

Establishing an Inspiring Space

Pick an area of your home or work space and focus on it during the guided meditation for New Moon in Taurus. You should love this space. You should see it and smile. If it doesn't make you smile, why not? How can you make it do so? Would an oil diffuser help, pumping out happy smells? Would some plant life make it cosy? Do you need to position your desk, table or sofas so you have a lovely view? Do you need to get some inspiring art work?

What can you do to make you space more motivating? Try some of these ideas, and think of some of your own. Everyone is different!

And don't forget to share your ideas and spaces in the Facebook Moon Circle Group!

Idea	Tick if you like this idea	Date that you will work on this
Clean windows (and open them regularly)		
Buy some plants for the space		
Place crystals around the space		
Dust your space		
Move your furniture around		
Smudge your space with sage or selenite		
Introduce delicious smells (i.e. candles, oils, etc)		
Change rooms		
Introduce more colour		
Declutter		



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