

# *Full Moon in Aquarius*

This full moon is all about celebrating transformation and making headway. This might mean there are things you need to let go of in order to progress. You may be feeling more emotional than usual, so make sure you surround yourself with your people, your tribe, your hive, the people that give you confidence and help you figure out your emotions so that they don't develop into the negative areas of insecurity and jealousy.

## **Ask yourself:**

1. Am I acting too much from my head and not from my heart?
2. Have I been surrounding myself with the right people?
3. Am I struggling to let go of anything?

## **Affected organs:**

Take special care of the following during this moon phase: calves, ankles, Achilles heels.

## **Aromas:**

Lavender, lemon verbena, patchouli, pine.

## **Element:**

Air: intellectual, analytical, communicative, curious perceptive, inventive.

## **Tarot Suit:**

Swords: logical, reasonable, intellectual, impartial, just, decisive.

## **Crystal:**

Citrine, smoky quartz, tourmaline, amethyst.

## **Affirmation:**

I am wise and full of love.

## **Numerology:**

The number 8: connection, abundance, prosperity, ambitious, rule-driven, loyal.

The number 4: innovative, unique, independent, spiritual, intuitive, can be insensitive.

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