

# Full Moon in Leo

Your confidence might be tipping over into cockiness. Try to show some humility, especially with your loved ones. You love impressing people and getting praise, but make sure you share the spotlight. You did not get here on your own. It is OK to admit that at times you feel insecure.

## **Ask yourself:**

1. Have I been unfair to those around me?
2. Have I been humble enough?
3. Am I being creative enough?

## **Affected organs:**

Take special care of the following during this moon phase: heart, blood pressure and circulation.

## **Aromas:**

Bay, cinnamon, ginger, juniper, lime, orange, petitgrain, rosemary.

## **Element:**

Fire: enthusiastic, creative, courageous, spontaneous, self-sufficient.

## **Tarot Suit:**

Wands: fiery, passionate, energetic, daring.

## **Crystal:**

Carnelian, bloodstone, garnet.

## **Affirmation:**

I am inspired and inspiring.

## **Numerology:**

The number 1: ambitious, assertive, enthusiastic, can be lazy and stubborn.

The number 4: innovative, unique, independent, spiritual, intuitive, can be insensitive.

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