

New Moon in Gemini

You are craving spontaneity and liberation right now. Make sure this doesn't come at the cost of others' feelings. Share what is going on in your head with those around you.

To do:

Meditation might help ground you right now, as well as surrounding yourself with your biological or chosen family. When was the last time you read a good book?

Affected organs:

Take special care of the following during this moon phase: arms, respiratory system, nervous system.

Aromas:

Mint, caraway, sweet pea, fennel, chive, mugwort, dandelion.

Element:

Air: intellectual, analytical, communicative, curious perceptive, inventive.

Tarot Suit:

Swords: logical, reasonable, intellectual, impartial, just, decisive.

Crystal:

Red jasper, selenite.

Affirmation:

My knowledge and wisdom grows daily.

Numerology:

The number 5: unique, creative, intellectual, energetic, rational, grounded.

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