

STEP SIX

READINGS

1. BIG BOOK – p. 76, Paragraph 1, in Chapter 6 ("Into Action")
2. TWELVE AND TWELVE, pp. 63-69 – "Step Six"
3. DAILY REFLECTIONS – Readings on the "Sixth Step", "Willingness" "Humility", "Character Defects", and "Self-_____"

QUESTIONS

1. What is meant by "defects of character"?
2. What are the defects of character that you identified in your Fourth and Fifth Steps?
3. How have these defects caused you problems in past and what problems are they causing you today?
4. Are you willing to give up the defects of character that give you pleasure or provide some other kind of reward?
5. If you would have these defects of character removed right now, would you? If not, why? What do you get out of keeping these defects of character?
6. What does it mean to be "entirely ready"? If you are not "entirely ready", how ready are you?
7. Are you willing to ask for God's help in this Step, recognizing that you can not remove your character defects by self-will alone?
8. Do you believe that the removal of your character defects is part of your restoration to sanity?
9. If you are not now willing to have these defects removed, how can you become willing?

ACTIVITIES

1. Pray for willingness to take this Step.