

May Day

Date: 1st May

This is the celebration of fertility. The symbol of the day is eggs, and the vibe is very much one of rebirth. Also known as Beltane. This is a fire festival, named after the Celtic God Bel, meaning 'the bright one' and the Gaelic word 'teine,' meaning fire.

Aromas and Ideas for Altar Decoration

There are certain trees, herbs and flowers associated with Beltane and this time of year. Sprigs and leaves and flowers from these are perfect decorations for your homes, sacred spaces and altars. Hawthorn, oak and ash are traditionally thought of as very magical. Rowan is thought to protect and heal.

Crystals

Malachite is great for emotional stability and to protect during pregnancy.

Things To Do

Bake bread.

Make a bonfire. Jumping the fire was thought to cleanse your soul and bring fertility.

It is a popular time for handfastings.

Decorate eggs which symbolise fertility.

Make Brigid crosses by soaking straw overnight and weaving it around a frame of sticks. There are different styles and patterns. Use them to decorate your home and hang over your bed for protection, or under your mattress for fertility.



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