

PERSONALIZED ENERGY PAINTINGS

‘What is an Energy-Painting?’ A custom abstract painting created to celebrate your strengths, story, and authentic self’:

For more than twenty years, I have been creating what I call **Personalized Energy Paintings**—abstract acrylic paintings that are inspired by the stories, strengths, values, and unique essence of each individual

Every painting begins with a meaningful conversation. Rather than focusing on what is ‘wrong’, I approach each person from a **strengths-based perspective**, exploring the qualities that make them who they are. Together we discuss meaningful aspects of your life such as your **birth story (place and date), other significant dates and numbers, favorite colors, music, foods, places you’re drawn to, personal values, dreams for growth, and other details that have shaped your journey. These become symbolic inspirations woven throughout the artwork.** The painting is created to symbolically embody the person's greatest strengths, gifts, and authentic nature in abstract form

As I paint, I work intuitively, allowing both intention and spontaneity to guide the creative process. I incorporate Reiki healing symbols charged with intention, creating a deeply personal piece that carries positive energy while remaining visually abstract. Throughout the process I also practice automatic writing, recording intuitive impressions and messages that arise. These writings accompany the completed painting, offering another layer of personal reflection and meaning. Historically, I have created these celebratory artworks for individuals of all ages, couples, weddings and those expecting

The finished piece is not intended to be a literal portrait. Instead, it serves as a symbolic celebration of who you are at your core—a visual reminder of your strengths, resilience, and potential. Like any meaningful artwork, its meaning can continue to evolve throughout your life, revealing new insights each time you return to it. Whether viewed as a work of contemporary abstract art, a deeply personal keepsake, or a spiritually meaningful experience, every Personalized Energy Painting is created with compassion, respect, and the intention of honoring your authentic self

"My hope is that every painting becomes a timeless mirror—not of who one thinks they should be, but of the remarkable person one already is - These paintings are my favorite way to connect with people—to truly get to know them while making something beautiful that celebrates who they truly are"

- ✓ In-depth personal consultation
- ✓ One-of-a-kind abstract acrylic painting
- ✓ Reiki symbols and healing intentions integrated into the process
- ✓ Automatic writing and intuitive reflections
- ✓ Original artwork created exclusively for you
- ✓ Pricing varies by size and requested services

