

STEP TEN

READINGS

1. BIG BOOK – pp. 84-85 (starting at “This thought brings us to *Step Ten*...” through the bottom of page 85 where it starts talking about *Step Eleven*)
2. TWELVE AND TWELVE, PP. 88-95 – “Step Ten”
3. DAILY REFLECTIONS – Readings on the “Tenth Step”, “Inventory, daily”, “Tolerance”, “Blame”, and “Self-_____”

QUESTIONS

1. Why does this Step begin with “Continued to take...”?
2. What does the phrase “personal inventory” mean as it is used in this Step?
3. Why is this process of taking an inventory as important as admitting when we are wrong?
4. What are the actions we are supposed to take each day in order to work the Tenth Step?
5. What does it mean to be “wrong” and what are some of recent examples of “being wrong” from your own life?
6. What are your major character defects and how are they likely to show themselves in behavior that requires the application of this Step.
7. What does it mean to “promptly admit it” when we are wrong? Why is it important to *promptly* admit it?
8. Are you willing to make the commitment and the effort necessary to work this Step, one day at a time?
9. If you resist this Step, why do you think you are resisting it?
10. How will you know when you have taken this Step?