

New Moon in Cancer

The new moon is the perfect time for manifesting. And right now you may feel like manifesting safety and that homey feeling. Spend time nesting, gardening or cooking, and pay close attention to any emotional ups and downs you may be feeling. Try not to focus on the past too much, and work on what you need in order to be able to forgive and move on. Perhaps you need to try to view things as less black and white, in order to gain a better understanding of other people's perceptions?

To do:

Spend time with your family and loved ones who help your confidence grow. Reassess your goals. Take a renewing and refreshing bath.

Affected organs:

Take special care of the following during this moon phase: stomach, womb, breasts, vagina.

Aromas:

Camomile, jasmine, lemon.

Element:

Water: fluid, emotional, intuitive, sensitive, nurturing, sensual, compassionate.

Tarot Suit:

Cups: emotional, intimate, empathetic, intuitive, romantic.

Crystal:

Amethyst, aquamarine,, sodalite, lapis lazuli.

Affirmation:

I am one with all women, past and present, and I draw on their strength.

Numerology:

The number 2: duality, balance, easily influenced by others, supportive, patient, shy.

The number 7: mystical, logical, open, balanced, prepared, wise, can be aloof and superficial.

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