

STEP TWO

READINGS

1. BIG BOOK, pp. 44-57 – Chapter 4 ("We Agnostics"), pp. 58-60 – through the "three pertinent ideas" (a, b, and c)
2. TWELVE AND TWELVE, pp. 25-33 – "Step Two"
3. DAILY REFLECTIONS – Readings on "Second Step," "Higher Power", "Insanity", "Spiritual Experience", and "Sanity" – Check Index for page numbers.
4. CAME TO BELIEVE (Optional)

QUESTIONS

1. What does the phrase "Power greater than ourselves" mean?
2. As used in this Step, what does the term "sanity" mean?
3. Why does the Step say that a Power greater than ourselves *could* restore us to sanity rather than *would* restore us to sanity?

ACTIVITIES

1. Write a brief description of your Higher Power.
2. Write a brief description of your turning point when you "came to believe" that your Higher Power (God) was a solution to your alcoholism.