

STEP SEVEN

READINGS

1. BIG BOOK – p. 76, Paragraph 2, in Chapter 6 ("Into Action")
2. TWELVE AND TWELVE, pp. 70-76 – "Step Seven"
3. DAILY REFLECTIONS – Readings on the "Seventh Step", "Humility", and "Character Defects"

QUESTIONS

1. What does it mean to "humbly ask"?
2. What is Humility?
3. What are "our shortcomings"?

ACTIVITIES

1. Memorize the Seventh Step Prayer – BIG BOOK, p. 76