

New Moon in Taurus

You crave balance and stability right now, but you might not get it, so practice grounding yourself so that you are more OK with the unpredictability of life at the moment.

To do:

Work on your self-worth by surrounding yourself with people who make you happy and therefore boost your confidence.

Affected organs:

Take special care of the following during this moon phase: neck and thyroid.

Aromas:

Honeysuckle, patchouli, rose, ylang ylang, rosemary.

Element:

Earth: grounding, dependable, nurturing, practical, stable.

Tarot Suit:

Pentacles: dependable, industrious, cautious, diligent, material stability.

Crystal:

Jade, jet, rainbow hematite.

Affirmation:

No one can resist me.

Numerology:

The number 6: harmonious, loyal, dependable, emotionable, sensual, compassionate, can be intolerant.

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