

STEP FIVE

READINGS

1. BIG BOOK, p. 72-75 – the first part of Chapter 6 ("Into Action")
2. TWELVE AND TWELVE, pp. 55-62 – "Step Five"
3. DAILY REFLECTIONS – Readings on "Fifth Step", "Ego Deflation", "Rigorous Honesty", "Humility", "Self-_____", "Trust", and "Character Defects" – Check Index for page numbers.

QUESTIONS

1. What are the objectives of the Fifth Step?
2. With whom do you want to take the Fifth Step? (It does not have to be your sponsor.)

ACTIVITIES

1. Check over your 4th Step to make sure that to the best of your knowledge you haven't left anything out.
2. Make an appointment to take your 5th Step; set aside plenty of time. (This Step does not have to be done with your sponsor, although it is recommended. That way your sponsor is better equipped to help you a give proper guidance.)
3. Make a list of the objectives to follow as a guideline.
4. Pray before doing this Step asking God to for guidance and courage to be thorough, leaving nothing out.