

New Moon in Aquarius

Now is the time to start planting the seeds, despite the fact that it feels like a particularly emotional time. Surround yourself with people who act like your sounding board and help you figure out what is going on in your head and in your heart.

To do:

Time to be honest with yourself, and perhaps try some service to others.

Affected organs:

Take special care of the following during this moon phase: legs and feet.

Aromas:

Hops, verbena, parsley, patchouli, pine, fennel, star anise.

Element:

Air: intellectual, analytical, communicative, curious perceptive, inventive.

Tarot Suit:

Swords: logical, reasonable, intellectual, impartial, just, decisive.

Crystal:

Citrine, smoky quartz, tourmaline.

Affirmation:

Limitless love and limitless truth flow through me.

Numerology:

The number 4: innovative, unique, independent, spiritual, intuitive, can be insensitive.

The number 8: connection, abundance, prosperity, ambitious, rule-driven, loyal. Try thinking outside the box.

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