

New Moon in Leo

Right now you feel like being the centre of attention, and why not! You feed off the praise and it gives you motivation to continue. It is time to be inspired and inspiring. But don't let your impostor syndrome dim your light. Stay aware of the difference between constructive feedback and criticism.

To do:

Be a bit flirty and sexy, and show off your skills! It might be a time to be creative and it is always the time to pamper yourself.

Affected organs:

Take special care of the following during this moon phase: heart, blood circulation and pressure, heart rate.

Aromas:

Basil, cinnamon, frankincense, juniper, neroli, orange, petitgrain, rosemary.

Element:

Fire: enthusiastic, creative, courageous, spontaneous, self-sufficient.

Tarot Suit:

Wands: fiery, passionate, energetic, daring.

Crystal:

Red Jasper, amber, sunstone.

Affirmation:

I see my goals clearly and I feel the joy as if it has already manifested.

Numerology:

The number 1: ambitious, assertive, enthusiastic, can be lazy and stubborn.

The number 4: innovative, unique, independent, spiritual, intuitive, can be insensitive.

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