology. This lecture will cover lighthouse history, how they function and project light and the lives of lighthouse keepers.

Presenter: *William Rawlings* (see bio above)

DIVIDED DEMOCRACIES: How Political Polarization Harms Democracy at Home and Abroad

Friday, October 9 10:00-12:00 Cost: \$25/\$35 Coordinator: Ed Mawyer

When political polarization extends into social spheres, it takes on an "Us vs. Them" character of intergroup conflict. People begin to view their in-group with greater sympathy and loyalty, while viewing the "out-party" with suspicion and stereotyping. As distrust and dislike between the political groups grows, each side views the other as an existential threat to the nation and their way of life. In those circumstances, citizens are often willing to tolerate or endorse violations of democratic principles in order to keep their own party in power, or to remove the other party from power.

Presenter: *Jennifer McCoy* is Professor of Political Science at Georgia State University, former director of the Carter Center's Americas Program, and an expert in democratic erosion, political polarization, international mediation, and election processes.

ALL ABOARD! The Magic of Toy Trains

Saturday, October 10 2:00-4:00 Cost: \$25/\$35 (Children Free) Coordinator: Lee Garrett

For over a century, toy trains have delighted boys and girls. Did you have a toy train that ran around the Christmas tree? Do you remember the smoke and whistle? Lee Garrett will bring back your childhood memories as he presents the history of toy trains focusing on iconic Lionel trains. From Lionel's first "Electric Express" to today's scale model, digitally equipped toy trains, this hobby continues to chug along the tracks. You will also have an opportunity to schedule a visit to a professionally built model railroad operating the latest model trains.

Presenter: *Lee Garrett* is a toy train aficionado. He has built an enchanting village at his home. Boys and girls of all ages will enjoy the trip through a miniature world.

DAY TRIP TO THE SOUTHERN HIGHLANDS RESERVE

Monday, October 12 8:30-2:30 Cost: \$50/\$60 Limit: 25 Coordinator: Bonnie Dayton

The Southern Highlands Reserve is dedicated to sustaining the natural ecosystems of the Blue Ridge Mountains through the preservation, cultivation and display of plants native to the region and by advocating for their value through education, restoration and research.

This private group tour will provide the opportunity for a deeply personal look at the true beauty and wonder of the Reserve. Located at 4,500 feet elevation, the Reserve covers varied terrain to create an enjoyable experience for walking and hiking.

Wear comfortable clothes and shoes. Bring a bagged lunch, water bottle, camera and bug spray.

Time: 8:30 a.m. Meet at Peggy Crosby Center Parking Lot for transportation to Reserve

MASADA: Last Stronghold of the Jewish Resistance Against Rome

Thursday, October 15 2:00-4:00 Cost: \$25/\$35 Coordinator: Ed Mawyer

In the first century B.C.E., Herod the Great, who ruled Judea as client king on behalf of Rome, built a fortified palace atop the mountain of Masada overlooking the Dead Sea. Seventy years after Herod's death, the first Jewish Revolt against Rome broke out

and Jewish rebels occupied Masada. When the Romans besieged the mountain, the Jewish rebels committed mass suicide. This lecture will survey the history and archaeology of Masada, including results of excavations in the Roman siege works.

Presenter: Jodi Magness holds a senior endowed chair in the Department of Religious Studies at the UNC- Chapel Hill. Her book [The Archaeology of Qumran and the Dead Sea Scrolls](#) won the 2003 Biblical Archaeology Society's Award for Best Popular Book in Archaeology in 2001-2002.

THE ARCHAEOLOGY OF QUMRAN AND THE DEAD SEA SCROLLS

Friday, October 16 10:00-12:00 Cost: \$25/\$35 Coordinator: Ed Mawyer

In 1946-47, the first Dead Sea Scrolls were discovered by accident near the site of Qumran. Eventually the remains of approximately 1000 scrolls were found in 11 caves surrounding Qumran. These caves were inhabited by members of a Jewish sect who deposited the scrolls in the nearby caves. This lecture will explore the archaeological remains of Qumran and examine the meaning and significance of the scrolls.

Presenter: Jodi Magness (see bio above)

MASTER OF MAYBERRY: The Miraculous Life of Andy Griffith

Monday, October 19 2:00-4:00 Cost: \$25/\$35 Coordinator: Ed Mawyer

While it is true that he was a brilliant movie and Broadway stage actor, Andy Griffith is a Hollywood immortal because of [The Andy Griffith Show](#), which ran on television from 1960 to 1968. Professor Engel analyzes Andy's astonishing early life which led to his television triumph and reveals little-known fascinating facts about the show's production and its fame.

Presenter: Elliot Engel received his Ph.D. as a Woodrow Wilson Fellow from UCLA. He is an American author, writer, scholar and lecturer. Professor Engel continues to teach outside the classroom and give literary and historical programs throughout the world. His educational CDs and DVDs are used in classrooms around the country.

THE BRILLIANCE OF JANE AUSTEN

Tuesday, October 20 10:00-12:00 Cost: \$25/\$35 Coordinator: Ed Mawyer

Jane Austen is the first great woman author in the English language. Professor Engel singles out and explores the multiple perfections within her novels which have made her one of the most enduring and endearing British writers of all time.

Presenter: Elliot Engel (see bio above)

BIG MONEY COLLEGE SPORTS

Wednesday, October 21 2:00-4:00 Cost: \$25/\$35 Coordinator: Ed Mawyer

Since the late nineteenth century, intercollegiate athletics have integrated themselves into the marrow of university life, reshuffling institutional priorities and becoming central to the identities of universities and their alumni. Since the 1980s, when a pivotal Supreme Court case and the innovative marketing of Nike and Reebok truly opened the floodgates of commercial money into college athletics, the academic personnel at universities have had to reorient themselves to an environment in which athletic success, with the accompanying cash, often trumps academic standing, prestige or accomplishment. How should this conflict of interest be managed, and by whom?

Presenter: Jay Smith is a professor of history at UNC-Chapel Hill. He co-authored, with Mary Willingham, the book [Cheated: The UNC Scandal, the Education of Athletes, and the Future of Big-Time College Sports](#), which chronicled UNC's decades-long academic corruption scandal and the cover-up that followed it.

LOUIS XIV

Thursday, October 22 10:00-12:00 Cost: \$25/\$35 Coordinator: Ed Mawyer

Louis XIV of France (1643-1715) is one of the most iconic monarchs in European history. The 'Sun King' was responsible for the building of Versailles, the grandest of all palaces in early-modern Europe. Through his aggressive foreign policy he made France the most feared military power in Europe between the 1670s and the early years of the eighteenth century. He turned Paris and Versailles into Europe's twin capitals of elegance and refinement. Through his domineering style of rule, he performed the role of kingship in ways that made other rulers envious (or afraid) and established the template for royal "absolutism."

Presenter: Jay Smith (see bio above)

LAME DUCK PRESIDENTS

Thursday, October 22 2:00-4:00 Cost: \$25/\$35 Coordinator: Bill Hoffmann

For a variety of reasons, most U.S. Chief Executives at one time or another become lame duck presidents. Presumably, by virtue of their term-limited status, these presidents are free from electoral pressure to pursue policies in the public interest. However, this is a questionable assumption. Freed from electoral pressure, lame duck presidents could just as well become selfish, inert or “swing for the fences.” How then do presidents navigate these politically-complex circumstances? How can they make the most of their final term “mandates” while battling against waning political power?

Presenter: Daniel Franklin was an Associate Professor of Political Science. His areas of specialization were American Chief Executives, Film and Politics, Georgia State Politics and Budgeting and the Legislative Process. He is the former Director of the Georgia Legislative Internship Program and a former Distinguished Honors Professor at GSU.

THINGS NEW AND STRANGE: A Southerner’s Journey Through the Smithsonian

Monday, October 26 2:00-4:00 Cost: \$25/\$35 Coordinator: Ed Mawyer

This presentation will regale and inspire you to continue the quest of learning about your own home, community and surroundings. See how an investigation into the Smithsonian’s objects and documents from South Georgia explains important aspects of southern culture and the history they represent. Wayne Clough will interweave memories and anecdotes from family lore, describing how family, community and natural history are intertwined.

Presenter: G. Wayne Clough is President Emeritus of the Georgia Institute of Technology and former Secretary of the Smithsonian Institution, having directed it from 2008-2014. He is author of Seeing the Universe from Here: Field Notes from My Smithsonian Travels.

SOUTHERN APPALACHIAN GHOST STORIES

Tuesday, October 27 10:00-12:00 Cost: \$25/\$35 Coordinator: Bonnie Dayton

Just in time for Halloween, learn a bit of paranormal terminology and about the ghosts of Asheville and our region. What is an orb? How is that different from an apparition? What is ectoplasmic mist? What is the difference between a ghost and a demon? What is the difference between a Vortex and a Portal? How do you know if your photographs contain images of real ghosts, or is it just lint, moisture or bad lighting? Why is it dangerous to use a Ouija board in Asheville and Black Mountain?

Presenters: Pepper Paris had her first encounter with the paranormal at age 4, after her father began experiencing the sighting of early-war veterans. She owns Ghost Hunters of Asheville, Montford and Black Mountain. **Alicia Corbin** is an Appalachian mystic. She teaches classes in paranormal studies at Isothermal Community College.

THE KENNEDYS AND THE CLINTONS: Revered and Reviled

Thursday, October 29 2:00-4:00 Cost: \$25/\$35 Coordinator: Ed Mawyer

How do the formative experiences of leaders ultimately shape their political preferences and political activity? This lecture will focus on the Kennedy family (particularly the experiences of John and Robert Kennedy) and Bill and Hillary Clinton. It will explore how the political careers of each were substantially shaped by their unique backgrounds.

Presenter: William Chafe is the Alice Mary Baldwin Professor of History (emeritus) at Duke University. He is the author or editor of thirteen books centered on civil rights history, women’s history and modern political history.

WOMEN’S SUFFRAGE: Fight for the Right to Vote

Friday, October 30 10:00-12:00 Cost: \$25/\$35 Coordinator: Ed Mawyer

There has always been a linkage between issues of race and gender in American history. Women were active participants in the abolitionist movement of the 19th century. But they were often denied equal treatment because of their gender. This lecture will trace the movement from 1848 through the 1960s.

Presenter: William Chafe (see bio above)

A DICKENS OF A CHRISTMAS

Saturday, December 5 2:00-4:00 Cost: \$25 adults, Children FREE Coordinator: Ed Mawyer

With the publication of *A Christmas Carol* in 1843, Charles Dickens changed the way we now celebrate Christmas. Using anecdotes, analysis, and large doses of humor, Dr. Elliot Engel will provide fascinating background on this most beloved holiday tale and its brilliant author.

Presenter: Elliot Engel received his Ph.D. as a Woodrow Wilson Fellow from UCLA. He is an American author, writer, scholar and lecturer. Professor Engel continues to teach outside the classroom and give literary and historical programs throughout the world. His educational CDs and DVDs are used in classrooms around the country.