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Light and Color –  
Reflection and Refraction:  
Laboratory for Secondary Level Students  
*Teacher Manual*



WOMEN SUPPORTING  
WOMEN IN THE SCIENCES

# Mission Statement

This laboratory describes how light behaves when it encounters matter, specifically how light bounces off matter (reflection) and how light bends after passing through matter (refraction). The intended audience is secondary level students (ages ~12-18).

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# 1. Introduction to WS2 Laboratories

## 1.1. Information about WS2

Women Supporting Women in the Sciences (WS2), an international organization unifying and supporting graduate and professional-level women and allies in science, technology, engineering, and mathematics (STEM), was awarded an American Physical Society (APS) Innovation Fund in 2020 to form international teams to design and distribute low-cost physics and materials science lab kits to 5000 primary and secondary school students, predominantly in eastern Africa. The lab kits are intended to utilize local resources and include topics that are especially relevant to young girls in order to spur their interest in STEM subjects. The international teams, which designed the content found in these laboratory manuals, worked with WS2 Partners in eastern Africa in order to successfully deliver and teach the science lab kits to their local communities through 2022. WS2 gratefully acknowledges the hard work of the teams in the creation of this lab kit content. For more information about WS2, please visit our website at [ws2global.org](http://ws2global.org).

WS2 is sponsored by the APS Innovation Fund, Northwestern University Materials Research Science and Engineering Center, and Northwestern University Multicultural Student Affairs. WS2 Partners receiving lab kits are representatives from Makerere University (Uganda), Masinde Muliro University of Science and Technology (Kenya), Mbeya University of Science and Technology (Tanzania), Mkwawa University College of Education (Tanzania), Nelson Mandela African Institution for Science and Technology (Tanzania), University of Dar es Salaam (Tanzania), University of Dodoma (Tanzania), and University of Rwanda (Rwanda). The APS, Materials World Modules, SciBridge, and Projekt Inspire have provided valuable input on WS2 lab kit design. WS2 especially thanks WS2 Partner representatives (John Bakayana, Pendo Bigambo, Daudi Mazengo, Lawrence Robert Msalilwa, Celine Omondi, Marcellin Rutegwa), Tom Coon and students of Haile-Manas Academy (Debre Birhan, Ethiopia), and Carla Johnston and students of Frank Bergman Elementary School (Manhattan, KS, USA) for piloting the lab kits with small focus groups in late 2021. WS2 also tremendously thanks the virtual lab kit design team that created the content for this lab manual.

## 1.2. Using this Guide

This manual is to be used by the teacher of the laboratory, and it is similar in content to the student manual but may contain additional material, like: Overview, Fundamental Physics and Materials Science Concepts Covered, Practical Skills, Background on Main Topics, Summary of Experiments, Results, Teacher Pre-Lab, Troubleshooting. These additional sections are intended to provide the teacher with the background and foundation critical for successfully implementing this laboratory kit in the classroom. It is recommended that the teachers of this laboratory go through the guide from beginning to end to familiarize themselves with the laboratory content prior to teaching the laboratory to students. Questions about the laboratory content can be directed at any time to [ws2global.org@gmail.com](mailto:ws2global.org@gmail.com), using the subject line "Question about Lab Kit Content".

### IMPORTANT NOTES:

- This laboratory is intended for use with secondary-level students (ages ~12-18), but depending on the specific students' educational background, the content may need to be modified by the teacher to be made simpler or more complex. The teacher is encouraged to also cover the laboratory content at the pace that works best for the students; some younger students may need more time and attention from the teacher and/or facilitator to go through the questions and experiments, while older students may be more independent and require less attention from the teacher and/or facilitator. Thus, the content covered, depth of coverage, and pacing are left to the teacher's and/or facilitator's discretion. In particular, the sections in this lab kit manual on Snell's Law may be too complex for younger secondary-level students. If this is the case, the teacher and/or facilitator are encouraged to briefly cover these sections or skip them entirely.
- The content in this lab manual may not fit into the specific curriculum of the school in which it is being taught. It is up to the facilitator(s) and teacher(s) whether they would like to introduce new content or skip certain sections that are not applicable to their classrooms.
- In certain areas, modifications to the supply list may need to be made depending on the availability of the supplies in the specific area in which the lab is being

taught. We have attempted to list some alternatives in the supply list, but we understand this list of alternatives is not exhaustive.

- In the experiments, the students are split into groups of two to four. If supplies allow, students may instead work alone.

#### IMPORTANT NOTES ON LASER POINTERS:

- If you do not have access to a laser pointer for Part I and IIb, you can use a torch or cell phone light, but likely you will need to collimate it with a piece of cardboard and a small hole (i.e., place the cardboard with small hole between the light source and the mirror to create a parallel beam of light).
- If you do not have enough laser pointers for each group, consider sharing the laser pointers and have other groups not using laser pointers work on other parts of the lab kit.

### 1.3. Key Vocabulary

- Light: a form of electromagnetic radiation that makes objects visible
- Reflection: the bouncing back of a light ray off a surface without being absorbed
- Refraction: the bending of light as it changes speed and moves from one medium through another medium
- Wavelength: distance between two identical points on the wave; each color has a distinct wavelength
- Prism: a transparent object with two planar surfaces made at an angle (i.e., refracting surfaces) that separate white light into a spectrum of colors
- Laser: an intense monochromatic light source that contains only one color or wavelength of light

### 1.4. Key Questions

- What is the difference between reflection and refraction of light?
  - Answer: Reflection is when a ray of light bounces off a surface, and refraction is when a ray of light is bent as it changes speed and moves from one medium through another medium.

- What is the law of reflection?
  - Answer: The angle of the reflected light ray is equal to the angle of the incident light ray.
- What does Snell's law describe?
  - Answer: Snell's law relates the refractive indices of two materials and incident angles of light hitting the interface between these two materials.

## 1.5. Purpose

In this laboratory, students will learn the basics of reflection and refraction. These concepts are relevant to optics, understanding color from visible light, and many everyday life phenomena including lenses, mirrors, and pools of water.

## 1.6. Overview

Through this laboratory, secondary-level students (ages ~12-18) are going to be taught light and color concepts through experiments related to light reflection and refraction.

## 1.7. Fundamental Physics and Materials Science Concepts Covered

This laboratory covers Light and Color concepts, relevant to Physics (e.g., waves and wavefronts), Materials Science (e.g., reflective and refractive materials), and Engineering (e.g., optics and optical materials). Specifically, students will be exposed to reflection and refraction, including their relevant equations. Throughout the experiments, the students will collect and analyze data, make observations, and draw conclusions related to Light and Color.

## 1.8. Practical Skills

- Students will understand how the colors of the rainbow result from refraction of white light.

- Students will understand the difference between using a laser pointer and sunlight or torch as a light source.
- Students will connect reflection and refraction concepts to their everyday experiences at school and home.

## 2. Background on Main Topics

### 2.1. Light and Color

Light is a form of electromagnetic radiation that makes objects visible. Light rays travel in a straight line unless they are acted upon by a medium. For instance, light can travel through one medium, like air, and reflect/bounce off another medium, or it can travel through one medium and refract/bend as it travels through another medium. If the light rays bounce off the second medium, it is called reflection but if they travel through the second medium, it is called refraction.

Light bouncing back (i.e., reflecting) off an object and into our eyes enables us to see a particular object. One cannot see an object in the dark, because in the dark there is no light which can be bounced back to our eyes. On the other hand, bending of light rays (i.e., refracting) causes the objects to appear bent, or closer or larger than they really are.

White light or sunlight is composed of many colors which can be seen when light interacts with an object. However, there are many types of “light” (e.g., radio waves, microwaves, infrared (IR), visible light, ultraviolet (UV), X-rays and gamma rays), each with different wavelengths. Wavelength is the distance between two identical points on the wave. Human eyes can only detect a small number of wavelengths (e.g., visible light), and these are experienced by humans as seeing colors. These colors (in order of decreasing wavelength) are Red, Orange, Yellow, Green, Blue, Indigo and Violet, easily remembered by their first letters ROYGBIV. When combined, the different wavelengths of colors of light are undetectable; however, by using a triangular prism, one can see all the colors present in white light separately, as will be discussed in the next section.



## 2.2. Reflection and Refraction

When light rays fall on an object, they are reflected (bounced back) and enter our eyes. This produces the sensation of vision. Reflection of light occurs when light bounces off an object. If the surface of the object is smooth and shiny such as glass, water or polished metal, the light will reflect at the same angle as it hit the surface. This is the law of reflection of light which states that “the angle of the reflected ray is equal to the angle of the incident ray”. The diagram below (Figure 1) illustrates the law of reflection, where the incident ray is the ray of light which falls on the object while the reflection ray is the ray of light that bounces back.

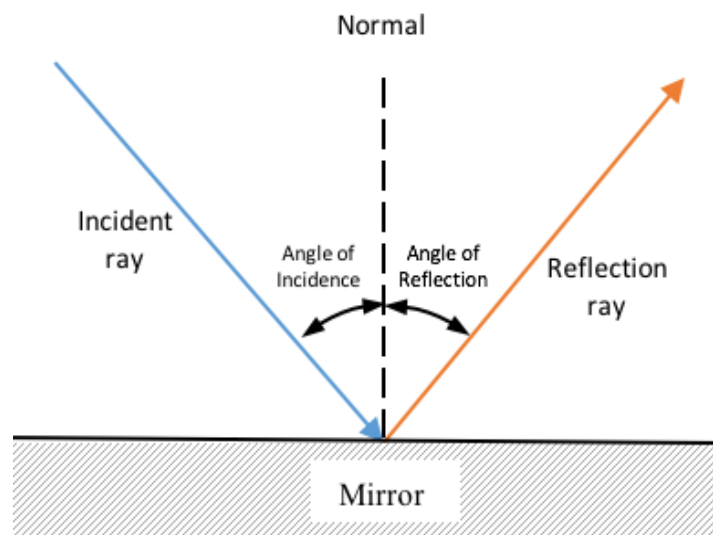


Figure 1. Reflection of light and illustration of law of reflection that shows the angle of the reflected light ray is equal to the angle of the incident light ray.

Light waves travel very quickly. However, when light hits objects, some of the objects may allow it to move at a constant speed while others may slow it down. When the light velocity changes, the light bends, a phenomenon known as refraction. This causes the objects to appear bent and perhaps closer or larger than they really are!

The degree to which light bends depends on how much it is slowed down, which means different objects or surfaces have different factors by which the speed of light is reduced compared to light in a vacuum. This factor is known as a refractive index. The refractive

index is calculated using the equation  $n = c/v$ , with  $n$  being the refractive index,  $c$  the velocity of light in vacuum/air and  $v$  the velocity of light in a medium. The relationship describing the refractive indices of two materials and incident angles of light hitting the interface between these two materials (see Figure 2) is called Snell's Law:  $n_1 * \sin \theta_1 = n_2 * \sin \theta_2$ . In this equation,  $n_1$  and  $n_2$  are the refractive indices of the two materials, and  $\theta_1$  and  $\theta_2$  are the incident angles of light as measured from the normal (i.e., perpendicular – intersecting at 90 degrees – to the interface between the two materials).

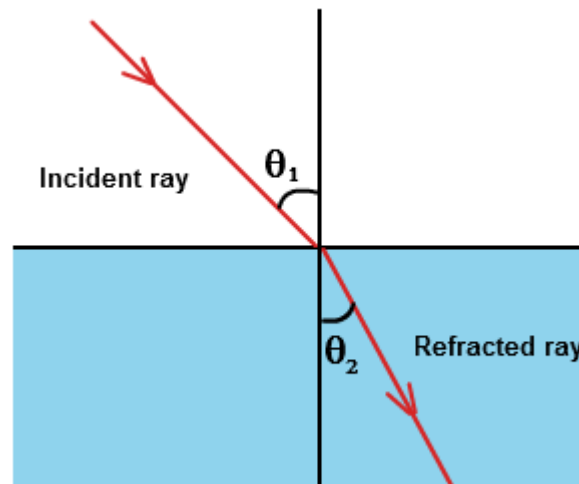


Figure 2. Illustration of Snell's Law that describes the relationship between two materials and their indices of refraction and incident angles of light that crosses their interface. This Photo by Unknown Author is licensed under CC BY.

The use of a prism to split light into its individual colors is a good example of refraction (see Figure 3). A prism is a transparent object with two planar surfaces made at an angle (i.e., refracting surfaces) that separate white light into a spectrum of colors. Light travels slower through glass than air or vacuum and the light is bent or refracted twice as it enters and exits the prism. Each color of light has a different wavelength and travels at a different speed in the glass medium, and as such, the angle of refraction is different for each color. The second dispersion of light creates the colorful spectrum of colors from white light or sunlight. While white light contains all the colors of the rainbow, a laser is a monochromatic light source that contains only one color or wavelength of light. Lasers generate intense beams of light, so proper safety precautions must be taken to never look directly at a laser light source.

There are many real-life instances in which light refraction is important, including:

- Pool of water appearing less deep than it is:
  - Light travels from the bottom of the pool, through the water, then through the air into our eye. It travels in such a way that the pool often appears to be shallower than it really is, which can be hazardous for anyone jumping into pools with unknown depths.
- Rainbow formation in the sky:
  - When the air is full of water (e.g., after rainfall), the water droplets act like prisms creating a display of the colors of light.
- Microscope or telescope lenses:
  - These objects use refraction of light to make things appear closer than they really are. The lenses are curved in a way that magnifies small objects or those far away so that they are easily seen by human eyes.
- Eyeglasses/contacts:
  - These devices are made with special materials that bend and refract light in ways that improve vision. For example, bifocals use convex lenses to bend light hence making objects look bigger.

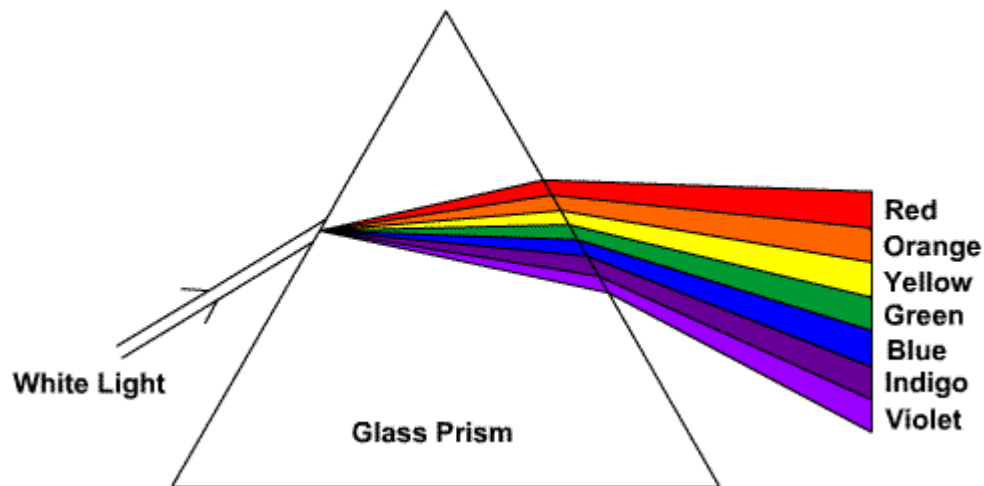


Figure 3. Refraction of white light through a prism leads to the creation of the colors of the rainbow.  
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## 2.3. Protractor Guide

If you have not used a protractor in some time, this section is intended as a quick guide to remind you how to measure an angle and draw a specific angle. Both skills will be

necessary in the following experiments. Figure 4 shows an example of an angle being investigated with a protractor.

### Measuring an angle:

1. Approximate the measure of your angle – acute (narrow angles less than 90 degrees), obtuse (wide angles more than 90 degrees), right (90 degrees). This helps as a check for you later. Additionally, if your protractor has two scales on the inside and outside of the protractor, you now know which to use.
2. Place the origin of the protractor (typically a small hole) over the center point, or vertex, of the angle you want to measure.
3. Align the protractor with the baseline of the angle. This means the baseline of the angle you want to measure should pass through zero on your protractor.
4. Follow the other leg of the angle to the measurement ticks on the protractor. If needed, you can extend this leg out farther by using a straight ruler or the bottom of the protractor. The number that this leg passes through is the angle's measurement in degrees. Check if this angle matches with your approximate guess from step 1 to ensure you are using the proper scale on your protractor. If your protractor does not have two scales and you have measured an obtuse angle when you know the angle is acute (or vice versa), you also have the option of subtracting the angle you measured from 180 degrees (the angle of a straight line) to get to the correct angle.

### Drawing an angle:

1. Draw a straight line using the flat edge of your protractor. This line is the first leg of your angle.
2. Place the origin of the protractor (typically a small hole) at the end of the line you drew. This is your angle's vertex.
3. Using the protractor's measurement ticks, make a mark at the angle you wish to draw. Choose your protractor scale carefully. Recall for an acute angle, the scale will give you an angle less than 90 degrees, while for an obtuse angle, the scale will give you an angle greater than 90 degrees.
4. Draw the second leg of the angle by lining the bottom of the protractor up with the vertex and the mark you made in step 3.

5. Verify the angle you drew using the previous steps under “Measuring an angle”.

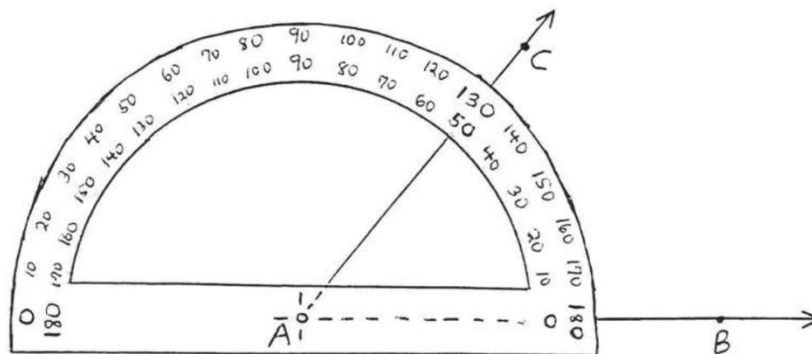


Figure 4. Protractor measuring acute angle. Point A represents the vertex of the angle. The line from A to B is the horizontal baseline of the angle passing through 0 degrees. The line from A to C intersects with the measurement of the angle in degrees (in this case about 50 degrees).

## 2.4. Sources

<https://scienceworld.wolfram.com/physics/SnellsLaw.html>

<https://www.britannica.com/science/light/Reflection-and-refraction>

[https://www.sciencebuddies.org/science-fair-projects/project-ideas/Phys\\_p009/physics/using-a-laser-to-measure-the-speed-of-light-in-gelatin](https://www.sciencebuddies.org/science-fair-projects/project-ideas/Phys_p009/physics/using-a-laser-to-measure-the-speed-of-light-in-gelatin)

<https://www.wikihow.com/Use-a-Protractor>

## 3. Summary of Experiments

This lab consists of four experiments and two design challenges to understand light reflection and refraction. In the first experiment, students will prove the law of reflection using a plane mirror, and students will see that the angle of incidence is equal to the angle of reflection. The final three experiments are related to refraction. First, students will note how a pencil appears broken in a glass of water due to light bending as it moves from air to liquid. Second, students will utilize Snell's law to find the index of refraction of sugar-water by measuring the angles of incidence and knowing the angle of refraction and the refractive index of air. Finally, students will observe how refraction bends and disperses visible light that is passed through a “prism” into the colors of the rainbow.

## 3.1. Supplies List

- Clear drinking glasses/glass jars
- Square glass/plastic container
- Cardboard
- Laser pointer (Class 2 or lower)
- Light source (e.g., sunlight, lamp)
- Paper (lined or unlined)
- Pencils
- Plane mirror with stand (could be heavy book or board)
- Protractor
- Water
- Sugar (alternative: canola or other oil)
- Scissors
- Prism (optional)

## 3.2. Safety Information

Before the students begin the laboratory, please take into consideration the following safety concerns:

- Students should never look directly at the Sun. This can permanently damage their eyes. If you are using the Sun as a light source, have the students look at a sunny spot on the ground or at the horizon away from the direction of the Sun.
- Students should never look directly at a laser point, as this can also permanently damage their eyes due to the laser intensity and emission as a tight beam.

## 3.3. Teacher Pre-Lab

To avoid injuries, teachers can assist and/or supervise the students when using scissors to cut holes in the cardboard. If students have not used protractors before, it is

recommended that the teachers practice with the students until they feel comfortable using them.

## 3.4. Troubleshooting

We have the following recommendations for the experiments in this lab kit manual to minimize potential issues:

- In Part I, be sure the plane mirror is flipped so that the mirror side is facing the light, not the glass side. Try to keep the mirror as upright as possible.
- In Part IIb, stabilizing the laser pointer on a base will help. Students may need to view the entry of the laser pointer into the container from above to make sure it appears aligned. As you move from the empty container to the filled container, not moving any part of the set-up will reduce errors.
- In Part IIc, choose a sunny day when the Sun is slightly off from overhead (morning or afternoon). This will make it easier for students to angle the cardboard to order to view the sunlight through the hold. Students may have to look very closely for the rainbow of colors refracted from the sunlight.
- If you do not have a laser pointer, see section 1.2 Using this Guide.

## 4. Experiments

### 4.1. Part I. Light and Reflection

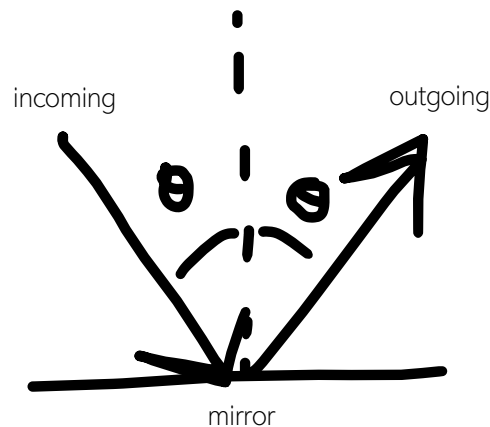
#### 4.1.1. Summary

This experiment will guide students to prove the law of reflection of light.

#### 4.1.2. Pre-Experiment Questions

1. What is light?

- a. Answer: Light is a form of electromagnetic radiation that makes objects visible.
- b. Extension: What are some facts about light or sunlight?
- Various answers are acceptable. Try to encourage the student to list at least three facts. These can be from this lab kit manual or facts they know from other courses.
  - Examples: Light travels in a straight line. Light is a wave. Sunlight is visible light that warms the Earth and drives weather patterns. Sunlight is composed of the colors of the rainbow: red, orange, yellow, green, blue, indigo, and violet.
2. What is the law of reflection of light?
- a. Answer: The law of reflection of light states that “the angle of the reflected ray is equal to the angle of the incident ray”.
- b. Extension: Draw the law of reflection in action assuming a light ray is incident on a mirror. Label the incoming and outgoing ray and angles.



3. What are examples of reflection from your life?
- a. Answer: Various answers are acceptable: a mirror reflecting an image (on a wall, in a car), a tree's reflection off a calm body of water, a gem and certain glass surfaces. Encourage student creativity.

### 4.1.3. Materials

- Laser pointer or other light source (e.g., torch, cell phone light)
- Plane mirror with stand/book



- Protractor
- Paper
- Pen/pencil

#### 4.1.4. Procedure (2-4 students per group)

1. Draw a straight horizontal line on the paper using the protractor. Label this line "1".
2. Draw a perpendicular line (recall perpendicular means "normal" or intersecting at 90 degrees) at the middle of the horizontal line you drew using the protractor (see Figure 5). Label this line "2".
3. Measure a 15-degree angle using line "2" as your zero-degree baseline and vertex at the point where lines "1" and "2" intersect. Label this line "3", which represents your incident ray line (see Figure 6). This angle represents your angle of incidence ( $\theta_i$ ).
4. Stand the plane mirror upright on its longest side on line "1". If you have a stand, use this to hold up the plane mirror; otherwise, you can use a book or another sturdy object to hold up the mirror. Try to keep the mirror as upright as possible and be sure the mirror side (not glass side) is pressed up as close as possible to line "1".
5. Direct the laser pointer along line "3" and toward the vertex of "1" and "2". To keep the laser pointer steady, try laying it on the surface on which the plane mirror is standing. Note: If you do not have a laser pointer, you may need to collimate your cell phone or torch light with a piece of cardboard and a small hole (i.e., place the cardboard with small hole between the light source and the mirror to create a beam of light).
6. Mark the reflected path of light using dots and your pen/pencil. To make this easier, look at where the laser light hits your pen/pencil.
7. Connect the dots into a straight line that passes through the vertex of this new line and line "2". Label this line "4". This is your reflected ray.
8. Record the angle of reflection ( $\theta_r$ ) in your table in Results.
9. Repeat steps 3-8 with other angles of incidence (30-degrees, 45-degrees, and any other angles you want to try).

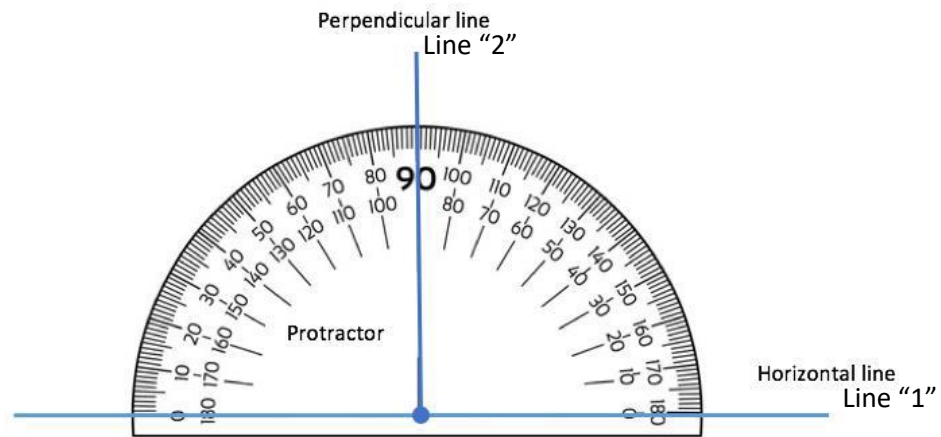


Figure 5. Protractor with horizontal line "1" and perpendicular line "2" drawn.

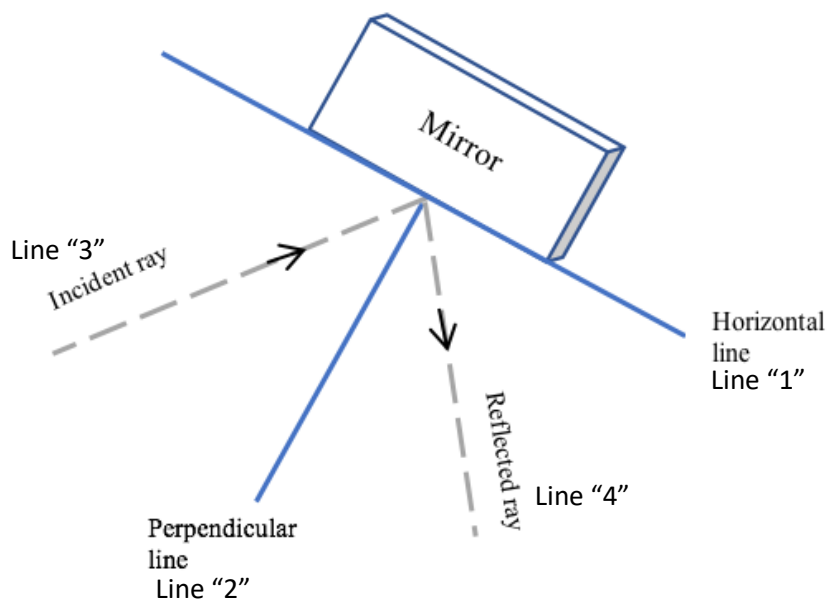


Figure 6. Experimental set-up with mirror placed on horizontal line "1" and perpendicular line "2", incident ray line "3", and reflected ray line "4" drawn.

### 4.1.5. Results

Angle of incidence ( $\theta_i$ )	15°	30°	45°		
-----------------------------------	-----	-----	-----	--	--

Angle of reflection ( $\theta_r$ )					
------------------------------------	--	--	--	--	--

### 4.1.6. Post-Experiment Questions

1. During this investigation, how did the angle of reflection vary with the angle of incidence?
  - a. Answer: The angle of reflection was equal to the angle of incidence.
2. Did your Results follow the law of reflection? Why or why not?
  - a. Answer: Because the angle of reflection is equal to the angle of incidence, the law of reflection was followed. If the law of reflection was not followed, students should speculate why this was (e.g., experimental error, etc.)
3. Were there any challenging aspects of this experiment?
  - a. Answer: Answers may vary.

## 4.2. Part IIa. Light and Refraction

### 4.2.1. Summary

This experiment aims to show how light bends as it travels from one medium to another. The media in this experiment are water, air, and glass.

### 4.2.2. Pre-Experiment Questions

1. How does light change as it passes through different media, like from air to water?
  - a. Answer: Light speed can change as it passes through different media. In the case of air to water, light will slow down and bend.
2. What is refraction? How does this change the appearance of objects?
  - a. Answer: When the light speed slows down as it passes through certain media, the light bends, a phenomenon known as refraction. This causes the objects to appear bent and closer or larger than they really are!

### 4.2.3. Materials

- 1 pencil

- 1 empty glass
- Water

#### 4.2.4. Procedure (2-4 students per group)

1. Place the pencil in the empty glass, letting the top of the pencil rest against the side of the glass.
2. Observe the shape of the pencil from the side and top of the glass. Record your observations.
3. Add water to the glass, about half-full.
4. Observe the shape of the pencil from the side and top of the glass.
5. Record your observations in the table in Results.

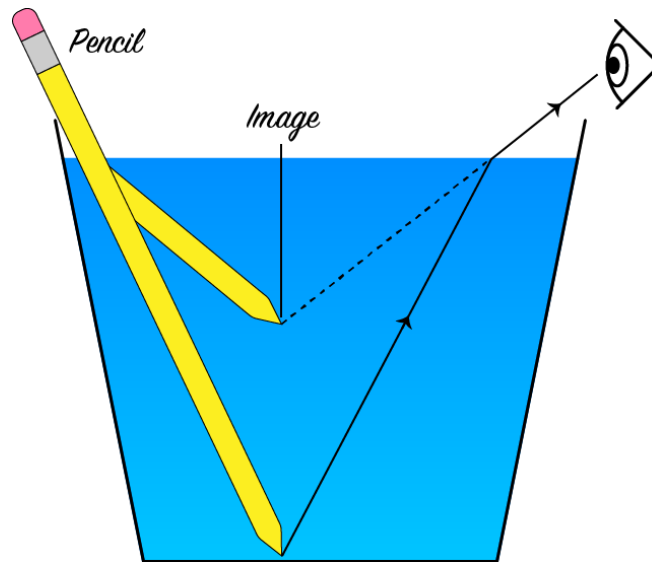
#### 4.2.5. Results

	Observations from side (sketch or explain)	Observations from top (sketch or explain)
Pencil in empty glass		
Pencil in glass half-filled with water		

#### 4.2.6. Post-Experiment Questions

1. What is different about the pencils you observe? How do you explain the differences you observe?

- a. Answer: The pencil observed in the empty glass appears as normal, but the pencil observed in the glass with water appears bent slightly and perhaps broken from the side view. This observation is explained by refraction. Refraction is defined as the bending of light rays as they pass from one medium to another, and in this case the media are air, the glass holding the water, and water. The light rays travel through three types of media, and the bending behavior of light as it passes from air to water creates an illusion that the pencil is broken in two parts.
2. Try sketching the situation you observe with the glass half-filled with water and the pencil. Include how the ray of light passes through the glass and water and how this impacts what you observe.
  - a. Answer:



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## 4.3. Part IIb. Snell's Law

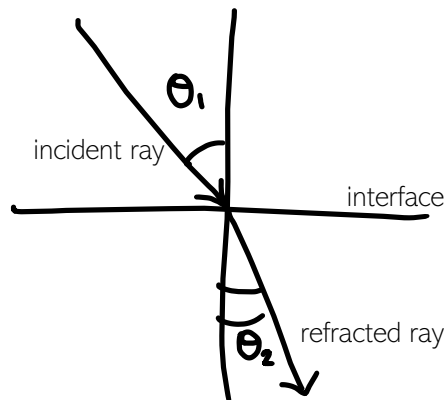
### 4.3.1. Summary

This experiment will guide students to use Snell's Law through refraction of light via different media including air and sugar water.

### 4.3.2. Pre-Experiment Questions

1. What is Snell's Law? Describe in words and using an equation.

- a. Answer: Snell's Law is a relationship that describes how the refractive indices of two materials and incident angles of light hitting the interface between these two materials are related. The equation for Snell's Law is  $n_1 * \sin \theta_1 = n_2 * \sin \theta_2$ , with  $n_1$  and  $n_2$  being the refractive indices of the two materials and  $\theta_1$  and  $\theta_2$  being the incident angles of light as measured from the normal (i.e., perpendicular – intersecting at 90 degrees – to the interface between the two materials).
2. Sketch an incident and refracted ray of light passing through two media of different refractive indices. Include angles of incidence and refraction in your sketch.
- a. Answer:



### 4.3.3. Materials

- Laser pointer (or cell phone light or light source with collimation)
- Cardboard pieces/thin book/piece of wood to place laser pointer on
- Tape
- Protractor
- Paper
- Square plastic or glass container (try to find a container that has reduced curvature)
- Water (enough to fill container at least halfway full)
- Sugar (enough to make sugar-water solution that is 4 parts water to 1 part sugar) (note: if you do not have sugar, canola or other oil can be substituted for sugar-water)

#### 4.3.4. Procedure (2-4 students per group)

1. Draw a horizontal line the length of your square clear container on your piece of paper. This line will represent the interface between your media, so you can label it "interface".
2. Draw a perpendicular line in the middle of this horizontal line of about the same length. This line is normal to your interface. You can see from the two lines you have drawn that you should now have four quadrants: upper right and left and lower right and left.
3. In the upper right quadrant, measure a 30-degree angle from your perpendicular line (i.e., the line normal to your interface). Label this angle as "refracted angle  $\theta_2$ ".
4. Place the clear container so that its edge lines up with the horizontal line labelled "interface" (see Figure 7).
5. Lay the laser pointer flat on a few cardboard pieces (or thin book or piece of wood) and secure the laser pointer with a piece of tape. This mount will help elevate the laser pointer a bit and ensure it does not move too much during the rest of the experiment. Note: If you do not have a laser pointer, you may need to collimate your cell phone light or light source with a piece of cardboard and a small hole (i.e., place the cardboard with small hole between the light source and the container to create a beam of light).
6. Using the laser pointer on its mount from the lower left quadrant of your grid (in air and outside of the container), direct the laser light so that it passes directly through the container at the vertex of the interface and normal lines and travels along the 30-degree angle line you have drawn on your paper (this line should now be under the container but visible). You will likely need your partners to help get your laser light aligned. Ask your partners to observe the light from above to accurately see the laser light's position.
7. Mark the path of the laser light before entering the container with a few dots. You can do this by noting where the pen/pencil hits the laser light and making a dot there. Label this angle as "no liquid  $\theta_1$ ". This is your incident angle. Do not move any part of the experimental set-up as you proceed to the next step.
8. Mix 1 part sugar to 4 parts water to create enough solution that will at least fill your container halfway full. After the sugar-water is well mixed, add it carefully

- to the container. Note: if you do not have sugar, you can also use canola or other oil instead of sugar-water for this step.
9. Repeat steps 6 and 7 but instead label the angle as “liquid  $\theta_2$ ”. Notice if you need to re-align your laser position to get it to line up with the 30-degree mark under your container.
  10. Remove the paper from underneath your container. Connect the dots for your two angles labelled “no liquid” and “liquid” into two lines that pass through the vertex of the interface and normal line.
  11. Measure these angles with your protractor and record these values in the table in Results.
  12. Calculate the refractive index of the second medium (the empty and filled container) using Snell's Law. The refractive index for air, which is very close to 1, is given.

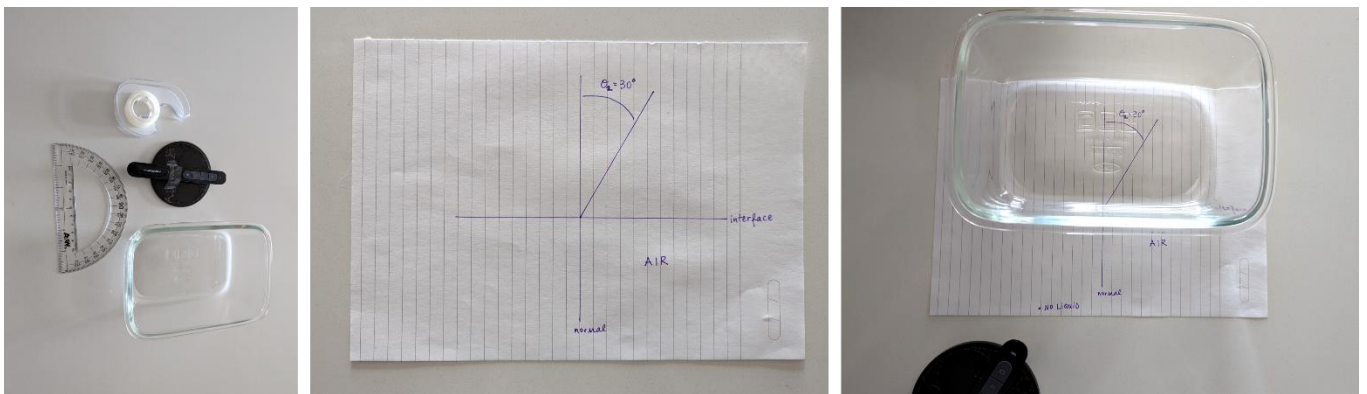


Figure 7. Experimental set-up. Supplies (left) showing laser and mount. Drawing before placing container (middle). Set-up after placing container lined up with interface line (right).

### 4.3.5. Results

Second medium	Incident angle, $\theta_1$	Refracted angle, $\theta_2$	Refractive index, air	Refractive index, second medium
No liquid/air		30°	1	



Sugar-water		30°	1	
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### 4.3.6. Post-Experiment Questions

1. How did the incident angle change as the medium in the container changed? Comment on if the incident angle was more or less than the refracted angle in both cases.
  - a. Answer: The incident angle in the case in which there was no liquid in the container was very similar to the refracted angle. After the liquid was added to the container, the incident angle changed and became larger than the refracted angle.
  - b. Extension question: What does it mean if the incident and refracted angles are the same? Consider Snell's Law.
    - i. Answer: If the incident and refracted angles are the same, then the refractive indices of the two media are the same. In the case without liquid, the air in the container has the same refractive index as the air outside the container.
  - c. Extension question: If your incident and refracted angles in the case in which there was no liquid in the container were significantly different, comment on why you think this was observed.
    - i. Answer: Answers will vary. The students should realize at this point that the two angles should have been the same, but some experimental issue could have led to the students measuring different angles (e.g., maybe the laser was not well aligned, the container was curved, etc.).
2. What was the refractive index you measured for the sugar-water?
  - a. Answer: Likely the students will measure something greater than one – between 1.3 and 1.4.
  - b. Note: The refractive index for water is around 1.33. If there is a lot of sugar in the water, this value of refractive index can go up to 1.5. In this case, we did not add enough sugar to change the refractive index of the water too considerably from the value for water, but the sugar in the

solution should have helped you see the laser in the water a bit better. We could have also used a bit of flour in the water to help us see the laser passing through the water.

3. Were there any challenging aspects of this experiment?
  - a. Answer: Answers may vary.

## 4.4. Part IIc. Light and the Rainbow

### 4.4.1. Summary

This experiment aims to show how refraction bends the visible light that is passed through a “prism” into its basic colors. The experiment also shows that white light is a mixture of many colors, namely Red, Orange, Yellow, Green, Blue, Indigo and Violet.

### 4.4.2. Pre-Experiment Questions

1. How are colors made visible from white light? Be sure to use the word “refraction” or “refracts” in your answer.
  - a. Answer: White light, or sunlight, contains all the colors of the rainbow. By passing white light through a prism that refracts the light twice, the colors are made visible because each color travels at a slightly different speed through the glass of the prism (i.e., glass is a different medium than air and causes light to slow down and bend) and thus has a different angle of refraction than the other colors.
2. What are examples of refraction in your life?
  - a. Answer: Various answers are acceptable, including eyeglass lenses, telescope lenses, pools appearing less deep than they really are, rainbows in the sky after rainfall.

### 4.4.3. Materials

- 1 piece of cardboard or thick paper that will not allow light to pass through
- Scissors
- 1 clear glass half-filled with water (you can also use a prism)
- Sunlight (or a bright lamp with white light)

- Paper

#### 4.4.4. Procedure (2-4 students per group)

1. Cut a small hole in the cardboard or thick paper. The hole should just be large enough for a pencil to fit through it.
2. Place the plain paper on the floor or ground.
3. (Student 1) Angle the piece of cardboard with the hole in it so that light shines through onto the plain paper on the ground. Typically, the cardboard casts a shadow on the white paper, and you can see the light through the hole on the paper.
4. (Student 2) Hold the glass with water just behind the hole in the cardboard so that the light must travel through the water before hitting the piece of paper. If you have a prism, you can use it instead of the glass with water. The set-up for this experiment is shown in Figure 8.
5. Observe the results on the piece of paper.
6. Try moving the piece of paper closer and farther away from the glass and observe what happens.
7. Try rotating or changing the position of the water glass and cardboard and observe what happens.

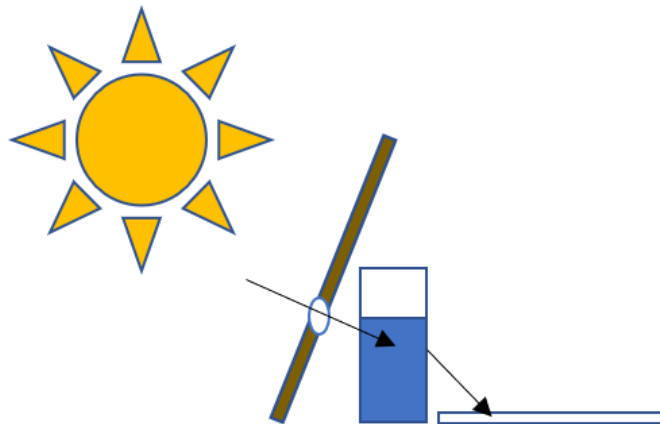
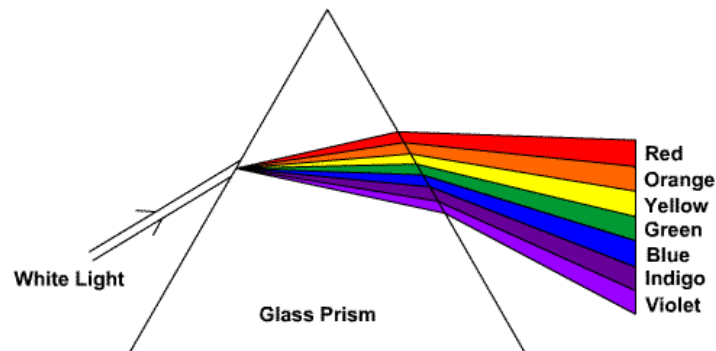


Figure 8. Experimental set-up. Cardboard with hole is angled so that light passes through the hole and is directed onto the glass with water. You may need to slightly change the positions of your cardboard, water glass, and paper to see the light hitting the piece of paper.

### 4.4.5. Post-Experiment Questions

1. What did you observe on the piece of paper after holding up the glass of water to the light? If you saw colors, which colors did you observe?
  - a. Answer: The colors of the rainbow were observed on the piece of paper. The colors observed were red, orange, yellow, green, blue, indigo, and violet.
  - b. Extension Question: If you observe the colors of the rainbow in order, can you speculate on which color travels the slowest and fastest? Which color has the highest refractive index, and which has the lowest refractive index? You may need to refer back to the Background on Main Topics.
    - i. Answer: Violet is on the bottom of the dispersion, so it travels the slowest. Red travels the fastest and is on the top of the dispersion. Violet has the highest index of refraction (ratio of the speed of light in a vacuum to the speed of light in a medium), while red has the lowest index of refraction.
  - c. Extension Question: Did anything change as you moved the paper closer or farther away from the glass or rotated the position of the water glass and cardboard?
    - i. Answer: Answers will vary depending on what the students observed. The rainbow may have appeared to get larger or smaller on the sheet of paper as they moved the paper closer to or farther away from the glass. The position of the rainbow may have changed with rotation or disappeared in some configurations.
2. Draw a diagram that explains what you observe that includes the incoming white light and outgoing light. Explain also in words what you are observing, including why you use a piece of cardboard with a hole in it and a glass filled with water.

- a. Answer: Diagrams will look something like the sketch below, but with a glass with water in place of the prism.

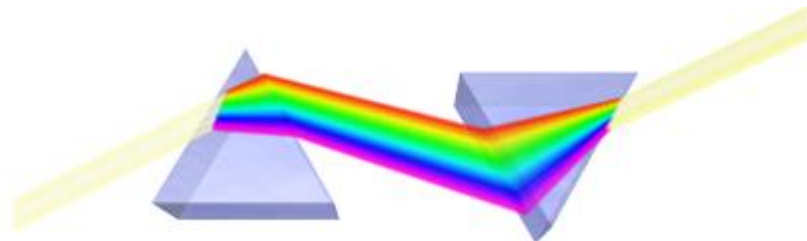


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The sunlight radiating from the Sun is partially blocked by the hole in cardboard so we can see it shining toward the paper and water glass. Blocking some of the sunlight in this case will help to see what is happening as the light hits the glass with water (either with the cardboard as a shield or using the hole). As the sunlight hits the glass with water, the rays are refracted and the colors of the light are separated, so that upon exiting the glass with water we are able to see the full spectrum of colors. The glass with water is needed to create a change of medium to change the speed of the light rays from air. This behavior is similar to what is observed with a glass prism.

3. Speculate what would happen if you added a second glass with water to the configuration you currently have by directing the light from the first glass onto the second glass and the onto the paper. You may want to sketch out how the light will bend moving through the second glass with water (i.e., second prism). **You can also try this with a second glass with water!**

- a. Answer: The second glass with water (i.e., second prism) will refract the light again which will cause the colors to become remerged into one beam of white light. The sketch could look something like this:



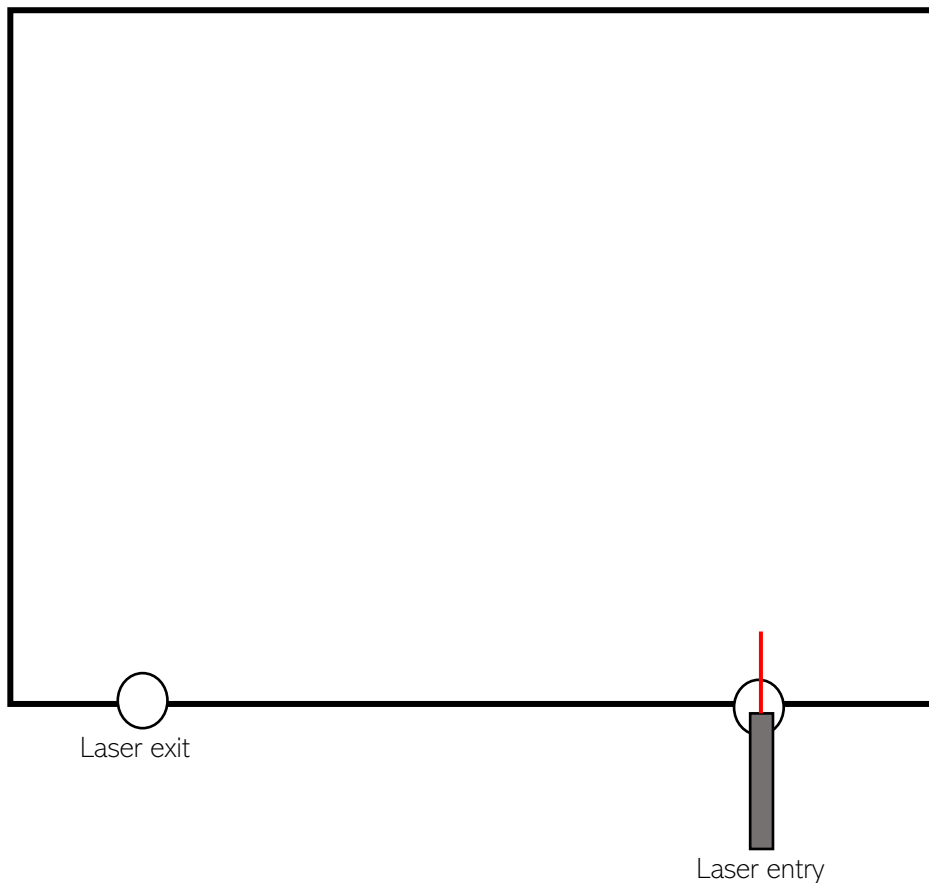
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4. How would the use of a laser pointer change the outcome of this experiment?
  - a. Answer: Lasers are monochromatic, meaning they only have one wavelength of light or one color. The laser light would still have been bent by refraction in these experiments, but we would not have been able to see the rainbow of colors because the laser is only one color.

## 5. Design Challenge: Directing Light

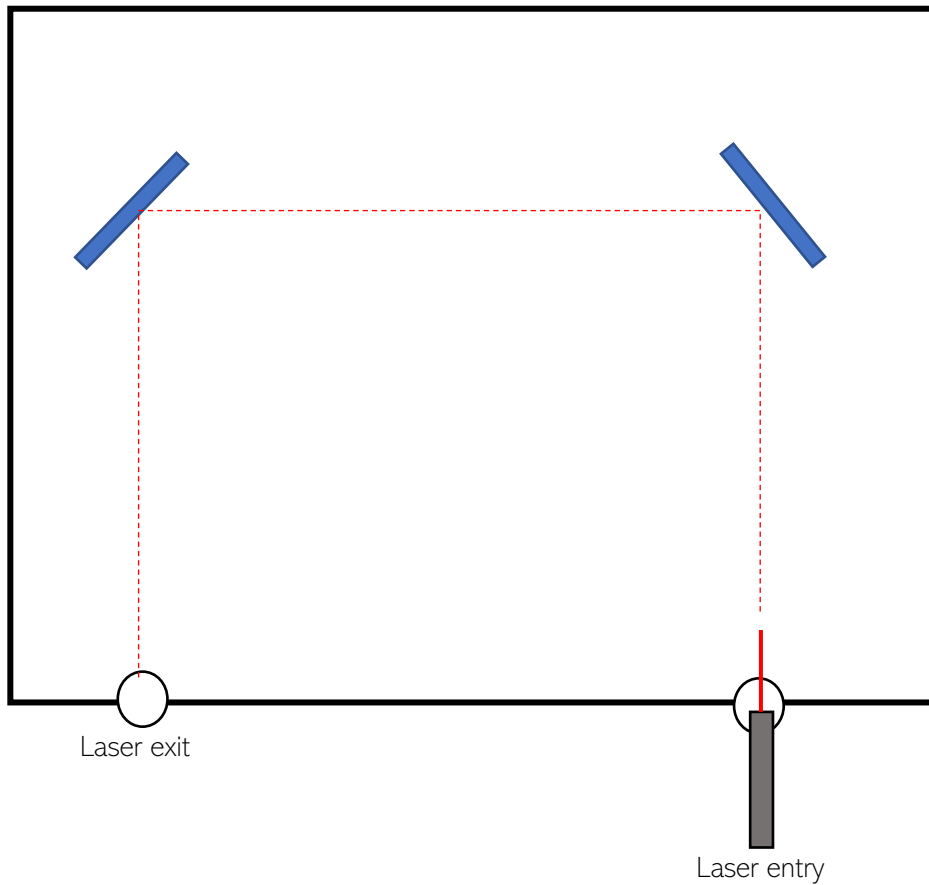
### 5.1. The Challenge

Challenge 1: You have a laser pointer and a cardboard box with two holes in it (assume the holes are at the same height on the sides of the box and are roughly the same shape and size). The laser pointer is directed into one hole of the box. Using what you know about reflection, fill in the sketch below by drawing where you would place mirrors for the laser light to be directed out of the second hole of the box. Remember that you may need to use a protractor to prove if your design will work. If you have the supplies for this challenge, you can test whether your design worked!



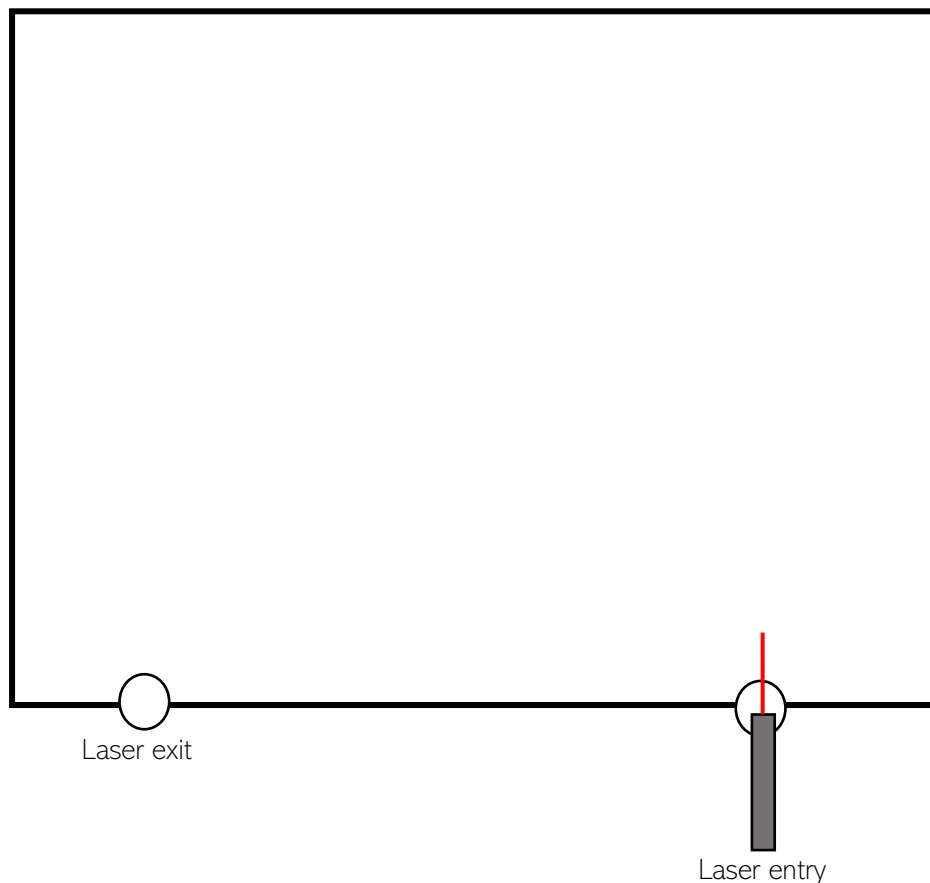
Possible answer (approximately drawn):

- The mirrors are shown in blue, and the laser light is shown in dashed red. The incident and reflected angles from the mirrors should be equal to follow the law of reflection.



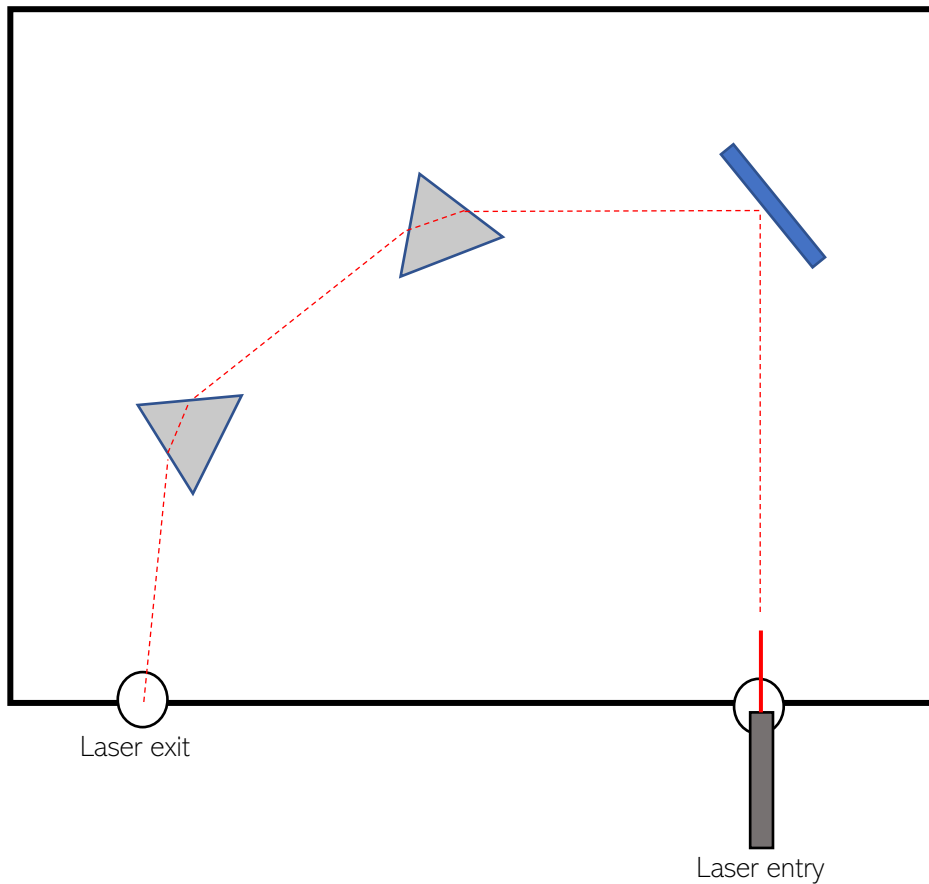


Challenge 2: You have a laser pointer and a cardboard box with two holes in it (assume the holes are at the same height on the sides of the box and are roughly the same shape and size). The laser pointer is directed into one hole of the box. Using what you know about reflection and refraction, fill in the sketch below by drawing where you would place mirrors and prisms for the laser light to be directed out of the second hole of the box. You must use at least one prism in your design, and you can approximate the exit point of the light from the prism based on what you learned about light bending. If you have the supplies for this challenge, you can test whether your design worked!



Possible answer (approximately drawn):

- The mirror is shown in blue; the prisms are shown in grey; the laser light is shown in dashed red. The incident and reflected angles from the mirror should be equal to follow the law of reflection, and the prisms aid in bending the light toward the exit hole.



## 5.2. Post-Design Questions

For most of the questions, answers are personal and will vary. There are no wrong answers. Teachers can encourage classmates to share their answers and to listen to others.

1. Explain the concepts you used from this lab kit to complete these design challenges.
2. How do you feel about the results of your design methods?
3. Did you try several methods to complete these challenges? Which method had the most success? What characteristics made it have the most success?
4. How would you change your designs after viewing yours and your classmates' results?
5. What was challenging about completing these design challenges? How did you work through those moments of confusion or frustration?
6. What did you enjoy most about completing these design challenges?

## 6. Additional Resources

### 6.1. Phet Simulation

If you have a computer, the Phet simulation (<https://phet.colorado.edu/en/simulations/bending-light>) can be used to replace the hands-on experiments above if equipment is not available or in addition to the hands-on experiments.

There is also a video describing how to use the Phet simulation tool:  
<https://www.youtube.com/watch?v=uTXORnnf1AQ>.